



# North Central Accountable Community of Health

## Governing Board Meeting 1:00 PM–3:30 PM, April 5, 2021

<u>Location</u>	<u>Call-in Details</u>
Virtual Meeting Only	Conference Dial-in Number: (253) 215-8782 US Meeting ID: 831 8445 6718 Passcode: 123456 One tap mobile: +12532158782,,83184456718# Join Zoom Meeting: <a href="https://tinyurl.com/NCACHWPCC">https://tinyurl.com/NCACHWPCC</a>

TIME	AGENDA ITEM	PROPOSED ACTIONS	ATTACHMENTS	PAGE
1:00 PM	<b>Introductions – Molly Morris</b> <ul style="list-style-type: none"><li>Zoom Etiquette</li><li>Board Roll Call</li><li>Declaration of Conflicts</li><li>Public Comment</li><li>Approval of Consent Agenda</li></ul>	<ul style="list-style-type: none"><li>Approval of Consent Agenda</li></ul>	<ul style="list-style-type: none"><li>Agenda, Acronyms &amp; Decision Funds Flow Chart</li><li>Consent Agenda – Minutes, Monthly Financial Statement</li></ul>	1-4 5-10
1:10 PM	<b>Executive Director Update – Linda Parlette</b>			
1:20 PM	<b>Cambia Funding – Mariah Brown &amp; Dr. Julie Rickard</b>	<ul style="list-style-type: none"><li>Approval of proposed use of Cambia funds</li></ul>	<ul style="list-style-type: none"><li>Board Motion Form &amp; Supporting Documents</li></ul>	11-14
1:50 PM	<b>Code of Conduct – John Schapman</b>	<ul style="list-style-type: none"><li>Approval of Board Code of Conduct Policy</li></ul>	<ul style="list-style-type: none"><li>Board Motion Form w/ Code of Conduct Policy</li></ul>	15-16
2:05 PM	<b>Strategy Workgroup Update – Chris Kelleher</b>			
2:35 PM	<b>2019 CHI Community Initiatives Partner Updates – Sahara Suval</b> <ul style="list-style-type: none"><li>Chelan-Douglas Community Action Council</li><li>Oxford House Transportation Solutions Committee</li><li>Okanogan County Community Action Council</li></ul>		<ul style="list-style-type: none"><li>CHI Community Initiatives 2019 Partner Updates</li></ul>	17-27
3:20 PM	<b>Round table and Adjournment – Molly Morris</b>			

### A Handy Guide to Acronyms within the Medicaid Transformation Project

<b>ACA:</b> Affordable Care Act	<b>FIMC:</b> Fully Integrated Managed Care
<b>ACH:</b> Accountable Community of Health	<b>FCS:</b> Foundational Community Supports
<b>ACO:</b> Accountable Care Organization	<b>HCA:</b> Health Care Authority
<b>AI/AN:</b> American Indian/Alaska Native	<b>HIT/HIE:</b> Health Information Technology / Health Information Exchange
<b>BAA:</b> Business Associate Agreement	<b>MAT:</b> Medication Assisted Treatment
<b>BH:</b> Behavioral Health	<b>MCO:</b> Managed Care Organization
<b>BH-ASO:</b> Behavioral Health - Administrative Service Organization	<b>MH:</b> Mental Health
<b>BLS:</b> <i>Basic Life Skills</i>	<b>MOU:</b> Memorandum of Understanding
<b>CBO:</b> Community-Based Organization	<b>MTP:</b> Medicaid Transformation Project(s)
<b>CCHE:</b> Center for Community Health and Evaluation	<b>NCACH:</b> North Central Accountable Community of Health
<b>CCMI:</b> Centre for Collaboration Motivation and Innovation	<b>NCECC:</b> North Central Emergency Care Council
<b>CCS:</b> Care Coordination Systems	<b>OHSU:</b> Oregon Health & Science University
<b>CHI:</b> Coalition for Health Improvement	<b>OHWC:</b> Okanogan Healthcare Workforce Collaborative
<b>CHW:</b> Community Health Worker	<b>OTN:</b> Opioid Treatment Network
<b>CMS:</b> Centers for Medicare and Medicaid Services	<b>ODU:</b> Opioid Use Disorder
<b>CMT:</b> Collective Medical Technologies	<b>P4P:</b> Pay for Performance
<b>COT:</b> Chronic Opioid Therapy	<b>P4R:</b> Pay for Reporting
<b>CP:</b> Change Plans	<b>PCS:</b> Pathways Community Specialist
<b>CPTS:</b> Community Partnership for Transition Solutions	<b>PDSA:</b> <i>Plan Do Study Act</i>
<b>CSSA:</b> Community Specialist Services Agency	<b>PHSKC:</b> Public Health Seattle King County
<b>DOH:</b> Department of Health	<b>RFP:</b> Request for Proposals
<b>DSRIP:</b> Delivery System Reform Incentive Program	<b>SDOH:</b> Social Determinants of Health
<b>EDie:</b> <i>Emergency Dept. Information Exchange</i>	<b>SSP/SEP:</b> <i>Syringe Services Program / Syringe Exchange Program</i>
<b>EMS:</b> Emergency Medical Services	<b>SMI:</b> Serious Mental Illness



# North Central Accountable Community of Health

**SUD:** Substance Use Disorder

**TCDI:** Transitional Care and Diversion Interventions

**TCM:** Transitional Care Management

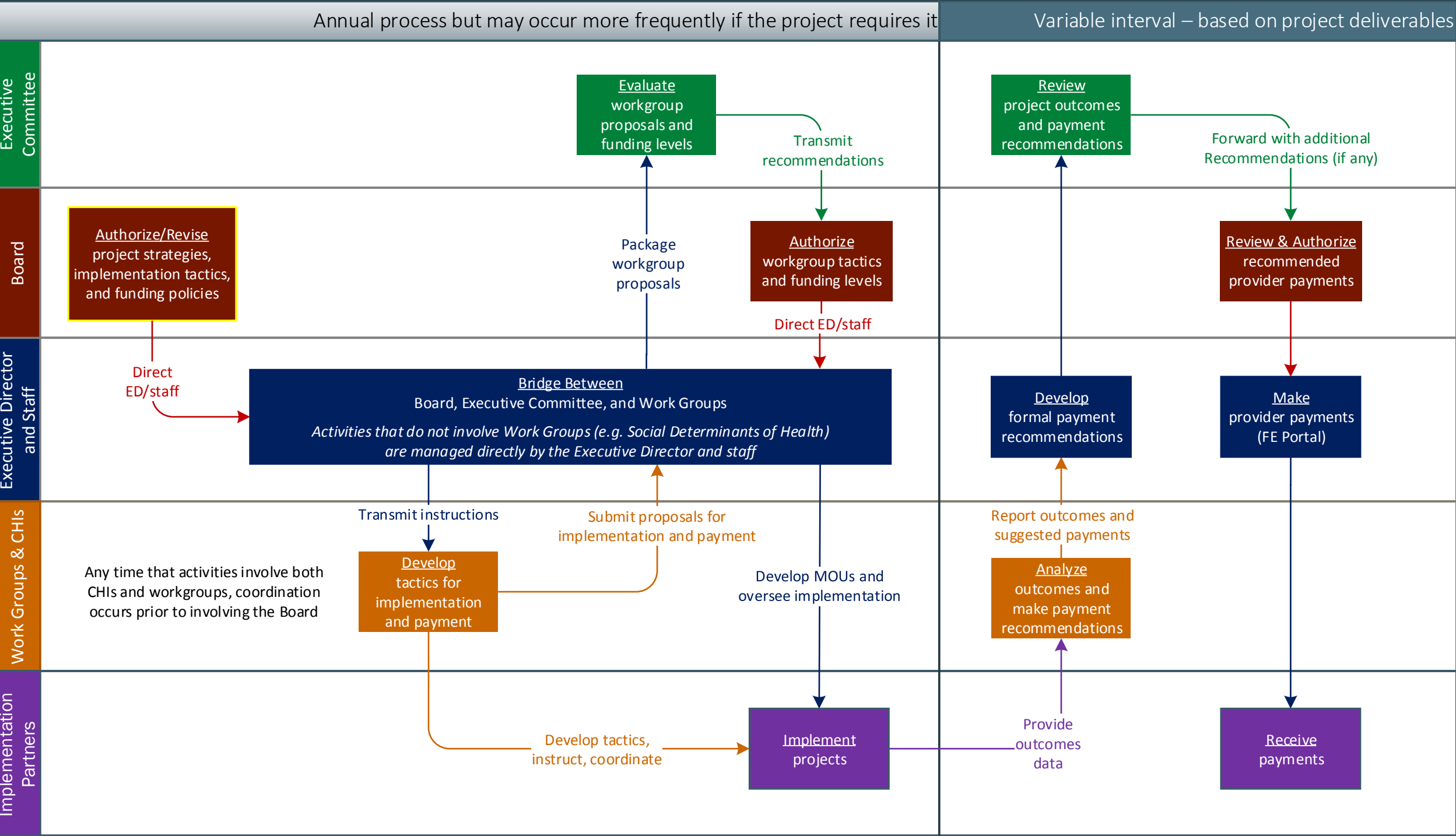
**VBP:** Value-Based Payment

**WPCC:** Whole Person Care Collaborative

**LHJ:** Local Health Jurisdiction

# Decision Flow for Funding Design and Allocation

[This process is utilized when a budget amendment is requested to the Annual Budget]



Location	Attendees
<b>Virtual</b>	<p><b>Governing Board Members Present:</b> Molly Morris, Carlene Anders, Cathy Meuret, Christal Eshelman, Deb Murphy, Dell Anderson, Doug Wilson, Jesus Hernandez, Kaitlin Quirk, Ken Sterner, Lisa Apple, Nancy Nash Mendez, Ramona Hicks, Ray Eickmeyer, Rebecca Davenport, Rosalinda Kibby, Tory Gildred</p> <p><b>Governing Board Members Absent:</b> Senator Warnick</p> <p><b>NCACH Staff:</b> Linda Parlette, John Schapman, Caroline Tillier, Wendy Brzezny, Sahara Suval, Mariah Brown, Joey Hunter, Teresa Davis – Minutes</p>
Agenda Item	Minutes
<ul style="list-style-type: none"> <li>Review of Agenda &amp; Declaration of Conflicts</li> <li>Public Comment</li> </ul>	<ul style="list-style-type: none"> <li>Meeting called to order at 1:00 PM by Molly Morris. Molly started the meeting with a land acknowledgment. Honoring the open meetings act, all conversations need to be public. You can chat with staff member that is monitoring the chat and they can relay your message if you are having trouble speaking.</li> <li>Declarations of conflicts: Re: Telehealth discussion Ramona Hicks may have a conflict, she is not sure.</li> <li>Public Comment - None</li> <li>❖ <b>Nancy Nash Mendez moved, Carlene Anders seconded the motion to approve the consent agenda, motion passed.</b></li> </ul>
<ul style="list-style-type: none"> <li>Executive Directors Report</li> </ul>	<ul style="list-style-type: none"> <li>COVID has been difficult on staff, we are going to continue to check on each other.</li> <li>Parkside is opening Crisis stabilization unit today, which is really exciting!</li> <li>Thank you to the governance committee for all of their work.</li> <li>Cordell Neher is reviewing financial issues at CDHD, John met with them to discuss the NCACH financial agreement with CDHD. There will be more info in a few weeks. CDHD staff turnover has caused some issues.</li> <li>HCA surprised the ACH ED's with an announcement that they are considering another waiver in the future.</li> <li>Patti Paris will not be here for the meeting today, but will be able to attend future meetings.</li> </ul>
<ul style="list-style-type: none"> <li>Board Elections</li> </ul>	<p>❖ <b>Deb Murphy moved, Ramona Hicks seconded the nomination of Patti Paris to fill the NCACH Board Consumer Seat on the NCACH Governing Board effective 03/01/2021 (term expires 12/31/2022)</b></p>
<ul style="list-style-type: none"> <li>Telehealth</li> </ul>	<p>Wendy Brzezny went over the options for Telehealth that came out of the RFP. NCACH recommends that the Board votes to complete Objective 1 (Community Focus) of the RFP proposal as outlined under motion #1 and complete Objective 2 of RFP by choosing one of the options under motion #2.</p> <p>❖ <b>Kaitlin Quirk moved, Nancy Nash Mendez seconded the Motion #1 - Community Assessment: Approve Washington State University's proposal to produce a practical and achievable plan for a community-based solution to enhance telehealth capacity for the North Central Washington region, Abstained: Ramona Hicks and Jesus Hernandez, motion passed.</b></p>

	<p>Discussion:  Jesus: what is the end goal? Interview and assessment / how to implement telehealth carts and a plan for a pilot with a budget.</p> <p>❖ <b><i>Rosalinda Kibby moved, Dell Anderson seconded the motion #2 - Individual Organizational Assessment: Approve Option #2 of three telehealth investment options, that would be made available to clinical providers in the North Central Region:</i></b>  <b><i>(Greyed out options are the unchosen options)</i></b></p> <p>OPTION 1: Motion to approve XPIO’s proposal in the amount of \$42,000 to conduct an approved assessment and produce deliverables as requested in the RFP.</p> <p><b><i>XX OPTION 2: Motion to approve Ingenium Consulting Group’s proposal in the amount up to \$230,000 (dependent upon the number/type of organizations who participate) to conduct a telehealth strategy, performance and maturity assessment and produce deliverables as requested in the RFP. With the option of moving into option 3, Carlene noted that we need to be clear on the scope of work, motion passed.</i></b></p> <p>Option 3: Motion to approve Ingenium Consulting Group’s proposal in the amount up to \$635,000 (dependent upon the number/type of organizations who participate) to assess and develop a healthcare organization’s telehealth program strategy including vision, objectives and tactics.</p> <p>Discussion:</p> <ul style="list-style-type: none"> <li>• Ray – Would be interested to see how the proposals will impact partnering with community paramedicine and leans toward the plus or the ultra option because there is going to be a lot of work up front to get patients comfortable.</li> <li>• Rosalinda – We are sparking something with this work, where will the funding be later?</li> <li>• Jesus - This is a lot of funding to learn what we already know. Do we already know where the gaps are? He feels that a survey could give us a lot of this information.</li> <li>• Ray disagrees, there are a lot of organizations doing telehealth, but they are not doing it well.</li> <li>• Dell – Grant Integrated was just concerned with creating access, would love to learn how to optimize.</li> <li>• Doug – We had a huge push to build out a Telehealth platform at the beginning of the pandemic. The concern is finding the gaps. Reimbursement is uncertain going forward, so we do not know if this will continue. Would like to find common barriers.</li> <li>• Kaitlin – An outside source providing some clarity will really help us.</li> <li>• Rosalinda – We need to remind ourselves that as a Board we decided to commit to Telehealth and it is going to be an investment. We need this information to move forward.</li> <li>• Cathy – Could we start with option 2 and upgrade to 3 if we decide to later? Wendy will check into this.</li> </ul>
<ul style="list-style-type: none"> <li>• NCACH Bylaws &amp; Conflict of Interest Policy</li> <li>• Code of Conduct Policy</li> </ul>	<p>❖ <b><i>Carlene Anders moved, Nancy Nash Mendez seconded the motion to approve revisions to the Bylaws and Conflict of Interest Policies recommended by the NCACH Governance Committee, no discussion, motion passed.</i></b></p> <p>➤ Tabled for next meeting - To approve the NCACH Governing Board Code of Conduct Policy recommended by the NCACH Governance Committee. John will send out to the Board for review and input.</p>

<ul style="list-style-type: none"> <li>• Pay for Performance Update</li> </ul>	<p>Caroline Tillier shared Pay for Performance information, including a refresher on the accountability framework, trend lines, and 2019 results. Data slides summarized how our performance compared to other ACHs, and how specific metrics met NCACH performance targets.</p>
<ul style="list-style-type: none"> <li>• Cambia Funds</li> </ul>	<p>Dr. Rickard shared proposal to utilize the investment from Cambia Health Solutions to address youth mental health and substance use through a regional, peer-to-peer, school-based model.</p> <p>Proposal: Regionally adopt the HOPE Squad model that provides a peer-to-peer, school-based curriculum focused on wellness and resiliency to address inclusion, mental health, bullying, and substance use. We ran out of time for Board feedback, Mariah and Julie will bring back in April for discussion and approval.</p>
<ul style="list-style-type: none"> <li>• Adjournment</li> </ul>	<p>Meeting adjourned at 3:35 PM by Molly Morris</p>

## Balance Sheet (As of 02.28.2021)

Funding Source	Funds Received	Funds Expended	Funds Remaining
<b>SIM Funding* (CDHD Account)</b>	\$ 115,329	\$ 115,329	\$ -
<b>Transformation Project (CDHD Account)</b>			
Original Contract K2296 - Demonstration Phase 1	\$ 1,000,000		
Original Contract K2296 - Demonstration Phase 2	\$ 5,000,000		
Transfer from FE Portal	\$ 226,961		
Interest Earned on Demo Funds	\$ 257,879		
<b>Transformation Total (CDHD Account)</b>	<b>\$ 6,484,840</b>	<b>\$ 4,004,250</b>	<b>\$ 2,480,590</b>
<b>Grants Other (CDHD Account)</b>			
Aetna Grant	\$ 70,000	\$ 38,910	\$ 31,090
Cambia	\$ 245,000		\$ 245,000
<b>Workshop Registration Fees/Misc. Revenue* (CDHD Account)</b>	<b>\$ 23,387</b>	<b>\$ 13,720</b>	<b>\$ 9,667</b>
<b>Transformation Project (FE Portal Funds)</b>			
Project Incentive Funds	\$ 19,172,370	\$ 10,201,144	\$ 8,971,226
Integration Funds	\$ 5,781,980	\$ 58,422	\$ 5,723,558
Bonus Funds	\$ 1,455,842		\$ 1,455,842
Value Based Payment (VBP) Incentives	\$ 650,000		\$ 650,000
Interest Earned in FE Portal	\$ 62,283		\$ 62,283
DY1 Shared Domain 1 Funds**	\$ 5,811,865	\$ 5,811,865	\$ -
<b>Transformation Total (FE Portal)</b>	<b>\$ 32,934,340</b>	<b>\$ 16,071,431</b>	<b>\$ 16,862,909</b>
<b>Totals</b>	<b>\$ 39,627,896</b>	<b>\$ 20,243,640</b>	<b>\$ 19,384,256</b>

\*A portion of funds in this category were collected when CDHD held the SIM Contract

\*\*Automatically paid out through FE Portal from Health Care Authority and therefore not reflected on the budget spreadsheet

## 2021 NCACH Budget: Monthly Financials (January - December 31st, 2021)

EXPENSES	Total Budgeted	Feb-21	Totals YTD	% Expended YTD to Budget
<b>Operations and Project Management</b>				
Salary & Benefits	\$942,981	\$70,435	\$140,871	15%
Supplies	\$37,000	\$0	\$0	0%
Services	\$165,439	\$1,762	\$4,087	2%
Other Expenditure	\$190,227	\$341	\$7,721	4%
CDHD Hosting Fee 15%	\$200,347	\$10,656	\$21,869	11%
<b>Operations, and Project Management Contracts</b>			\$0	
Governance and Organizational Development	\$141,600	\$10,100	\$17,600	12%
Program Evaluation & Data Analytics	\$70,000		\$0	0%
Workforce Development	\$63,250		\$0	0%
CHI Lead Agencies	\$225,000	\$3,800	\$20,100	9%
CBCC Contracted Support for Partners	\$64,680		\$0	0%
Telehealth Assessment Contractors^	\$283,991			0%
WPCC Advising and Learning Contracted Support	\$366,809	\$2,917	\$56,583	15%
Harm Reduction Fund	\$120,000		\$0	0%
Recovery Corps Mentorship Program	\$150,000		\$0	0%
Recovery Training and Support	\$129,000	\$2,500	\$2,500	2%
<b>Partner Payments:</b>			\$0	
CHI Partner Payments	\$1,150,000	\$100,994	\$313,015	27%
Tribal Investment	\$519,000		\$0	0%
CBCC Partner Payment^	\$1,650,000	\$125,420	\$125,420	8%
WPCC Learning Community	\$1,780,000	\$0	\$0	0%
TCDI Partner Payments	\$880,000	\$92,750	\$92,750	11%
Opioid Partner Payments	\$180,000	\$20,000	\$20,000	11%
<b>Total Budgeted Expenses</b>	<b>\$9,309,325</b>	<b>\$441,675</b>	<b>\$822,515</b>	<b>9%</b>

"^" Budget Amendment occurred in 2021

### Notes:

Still have an additional 1.0 FTE budgeted that is vacant. No current plan to fill at this moment.

Supplies, Services, and Other Expenditures continue to be under budget due to remote work from COVID-19

Contracts and partner payments expenditures will catch up throughout year. Most partner payments anticipated to be paid out in Q2 - Q4 as contracts get up and running for year.

Budget Amendments - 2021

Date	Amendment
02.01.2021	Doug Wilson moved, Christal Eshelman seconded the motion to fully remove the asterisk on the CBCC partner payment line item with expectation that updates be provided at monthly Board meetings, Ken, Kaitlin, Jesus abstained, Motion passed.
03.01.2021	Kaitlin Quirk moved, Nancy Nash Mendez seconded the Motion #1 - Community Assessment: Approve Washington State University's proposal to produce a practical and achievable plan for a community-based solution to enhance telehealth capacity for the North Central Washington region, Abstain: Ramona Hicks and Jesus Hernandez, motion passed.
03.01.2021	Rosalinda Kibby moved, Dell Anderson seconded the motion #2 - Individual Organizational Assessment: Approve Option #2 of three telehealth investment options, that would be made available to clinical providers in the North Central Region:PTION 2: Motion to approve Ingenium Consulting Group's proposal in the amount up to \$230,000 (dependent upon the number/type of organizations who participate) to conduct a telehealth strategy, performance and maturity assessment and produce deliverables as requested in the RFP. With the option of moving into option 3, Carlene noted that we need to be clear on the scope of work, motion passed.



## Board Decision Form

**TOPIC:** *Cambia Health Solutions Investment*

**PURPOSE:** Approve funding to address youth mental health and substance use, with a focus on suicide prevention, through a regional, peer-to-peer, school-based model

**BOARD ACTION:**

☐ Information Only

☒ Board Motion to approve/disapprove

**BACKGROUND:**

NCACH received \$245,000 from Cambia Health Solutions to address urgent behavioral health needs intensified by COVID-19 in rural communities.

The funding opportunity was shared with the Behavioral Health Provider Alliance on January 25, 2021. The group, comprised of behavioral health providers from across the region, discussed potential issues that could be addressed, and the area that received the highest priority ranking was youth mental health and substance use, with an emphasis on suicide prevention. During the discussion, Dr. Julie Rickard offered her assistance to NCACH, as she leads the Suicide Prevention Coalition of North Central Washington and Moment by Moment Suicide Prevention.

Dr. Rickard shared a presentation at the March NCACH Board meeting that demonstrated the impact that the ongoing COVID-19 pandemic has had on youth in the region. Statistics show an overall decline in mental health and wellbeing, and an increase in suicide attempts among this age group. In 2020, Central Washington Hospital reported a 64% increase in emergency room visits for self-harm, suicide attempts and suicide ideation in those 18 and under compared to 2019.

Peer-based programs have been shown to be an effective strategy in preventing suicide, thus the proposed use of the Cambia Health Solutions investment includes implementation of a school-based, peer-to-peer model that addresses teen suicide, with a curriculum focused on mental wellbeing and building resiliency. The Hope Squad model was selected as the preferred model based on program outcomes, support offered, and total cost.

**PROPOSAL:**

Utilize the Cambia Health Solutions investment to adopt the Hope Squad model that provides a regional, peer-to-peer, school-based curriculum focused on wellness and resiliency to address inclusion, mental health, bullying, and substance use.



# North Central Accountable Community of Health

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The Hope Squad model will be offered to all middle and high schools in the region that are interested in participating. The budget also includes a coordinator from Together for Youth that will provide support and assistance with implementing curriculum.

- **Option 1:** Approve funding for Hope Squad training and curriculum and 4 year coordinator position in the amount of \$456,736.
- **Option 2:** Approve funding for Hope Squad training and curriculum and 2 year coordinator position in the amount of \$363,880.

## **IMPACT/OPPORTUNITY (fiscal and programmatic):**

- The Hope Squad model has the potential to be a sustainable long-term solution to suicide prevention and improving the mental health and wellbeing of youth in North Central Washington.
- Breakdown of funding:
  - \$245,000 of project funds will come from Cambia Health Solutions (NCACH has already received this funding)
  - NCACH would provide an additional \$211,736 to support Option 1, or an additional \$118,880 to support Option 2

## **TIMELINE:**

Program implementation will begin as soon as the funding is allocated. A regional stakeholder group will be established to ensure that timelines are met.

Steps involved for implementation include:

1. Reaching out to schools to determine interest in program
2. Meeting with school administrators to discuss the program and identify advisors
3. Establish partnerships and form regional stakeholder group that will meet quarterly
4. Advisor training (initial training for advisors will be 3-4 months)
5. Advisors and faculty identify students to be on the Hope Squad
6. Engage parents
7. Hope Squad training for selected students
8. Curriculum adoption/integration to classroom
9. Monthly meetings with Hope Squad
10. Ongoing quarterly regional meetings to encourage cross-collaboration and accountability

Submitted By:  
Submitted Date:

Mariah Brown  
04/05/2021

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**“BUILDING HEALTHIER COMMUNITIES ACROSS NORTH CENTRAL WASHINGTON”**

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North Central Accountable Community of Health • 200 Valley Mall Parkway, East Wenatchee, WA 98802 • 509-886-6400

School Name	County	Level	Total Cost		Year 1	Year 2	Year 3	Year 4	Yearly Costs Ongoing
Brewster Jr/Sr High school (7-12)	Okanogan	HS	\$5,000		\$1,250	\$1,250	\$1,250	\$1,250	\$500
Okanogan Middle School (6-8)	Okanogan	MS	\$5,400		\$1,800	\$1,800	\$1,800		\$500
Okanogan High School (9-12)	Okanogan	HS	\$4,200		\$1,050	\$1,050	\$1,050	\$1,050	\$500
Okanogan Alternative High School (9-12)	Okanogan	HS	\$4,200		\$1,050	\$1,050	\$1,050	\$1,050	\$500
Pateros High School (7-12)	Okanogan	K-12	\$5,000		\$1,250	\$1,250	\$1,250	\$1,250	\$500
Liberty Bell Junior Senior High (7-12)	Okanogan	K-12	\$5,000		\$1,250	\$1,250	\$1,250	\$1,250	\$500
Tonasket Jr/Sr High School (7-12)	Okanogan	HS	\$5,000		\$1,250	\$1,250	\$1,250	\$1,250	\$500
Lake Roosevelt High School (7-12)	Okanogan	K-12	\$5,000		\$1,250	\$1,250	\$1,250	\$1,250	\$500
Paschal Sherman Indian School (k-9)	Okanogan	K-12	\$5,000		\$1,250	\$1,250	\$1,250	\$1,250	\$500
Omak Middle School (6-8)	Okanogan	MS	\$5,400		\$1,800	\$1,800	\$1,800		\$500
Omak High School (9-12)	Okanogan	HS	\$4,200		\$1,050	\$1,050	\$1,050	\$1,050	\$500
Nespelem Elementary School (K-8)	Okanogan	K-12	\$5,000		\$1,250	\$1,250	\$1,250	\$1,250	\$500
Oroville Jr/Sr High School (7-12)	Okanogan	K-12	\$5,000		\$1,250	\$1,250	\$1,250	\$1,250	\$500
Omak Alternative High School (9-12)	Okanogan	HS	\$4,200		\$1,050	\$1,050	\$1,050	\$1,050	\$500
Twisp Alternative School (9-12)	Okanogan	HS	\$4,200		\$1,050	\$1,050	\$1,050	\$1,050	\$500
<b>TOTAL</b>			<b>\$71,800</b>		<b>\$18,850</b>	<b>\$18,850</b>	<b>\$18,850</b>	<b>\$15,250</b>	<b>\$7,500</b>
Ephrata Middle School (7-8)	Grant	MS	\$5,400		\$1,800	\$1,800	\$1,800		\$500
Ephrata High School (9-12)	Grant	HS	\$4,200		\$1,050	\$1,050	\$1,050	\$1,050	\$500
Wahluke Junior High (6-8)	Grant	MS	\$5,400		\$1,800	\$1,800	\$1,800		\$500
Frontier Middle School (6-8)	Grant	MS	\$5,400		\$1,800	\$1,800	\$1,800		\$500
Chief Moses Middle School (6-8)	Grant	MS	\$5,400		\$1,800	\$1,800	\$1,800		\$500
Willson Creek High School (7-12)	Grant	K-12	\$5,000		\$1,250	\$1,250	\$1,250	\$1,250	\$500
Royal Middle School (7-8)	Grant	MS	\$5,400		\$1,800	\$1,800	\$1,800		\$500
Columbia Basin Secondary School (6-12)	Grant	K-12	\$5,000		\$1,250	\$1,250	\$1,250	\$1,250	\$500
Quincy Junior High (7-8)	Grant	MS	\$5,400		\$1,800	\$1,800	\$1,800		\$500
Quincy High School (9-12)	Grant	HS	\$4,200		\$1,050	\$1,050	\$1,050	\$1,050	\$500
Moses Lake High School (9-12)	Grant	HS	\$4,200		\$1,050	\$1,050	\$1,050	\$1,050	\$500
<b>TOTAL</b>			<b>\$55,000</b>		<b>\$16,450</b>	<b>\$16,450</b>	<b>\$16,450</b>	<b>\$5,650</b>	<b>\$5,500</b>
Mansfield Elementary & High School (K-12)	Douglas	K-12	\$5,000		\$1,250	\$1,250	\$1,250	\$1,250	\$500
Bridgeport Middle School (6-8)	Douglas	MS	\$5,400		\$1,800	\$1,800	\$1,800		\$500
Bridgeport High (9-12)	Douglas	HS	\$4,200		\$1,050	\$1,050	\$1,050	\$1,050	\$500
Orondo Middle School (6-7)	Douglas	MS	\$5,400		\$1,800	\$1,800	\$1,800		\$500
Sterling Intermediate School (K-7)	Douglas	K-12	\$5,000		\$1,250	\$1,250	\$1,250	\$1,250	\$500
Waterville High School (6-12)	Douglas	K-12	\$5,000		\$1,250	\$1,250	\$1,250	\$1,250	\$500
Clovis Point Intermediate (5-7)	Douglas	MS	\$5,400		\$1,800	\$1,800	\$1,800		\$500
Eastmont Jr High (8-9)	Douglas	HS	\$4,200		\$1,050	\$1,050	\$1,050	\$1,050	\$500

Eastmont High School (10-12)	Douglas	HS	\$4,200		\$1,050	\$1,050	\$1,050	\$1,050	\$500
<b>TOTAL</b>			<b>\$43,800</b>		<b>\$12,300</b>	<b>\$12,300</b>	<b>\$12,300</b>	<b>\$6,900</b>	<b>\$4,500</b>
Icicle River Middle School (6-8)	Chelan	MS	\$5,400		\$1,800	\$1,800	\$1,800		\$500
Cascade High School (9-12)	Chelan	HS	\$4,200		\$1,050	\$1,050	\$1,050	\$1,050	\$500
Foothills Middle School (6-8)	Chelan	MS	\$5,400		\$1,800	\$1,800	\$1,800		\$500
Valley Academy of Learning (6-12)	Chelan	K-12	\$5,000		\$1,250	\$1,250	\$1,250	\$1,250	\$500
Cashmere Middle School (5-8)	Chelan	MS	\$5,400		\$1,800	\$1,800	\$1,800		\$500
Cashmere High School (9-12)	Chelan	HS	\$4,200		\$1,050	\$1,050	\$1,050	\$1,050	\$500
Pioneer Middle School (6-8)	Chelan	MS	\$5,400		\$1,800	\$1,800	\$1,800		\$500
Wenatchee High School (9-12)	Chelan	HS	\$4,200		\$1,050	\$1,050	\$1,050	\$1,050	\$500
Entiat Middle & High School (6-12)	Chelan	K-12	\$5,000		\$1,250	\$1,250	\$1,250	\$1,250	\$500
Chelan Middle School (6-8)	Chelan	MS	\$5,400		\$1,800	\$1,800	\$1,800		\$500
Chelan High School (9-12)	Chelan	HS	\$4,200		\$1,050	\$1,050	\$1,050	\$1,050	\$500
Orchard Middle School (6-8)	Chelan	MS	\$5,400		\$1,800	\$1,800	\$1,800		\$500
Westside High School (9-12)	Chelan	HS	\$4,200		\$1,050	\$1,050	\$1,050	\$1,050	\$500
<b>TOTAL</b>			<b>\$63,400</b>		<b>\$18,550</b>	<b>\$18,550</b>	<b>\$18,550</b>	<b>\$7,750</b>	<b>\$6,500</b>

<b>GRAND TOTAL HOPE SQUAD ALL COUNTIES</b>	<b>\$234,000</b>	<b>\$66,150</b>	<b>\$66,150</b>	<b>\$66,150</b>	<b>\$35,550</b>
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<b>Advisor Training Estimate: 2 Advisors/pe</b>	<b>\$200/Advisor</b>	<b>\$18,000</b>	<b>\$18,000</b>
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Included: Initial train the trainer trainings, monthly meetings, one conference with all Hope Squads & Advisors, curriculum for classrooms & Hope Squads, program

			YEAR 1	YEAR 2	YEAR 3	YEAR 4
<b>ESTIMATED HOPE SQUAD GRAND TOTAL</b>	<b>4 yrs</b>	<b>\$252,000</b>	<b>\$84,150</b>	<b>\$66,150</b>	<b>\$66,150</b>	<b>\$35,550</b>

<b>Together for Youth Coordinator/s: 1 Fulltime 2 yrs</b>	<b>\$20/hr</b>	<b>\$83,200</b>	<b>\$41,600</b>	<b>\$41,600</b>
<b>Together for Youth Administrative Fees (2 yrs)</b>	<b>8%</b>	<b>\$25,680</b>	<b>\$12,840</b>	<b>\$12,840</b>
<b>Together for Youth Travel Expenses (2 yrs)</b>		<b>\$3,000</b>	<b>\$1,500</b>	<b>\$1,500</b>

<b>Together for Youth Coordinator/s: 1 Fulltime 4 yrs</b>	<b>\$20/hr</b>	<b>\$166,400</b>	<b>\$41,600</b>	<b>\$41,600</b>	<b>\$41,600</b>	<b>\$41,600</b>
<b>Together for Youth Administrative Fees (4 yrs)</b>	<b>8%</b>	<b>\$32,336</b>	<b>\$8,084</b>	<b>\$8,084</b>	<b>\$8,084</b>	<b>\$8,084</b>
<b>Together for Youth Travel Expenses (4yrs)</b>		<b>\$6,000</b>	<b>\$1,500</b>	<b>1,500</b>	<b>\$1,500</b>	<b>\$1,500</b>

<b>ALL COSTS 4 yrs HOPE SQUAD &amp; 2 yrs Coordinator</b>	<b>\$363,880</b>	<b>\$140,090</b>	<b>\$122,090</b>	<b>\$66,150</b>	<b>\$35,550</b>
<b>ALL COSTS TOTAL for HOPE SQUAD &amp; COORDINATOR 4 yrs</b>	<b>\$456,736</b>	<b>\$135,334</b>	<b>\$117,334</b>	<b>\$117,334</b>	<b>\$86,734</b>



## Board Decision Form

**TOPIC:** *NCACH Board Code of Conduct Policy*

**PURPOSE:** *Review and approve NCACH Board Code of Conduct Policy*

**BOARD ACTION:**

- ☐ Information Only
- ☒ Board Motion to approve/disapprove

**BACKGROUND:**

The NCACH Governance Committee received and reviewed a sample Board Code of Conduct policy at our January 2021 meeting that was developed and utilized by the North Sound Accountable Community of Health. The committee discussed the policy and how it would support both the Bylaws, Conflict of Interest policy and any additional policies currently established by NCACH. Governance Committee members directed staff to draft the sample into an NCACH specific policy to review at the February committee meeting.

At the February Governance meeting, committee members reviewed the draft policy, edited the document as appropriate, and are recommended that the Board adopt the attached Board Code of Conduct policy at the March 1<sup>st</sup>, 2021. Board members asked to table the motion to allow them to review the policy during March and bring back the motion at the April meeting.

The policy will support our current governing documents and address not only conflicts of interest, but expectations of individual Board members representing NCACH both at Board meetings and within the community.

**PROPOSAL:**

To approve the NCACH Governing Board Code of Conduct Policy recommended by the NCACH Governance Committee.

**IMPACT/OPPORTUNITY (fiscal and programmatic):**

- The code of conduct policy would provide additional direction on Board conduct above the Bylaws and Conflict of Interest Policy
- The Code of Conduct policy would be signed upon joining the Board and annually in conjunction with the Conflict of Interest policy

**TIMELINE:**

- Policy will take effect immediately and NCACH will work in April to ensure Board members are able to review and sign the Code of Conduct policy

Submitted By:

Governance Committee

Submitted Date:

03/01/2021

Staff Sponsor:

John Schapman

— “BUILDING HEALTHIER COMMUNITIES ACROSS NORTH CENTRAL WASHINGTON” —

North Central Accountable Community of Health • 200 Valley Mall Parkway, East Wenatchee, WA 98802 • 509-886-6400



## Board Members' Code of Conduct Policy

The Board commits itself and its members to ethical, businesslike, and lawful conduct, including proper use of authority and appropriate decorum when acting as Board members.

1. Members must represent the North Central Accountable Community of Health (NCACH) in a positive and supportive manner at all times and in all places, including on social media platforms.
2. Members must show respect and courteous conduct in all NCACH meetings.
3. Members must ensure that comments and discussion in all Board and Committee meetings take into account NCACH's commitment to equity and whole person health.
4. Members must utilize the gift of feedback and hold themselves and each other accountable to uphold the Board Member's Code of Conduct.
5. Members must not act in a way that can impugn the integrity of the NCACH.
6. Members must adhere to the conflict of interest policy
7. Members must not interfere with administrative issues that are primarily the responsibility of management, except to monitor results and ensure that procedures are consistent with board policy.
8. Individual Board members must not attempt to exercise individual authority over the organization.
  - a. Unless authorized by the Board, members understand that when interacting with the ~~Executive Director~~CEO or staff, they have no direct authority over the ~~CEO~~Executive Director or staff.
  - b. The Board Chair and ~~CEO~~Executive Director are the only positions authorized to speak on behalf of NCACH with media, regulatory bodies, or other entities that may have an impact on the organization.
  - c. Members' interactions with the public or other entities must focus on explicitly stated Board decisions.
9. Members must respect the confidentiality appropriate to issues of a sensitive nature, specifically, issues that are not made publicly available.
10. Members must be properly prepared for and participate in all necessary board business.
11. Members must seek to understand the perspectives of other Board members and will support the legitimacy and authority of the final determination of the Board on any matter, irrespective of the member's personal position on the issue.

Board Code of Conduct Policy  
Policy Reviewed 03.01.21  
Effective: TBD



North Central Accountable  
Community of Health

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# CHI Community Initiatives Awardees – 2020 Efforts

Project Updates, prepared for NCACH's Governing Board

# 2019 Cohort of Funded Partners

## Project Investments at a Glance

### **\$450,000 – Eight Projects**

\$9,900 – *Sensory Storytime*

\$22,500 – *SuperNova Business Competition*

\$22,500 – *Building Resiliency One Step at a Time*

\$22,500 – *Addressing Academic Achievement Barriers*

\$22,500 – *Oxford House Travel Reimbursement Pilot Program*

\$125,000 – *Mobile Food Pantry*

\$100,000 – *Support Services for Homeless and Unaccompanied Youth in Okanogan County*

\$125,100 – *Suicide Prevention and Community Coalition Building and Training*

## Where is the Work Happening?



Note, many of these projects are regional, multi-county, or include the entire County in its service area

## Project Focus Areas Include



Transportation



Employment



Access to Care



Community



Resilience



Care & Services  
Coordination



Services for Youth



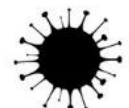
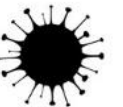
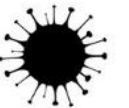
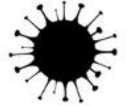
Food Access



Suicide Prevention

# COVID-19 impacts on partners

- NCACH suspended all partner reporting March 2020 – June 2020.
- Some partners had to redesign their project and submit project and budget amendments, which caused delays.
- NCACH extended project period and final reporting deadline forward 6 months to allow funded partners to achieve key goals delayed by COVID-19.
- Final reports will be collected in September 2021.



# Sensory StoryTime

\$9,900

Status: **Ongoing**

**Lead Organization:** NCW Libraries

**Project Description:** Sensory Storytimes are a special program developed by NCWL (in partnership with North Valley Hospital, Okanogan Behavioral Healthcare, Autism Therapy Services of Moses Lake, and Tonasket School District) to provide literacy and socialization experiences for children with Autism Spectrum Disorders. The project's original plan included implementation in the Tonasket and Moses Lake branches, as well as the development of travelling and take-home story kits to be used throughout NCWL's 30 branches across 5 counties.

**Project Progress:** Due to the COVID-19 pandemic, NCWL was forced to suspend all programs and close branches in March 2020, which significantly impeded the development of the project. While they are currently exploring alternatives and COVID-safe programs that can be implemented; much of the program's value lies in the socialization and connection it provides for families and children with ASD. In the mean time, NCWL is focusing on developing take-home kits for families and virtual trainings for NCWL staff to implement Sensory Storytime programming in their local library branches.

**What's Next:** NCWL hopes to phase this program in once they are able to host in-person programming safely for families.



*One of NCWL's planned take-home Sensory Storytime Kits for children with ASD. (NCW Libraries)*

# SuperNova Business Launch Competition \$22,500

Status: Completed

**Lead Organization:** North Central Washington Economic Development District

**Project Description:** The SuperNova Business Launch Competition is a business launch competition for small businesses in Chelan, Douglas, Okanogan, and Ferry Counties, as well as the Colville Confederated Tribes. Supernova was designed to demonstrate how a business can function as an intentional partner in addressing social determinants of health, as well as requiring all applicants to have a plan to hire at least 10% of their workforce from populations with barriers to employment. The competition included a series of stages including: hosting a small-business boot camp for local entrepreneurs; marketing business plans through public voting; and then a final competition for semi-finalists.

**Project Progress:** The competition winners were selected in August 2020. NCACH funds helped support the 23 applicants through a six-week business boot camp and training, which included a series of trainings, the development of an investment-ready business plan, and a year-long subscription to QuickBooks. As a result of the BLC, many participants were able to successfully launch their own businesses, which have economic, employment, and SDOH impacts in their communities.

**What's Next:** A 2021 SuperNova Business Launch Competition is currently underway and accepting applications from local entrepreneurs.



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1. Yeti Chocolates LLC - Douglas County
  2. Pateros-Brewster Community Resource Center - Commercial Kitchen Project - Okanogan County
  3. Rural Valley Life - Okanogan County
  4. Downtown Bike - Chelan County
  5. Glamsnaps LLC - Chelan County
  6. Wenatchi Wear - Chelan County
  7. 12 Custom Homes LLC - Chelan County
  8. Low Profile Waterfowl - Chelan County
  9. Burch Mountain BBQ, LLC - Douglas County
  10. Tonasket Tire - Okanogan County
  11. The Miners Saloon & Grill - Ferry County
  12. Cole Ventures, LLC dba Mima's Famous Salsa - Chelan County
  13. Potato Patato Food Truck - Okanogan County
  14. Republic of Sasquatch - Ferry County
  15. Plant Candy - Okanogan County
  16. The Young Warrior project - Colville Tribes

*Out of 38 businesses that applied to the SuperNova BLC competition, 16 Semi-Finalists were chosen by a board of professional community leaders. From those 16 Semi-Finalists, 4 businesses were narrowed down to compete for \$10,000 cash and in-kind prizes (including professional services) in the final competition. [Tonasket Tire](#) was the 2020 SuperNova BLC winner. (NCWEDD)*

# Building Resiliency One Step at a Time \$22,500

Status: **Ongoing**

**Lead Organization:** *Omak High School Resiliency Team*, hosted by  
Okanogan County Community Coalition

**Project Description:** *Building Resiliency..* is an expansion of the work started by the Omak High School Resiliency Team and comprised of several Okanogan County partners who are all focused on addressing Adverse Childhood Experiences (ACEs) and building resilience for Okanogan County communities. The project's goals are to foster resilience through a series of school staff trainings, student peer trainings, restorative justice workshops, de-escalation trainings, and other trauma-informed trainings for staff and adults who work with students. The long-term goals of this project include improvements in student graduation, retention, and academic performance, as well as trauma-informed school districts.

**Project Progress:** Due to the COVID-19 pandemic, the Omak High School Resiliency Team was forced to suspend all trainings in March 2020 when schools shut down, which significantly impeded the development of the project. The Resiliency Team began exploring COVID-19 alternatives to be implemented; including the development of self-care kits and ACEs information for all school staff in April. The Resiliency Team also experienced unexpected changes in leadership during this time.

**What's Next:** Trainings are being shifted to virtual, and the Team is continuing to identify ways to adapt this work to support staff and students in both virtual and in-person learning.



*"Sunshine" kits provided by OCCC to staff in Omak School District in March 2020, after the first Stay Home Stay Health order was announced. (Okanogan County Community Coalition)*

# Addressing Academic Achievement Barriers

## \$22,500

Status: **Ongoing**

**Lead Organization:** Communities in Schools of North Central Washington

**Project Description:** 2019 CHI Community Initiatives funding allowed CISNCW to place a second full-time coordinator in Orondo and Waterville communities. The CIS model uses full-time site coordinators placed in local schools to provide case management to students directly in schools to help improve student outcomes. Site coordinators help students and their families access a variety of resources and services, including things like local food support, referrals to care, and access to social service providers. CIS' mission is to surround students with a community of support, empowering them to stay in school and achieve in life.

**Project Progress:** This project was able to stay on track even with disruptions caused by COVID-19, including the successful placement of a second full-time coordinator in August 2020. CISNCW reported that COVID-19 allowed project partners to innovate and adapt to meet needs of students holistically as they were moving from in-person, to virtual, and back to hybrid learning formats.

**What's Next:** CISNCW successfully submitted a project application through 2020 CHI Community Initiatives to extend and expand their project by adding a third full-time site coordinator to support other rural school districts in the region, including Chelan, Bridgeport, Brewster, and Quincy. In 2021, this project was funded as a part of NCACH's CBCC efforts.



*CISNCW coordinators helped mobilize to provide food boxes to families in need during the Stay Home, Stay Safe order in March 2020 (CISNCW)*

# Oxford House Travel Reimbursement Pilot Project

Status: **Ongoing**

**Lead Organization:** Oxford House Resident Transit Solutions Committee, *fiscally sponsored by Oxford House, Washington Chapter 16*

**Project Description:** Born out a need identified in the Chelan-Douglas CHI, the Oxford House Resident Transit Solutions Committee formed to solve transportation access issues for those in recovery. Funds support the development of a peer ride-sharing model and scheduling system for Oxford house residents. The program provides mileage reimbursement for drivers and access to transportation for those in need so that they can participate fully in their community. An added benefit includes transportation to Oxford House-supported community events (e.g. Recovery Day in Wenatchee)

**Project Progress:** This project was able to stay on track even with disruptions caused by COVID-19. Though less rides were given as anticipated and community events were cancelled, a total of 536 rides were recorded in the first 3 quarters of the program. This included over 300 rides to job interviews and employment.

**What's Next:** The pilot has expanded to Oxford House residents in Okanogan County.



*Top - The project was originally conceived through a series of town halls hosted by the Chelan-Douglas CHI in 2018. (Kelsey Gust)*



*Right - Jason, Oxford House resident and peer driver*

# Suicide Prevention and Community Coalition

## Building and Training

\$125,100

Status: **Ongoing**

**Lead Organization:** *Grant County Suicide Prevention Taskforce*, hosted by Grant Integrated Services

**Project Description:** 2019 CHI Community Initiatives funding allowed the Grant County Suicide Prevention Taskforce to expand and add components to their current work, including adding paid staff to coordinate this work, and implementing culturally-appropriate coalition-building training for smaller, local groups dedicated to suicide prevention throughout Grant County. The project plan included a series of community trainings, mental health first aid interventions, and leveraging local data to inform future work, including reports from the Grant County coroner's office.

**Project Progress:** This project's plan was severely impacted by COVID-19, including the inability to meet in person and a hiring freeze enacted by Grant County, which affected GrIS' ability to hire for the position outlined in the original plan. In response to these challenges, the project leads pivoted to focus on providing community-wide resources, including a local marketing campaign focused on suicide prevention and interventions, and convening local groups in a regional format. The marketing campaign will be launched soon, and a series of virtual trainings and resources have been developed and implemented. A coroner's report detailing 2020 suicide data showed 100% of suicides in Grant County were committed by males. Based on these findings, the Taskforce is targeting their efforts to reach local males, especially middle-aged men.

**What's Next:** GrIS is looking for additional funding to support ongoing suicide prevention work in the Grant County. They are hoping to continue building more capacity throughout Grant County communities to prevent suicide and provide mental health supports.



*On March 24, the Taskforce hosted a conversation café designed to talk to local Grant County men about suicide prevention and mental health. Findings from this event will help inform future outreach and resource offerings. (GrIS)*

# Support Services for Homeless and Unaccompanied Youth in Okanogan County

## \$100,000

Status: **Ongoing**

**Lead Organization:** Okanogan County Community Action Council

**Project Description:** This project is an expansion of OCCAC's low barrier service and care coordination support network for homeless and unaccompanied youth in Okanogan County. Relying on a large network of partners, OCCAC provides an array of trauma-informed youth led case management services, including: Crisis intervention supports, including referrals and warm hand offs; Physical emergent resources (e.g. food, baby formula, sleeping bags); Financial support to obtain further education (e.g. test fees) or employment (e.g. interview clothing) goals; and a regional coordinated entry online portal for youth to submit requests for services.

**Project Progress:** The project's original plan included partnering with school districts, who could identify students and help support community wrap-around services. This plan had to be amended due to school closures, which meant reallocating some of the awarded funding to purchase an outreach/mobile intake vehicle to provide a new COVID-safe mobile service model. This has allowed OCCAC to become more responsive to emergent needs throughout the county and support an increased variety of efforts including food distribution, emergency resources, energy and winterization assistance, and conduct outreach.

**What's Next:** OCCAC remains committed to expanding partnerships across county lines to provide assistance to individuals and families when they need them and where they need them.



*OCCAC's new mobile services unit. (OCCAC)*

# Mobile Food Pantry

\$125,000

Status: **Ongoing**

**Lead Organization:** Chelan-Douglas Community Action Council

**Project Description:** As the only Food Distribution Center in Chelan and Douglas Counties, CDCAC provides over 2 million pounds of food annually throughout a network of locally-run food pantries and meal sites to families in need. The funding supported the development of a mobile food pantry that could provide food and other resources to rural and outlying communities without their own food pantries, such as Orondo, Manson, and Dryden. The model includes using Americorps members to staff and operate the pantry, as well as partnering with other service providers and healthcare partners (e.g. CVCH) to provide community wrap-around services and referrals to those accessing the mobile food pantry services.

**Project Progress:** The mobile unit was purchased and outfitted in November 2020, and became operational in December 2020. The first inaugural outing to Manson served over 75 families. CDCAC is continuing to build out services with partners (e.g. NCW Libraries) to coordinate and extend service reach to outlying communities, as well as providing regular access to fresh, nutritious foods.

**What's Next:** This program will continue in perpetuity and be sustained using a variety of funding. It is projected to impact thousands of NCW families over the course of its life cycle.



*The mobile food pantry was purchased in November 2020, and has started providing services to communities in need. (CDCAC)*