Dental Opioid Prescribing Workshop

• Friday, May 3rd, 9am-1:30pm
• Projected $4000 under budget
• 4 Continuing Ed credits issued
• PMP onsite to register people
• About 75 people attended
Dental Opioid Prescribing Workshop
Presentation Evaluations

<table>
<thead>
<tr>
<th>Presentation</th>
<th>Evaluation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Presentation A</td>
<td>4.8</td>
</tr>
<tr>
<td>Presentation B</td>
<td>4.2</td>
</tr>
<tr>
<td>Presentation C</td>
<td>4.8</td>
</tr>
<tr>
<td>Presentation D</td>
<td>4.5</td>
</tr>
<tr>
<td>Presentation E</td>
<td>4.9</td>
</tr>
<tr>
<td>Presentation F</td>
<td>4.8</td>
</tr>
</tbody>
</table>
The format was relevant and met my educational needs
The training content was non-biased
The training helped improve my practice and patient outcomes
The training facility was satisfactory
The training location was satisfactory

Conference Evaluations
Based on your experience, would you recommend this conference to others?

(n=57)

Not Recommended | Probably | Absolutely Recommend
---|---|---
1 | 7 | 49
School-based Opioid Prevention

PROPOSAL: Funding Process for School-based Opioid Prevention

• Issue an RFP for up to $20,000
  • Only one application per area (Chelan/Douglas, Grant, Okanogan) will be funded (a total of 3 awards - $60,000)
  • Strongly encouraged to have one applicant per area

• Required Components
  1. Assessment of School-based prevention efforts at ALL schools in area and Community Colleges
  2. Financial (and administrative) support for student led prevention projects
  3. Development of 2020-2021 Project/Work Plan and budget that includes engagement with new school partners
  4. Must Coordinate with Local Champions (list provided)
  5. Must demonstrate utilizing other funding where available; Additional funding is considered to make applicants more competitive

• Additional Components
  • As funding allows, applicant may apply funding toward school-based opioid prevention efforts. Justification will be necessary in the application.

• Will need to allocate funding (~$30,000) in 2020 and 2021 for implementing project plan. Would be considered non-competitive continued funding.

Tentative Timeline

• May 23th – Release application
• May 31st – Applications due
• June 13-24th – Applications reviewed and recommendations made
• June 29th – Awards made & MOU negotiated
• August 1st – Award period begins
• December 31st – Award period ends
• Jan 2-31st – 2020-21 Project Plan reviewed, adjusted, if necessary, and approved
• Feb 1, 2020 – December 31, 2021 – Project Implementation Period
Narcan Training and Distribution

- $5000 allocated to each of Grant County, Okanogan County, Chelan/Douglas Counties, and Colville Confederated Tribes ($20,000 total)
- Non-profit and Government agencies eligible to apply
- Up to $75 per 2 dose box and up to 10 boxes of Narcan per application
- Cost reimbursable for Narcan only, after training and distribution occurs
- Reporting requirements to NCACH for reimbursement
  - Proof of payment for Narcan
  - Information on trainings and distribution

APPLICATION OPEN!!!!
Available at:
www.ncach.org/opioid-project/
Click on “NCACH Opioid Project Funding” on right hand side
Central Washington Recovery Coalition

Narcan Training – May 15, 2019

• 28 people attended
• 26 Narcan kits distributed
Other Initiatives

• Opioid Awareness and Public Education Marketing Campaign
  • Grant County Health District was awarded the RFP
  • Utilizing a Regional Communicators Network to share messages
  • Contact Heather Massart (hmassart@granthealth.org) if you would like to be part of the network

• Recovery Initiatives
  1. Recovery Coach and Elevate Advocacy Training opportunities for people in recovery including train-the-trainer opportunities to increase number of trainings offered locally
  2. Increase awareness and visibility through Recovery Series - Create short professional quality videos of people telling their story of recovery. Will be used to raise awareness, promotion for Recovery Coalitions, and at our Opioid Summit in the fall (if they are done in time)
  3. Increase awareness by supporting Recovery Month Events ($1500 per LHJ) and local Recovery Coalitions ($500 to North Central Recovery Coalition for recovery bracelets and rack cards)
2019 Round 2 Rapid Cycle Opioid Applicants

5 Applicants Requesting $48,099.23
Direct Service AmeriCorps Member
Focusing on Opioid Outreach & Education

Chelan-Douglas Community Action Council

Contributing Organizations
• Wenatchee School District
• Eastmont School District
• Action Health Partners
• WorkSource
• Wenatchee Valley YMCA
• Wenatchee Valley YWCA
• Intermountain AmeriCorps
• SkillSource

Goal: Intervene the cycle of addiction
before it begins

Project Description:
• Identify/develop training materials to
  educate educate adolescents and young
  people (10-24 years of age) and individuals
  at risk of addiction about opioid safety.
• Gather data and report regularly about
  audience reached and effectiveness of
  educational outreach

Funding Requested: $10,000

Counties Served: Chelan, Douglas
Syringe Service Program in Grant County

Grant County Health District

Contributing Organizations

• Grant Integrated Services
• Moses Lake Community Health Center
• Washington State Department of Health
• Center of Opioid Safety Education
• Alcohol and Drug Abuse Institute, University of Washington

Goal: Continued implementation of a community supported and resourced SSP

Project Description:

• Expanding to provide services in Quincy
• Provide access to sterile supplies for injection drugs, safe injecting education, fentanyl test strips, naloxone, condoms, education on the Good Samaritan Law, and caring staff.
• SSP clients will receive referral or linkages to healthcare, SUD services, social services, community resources, HIV/STD and HCV referral for testing and vaccinations.

Funding Requested: $10,000

Counties Served: Grant
Education Series

North Valley Hospital

Contributing Organizations

• Tonasket School District

Goal: Provide education on opioid use, drug abuse, and overdoses to high school students focusing on stigma of drug use, available resources, and safe drug disposal.

Project Description:

• School Assembly – all high school students and will feature inspirational speaker
• After-school Event – focused on families and will provide general information about opioid addiction and local resources
• Educational Mailer – English/Spanish mailer on opioid abuse, addiction, and drug diversion will be sent to all school district families

Funding Requested: $10,000

Counties Served: Okanogan

“BUILDING HEALTHIER COMMUNITIES ACROSS NORTH CENTRAL WASHINGTON”
2019 Round 2 Rapid Cycle Opioid Applicant

Goal: Reduce community use/misuse by 5% within one year.

Project Description:
• Provide prevention education for students in Oroville and Tonasket School Districts
• Promote safe storage and disposal
• Provide trainings and technical assistance to first responders
• Collaborate with treatment providers to enhance services
• Promote National Take Back Day, WA Recovery Line, NA
• Collaborate with local transportation authorities to provide better access to services
• Use print and broadcast media for increased dissemination of information

Oroville CARES Coalition

Contributing Organizations
• Oroville School District
• Oroville Police Department
• Tonasket School District
• Oroville Free Methodist Church
• Oroville Chamber of Commerce
• Omak Chronicle
• Tonasket City Council
• North Valley Hospital
• Tonasket Pharmacy
• Lakeside Pharmacy

Funding Requested: $9,219.23

Counties Served: Okanogan

Pathways to Success

"BUILDING HEALTHIER COMMUNITIES ACROSS NORTH CENTRAL WASHINGTON"
**Floor Stock Narcan Access in NCW School Districts**

**Oroville CARES Coalition**

**Contributing Organizations**
- North Central ESD School Nurse Corps
- Initial Participating School Districts

<table>
<thead>
<tr>
<th>Goal: Increase access of Narcan to School Districts</th>
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</table>

<table>
<thead>
<tr>
<th>Project Description:</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Identify 15 school district to participate</td>
</tr>
<tr>
<td>• Policy and procedure development</td>
</tr>
<tr>
<td>• Develop a stock Narcan management and administration policy and procedure</td>
</tr>
<tr>
<td>• Assist School Districts in acquiring stock Narcan</td>
</tr>
<tr>
<td>• Provide/support staff training of all district employees specifically tasked with Narcan administration in the school setting</td>
</tr>
<tr>
<td>• Track Narcan use and program compliance and report to stakeholders</td>
</tr>
<tr>
<td>• Incorporate Narcan administration skills into School Nurse Orientation curriculum</td>
</tr>
</tbody>
</table>

**Funding Requested:** $8,880

**Counties Served:** Chelan, Douglas, Grant, Okanogan
Opioid Response Conference Summary

BY THE NUMBERS:
• 10 Sites Across NCW
• 325 Participants
• 13 Action Plans
• 24 Project ideas
• 111 Narcan Kits Distributed
Attendance by Site

- Oroville: 18
- Omak: 33
- Twisp: 20
- Leavenworth: 25
- Wenatchee: 66
- Colville: 51
- Nespelem: 24
- Coulee Dam: 30
- Bridgeport: 15
- Moses Lake: 43
Opioid Response Conference Evaluation

Rank the following
(Very Poor = 1, Very Good = 5)

- Facility: 4.5
- Location: 4.6
- Technology: 4.1
- Format: 4.2
- Length: 4.4
- Dr. Fotinos: 4.3
- Dr. Banta-Green: 4.6
97.7% of participants said they would return an NCW Opioid Response Conference.

87% of people prefer the Distributed Conference Model to a Traditional Conference Model.

Conference Delivery Model Preference
(excluding responses that marked all three options)

- DCM: Multiple locations: 74%
- DCM: One per county: 16%
- Traditional: 13%

*20 Responses excluded that marked all three options.
Benefits and Challenges of the DCM

**Benefits of DCM**
- More people able to participate
- Travel time and cost minimized
- Access to subject matter experts locally
- Interact with people you actually work with

**Challenges of DCM**
- Technology issues
- No interaction with presenter (e.g. ability to ask questions)
- Are not able to hear ideas from other sites
- Not able to coordinate with other sites
Opioid Response Conference Future Topics

Prioritize Future Topics

<table>
<thead>
<tr>
<th>Topic</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prevention</td>
<td>79%</td>
</tr>
<tr>
<td>Treatment</td>
<td>39%</td>
</tr>
<tr>
<td>Overdose</td>
<td>21%</td>
</tr>
<tr>
<td>Recovery</td>
<td>37%</td>
</tr>
<tr>
<td>Other</td>
<td>19%</td>
</tr>
</tbody>
</table>

“BUILDING HEALTHIER COMMUNITIES ACROSS NORTH CENTRAL WASHINGTON”
Project Ideas

SCHOOL-BASED

• School-based education/prevention
• Assessment of prevention curriculum in schools
• Support group for teens whose parents have SUD
• Mentoring
• Medical residents to speak to high school/Jr. High students
• Student led prevention efforts – assembly, posters, etc.
• Develop Student leadership
Project Ideas

INFORMATION & RESOURCE SHARING
- Awareness campaign
- Increased access to resources and communications
- Sharing resources consistently (MOU)
- Continue to meet
- Equip first responders with information
- Substance abuse added to Love & Logic classes

OTHER
- Healthcare collaboration
Next Steps

• Convene local “Opioid Response Champion” calls with the identified champions from each site to share ideas and progress, ask questions, and identify and mitigate barriers

• Hold annual or semi-annual Opioid Response Conferences in NCW using Distributed Conference Model

EARLY SUCCESSES

• Oroville PD adopted Narcan Policy
• Oroville CARES Coalition applied for Rapid Cycle Funding
Syringe Services Program in Grant County

Jill McCullough, Grant County Health District
The Future of the Workgroup

Dr. Malcolm Butler, Chair
2019 Opioid Workgroup

- Opioid Workgroup Charter
  - Meetings open to everyone
  - Meet at least quarterly
  - North Central Washington Opioid Stakeholders Group has merged with the NCACH Regional Opioid Stakeholders Workgroup
  - 50% attendance in a rolling calendar year required for voting

<table>
<thead>
<tr>
<th>Current 2019 Opioid Stakeholders Workgroup Schedule</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>January 18th</strong></td>
</tr>
<tr>
<td>No Meeting</td>
</tr>
<tr>
<td><strong>April 19th</strong></td>
</tr>
<tr>
<td>Omak</td>
</tr>
<tr>
<td><strong>July 19th</strong></td>
</tr>
<tr>
<td>No Meeting</td>
</tr>
<tr>
<td><strong>October 18th</strong></td>
</tr>
<tr>
<td>Moses Lake</td>
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