

Location	Attendees																																				
<b>Confluence Technology Center</b> 285 Technology Center Way #102 Wenatchee, WA 98801	Christal Eshelman, Malcolm Butler, Caroline Tillier, Glenn Adams, Navind Oodit, Gail Goodwin, Naudia Pickens, Dina Goodman, John Schapman, Teresa Davis																																				
Agenda Item	Minutes																																				
Introductions	July Minutes Accepted																																				
NCACH Update	<ul style="list-style-type: none"> <li>July 31 semi-annual report submitted</li> <li>Implementation plan is Due October 1st</li> <li>Awardees should report out on rapid cycle funding before December. Christal will send reminder out to awardees.</li> </ul>																																				
Opioid Section of WPCO Change plans	<ul style="list-style-type: none"> <li>Whole Person Care Collaborative change plans were submitted in July, most opioid tactics received were in the prevention category. Change plans will be updated every year. Workgroup can advocate for more tactics in the future. List of tactics and number of times selected below (also located in meeting packet).</li> </ul> <div style="display: flex; justify-content: space-around;"> <div style="width: 45%;"> <p><b>Opioid Tactics – Most Selected</b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="font-size: small;">Tactic</th> <th style="font-size: small;"># of times selected</th> </tr> </thead> <tbody> <tr> <td>Routinely reconcile medications to avoid unsafe combinations</td> <td style="text-align: center;">16</td> </tr> <tr> <td>Use standardized screening tool to assess for mental health issues and risk of addiction prior to initiating COT</td> <td style="text-align: center;">16</td> </tr> <tr> <td>Educate providers across all health professions on how to recognize signs of opioid misuse and OUD among patients and how to use appropriate tools to identify OUD.</td> <td style="text-align: center;">10</td> </tr> <tr> <td>Identify a clinical champion to guide practice redesign efforts regarding chronic opioid therapy (COT)</td> <td style="text-align: center;">9</td> </tr> <tr> <td>Create patient agreements for COT that aligns with clinic policies</td> <td style="text-align: center;">8</td> </tr> <tr> <td>Define and enforce limits on prescription opioids.</td> <td style="text-align: center;">8</td> </tr> <tr> <td>Offer or arrange for alternatives to opioids to relieve pain (to allow taper)</td> <td style="text-align: center;">8</td> </tr> <tr> <td>Partner with other agencies that provide evidence-based OUD care</td> <td style="text-align: center;">8</td> </tr> </tbody> </table> </div> <div style="width: 45%;"> <p><b>Opioid Tactics – Least Selected</b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="font-size: small;">Tactic</th> <th style="font-size: small;"># of times selected</th> </tr> </thead> <tbody> <tr> <td>Add prompts to PMP to encourage providers to prescribe naloxone to patients on high doses of opioids.</td> <td style="text-align: center;">2</td> </tr> <tr> <td>All opiate prescribers will pass a certification on AMDG guidelines.</td> <td style="text-align: center;">2</td> </tr> <tr> <td>Build enhancements in the electronic medical record systems to default to recommended dosages, pill counts, etc.</td> <td style="text-align: center;">2</td> </tr> <tr> <td>Disseminate the guideline Substance Abuse during Pregnancy: Guidelines for Screening and Management.</td> <td style="text-align: center;">2</td> </tr> <tr> <td>Engage: the integration of telehealth and telephonic approaches - Hub and Spoke model. 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NCACH Opioid Project Intern	<p><b>Chemical Dependency Professional (CDP) Presentation</b> – Navind Oodit gave a presentation explaining the CDP Position and possible reasoning for the shortage of CDPs. There is a CDP program at Wenatchee Valley College.</p> <p>Possible reasons for CDP shortage are:</p> <ul style="list-style-type: none"> <li>There are no standards regarding internship hours across the US.</li> <li>Wage is low for amount of time that needs to be put in to keep certification.</li> <li>Cost of certification is high.</li> </ul> <p><b>Lay distribution of Naloxone Presentation:</b></p> <ul style="list-style-type: none"> <li>Cost of a NARCAN kit is \$140/\$160 – Medicaid covers</li> </ul>																																				

- Community awareness is needed, many pharmacies have kits but have not dispensed kits because consumers do not know how to get them.
- Consumers eligible for one free kit. Income needs to be less than \$100K

**NARCAN Training and distribution project:**

Navind Oodit and Christal Eshelman will be attending the Okanogan Recovery Event on September 22<sup>nd</sup>. Will be training for usage of Narcan and distributing kits.

2019 proposed project plan

### Opioid Project Potential Funding Projections

**Rapid Cycle Application**

- 6 Month Funding Cycles
- Awards of \$2,500 to \$10,000
- 7 Award periods
- \$100,000 Annual Total Funding (Total = \$400,000)

**Additional Annual Funding**

- \$200,000 Annual Funding (Total = \$600,000)

**Total Funding**

\$1,000,000

	2018		2019				2020				2021				TOTAL
	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	
<b>Rapid Cycle Funding</b>															
6 Month Funding Cycles Awards up to \$10,000 each Annual Total Funding of \$100,000			Rapid Cycle 1: \$100,000	Rapid Cycle 2: \$50,000	Rapid Cycle 3: \$50,000		Rapid Cycle 4: \$50,000	Rapid Cycle 5: \$50,000		Rapid Cycle 6: \$50,000	Rapid Cycle 7: \$50,000				\$400,000
<b>Additional Annual Funding</b>															
12 Month Funding Cycles				Annual Cycle 1: \$200,000			Annual Cycle 2: \$200,000			Annual Cycle 3: \$200,000					\$600,000
<b>Total Funding</b>			\$100,000	\$300,000			\$300,000			\$300,000					\$1,000,000

\$1M allocated to the Opioid project. The Opioid Workgroup decided to focus on:

- Prevention Efforts
- Fostering collaboration among diverse stakeholders who are impacted by the opioid epidemic
- School Based Prevention: 5 schools is the number that fit into the dollars. Wanting to see how Methow school district does with their rapid cycle award, then expand.
- Future recovery events - need other people at the table to help plan that.

#### 2019 Proposed Opioid Project Plan

Prevention	Treatment	OD Prevention	Recovery	Strategy	Budget
				Rapid Cycle Opioid Application	\$100,000
				North Central Opioid Response Conference – DCM	\$10,000
				North Central Opioid Response Conference	\$40,000

				Dissemination of Dental Prescribing Guidelines	\$15,000
				Increase Awareness of Opioid Use and Addiction & Reduce Stigma	\$30,000
				School-based Prevention	\$50,000
				Naloxone Training and Distribution	\$20,000
				Recovery Initiatives and Events	\$20,000
				<b>TOTAL</b>	<b>\$285,000</b>
	<p>❖ <b>Workgroup unanimously endorsed the above plan</b></p> <ul style="list-style-type: none"> <li>• At the recovery event, they will have info on medication take back boxes to hand out.</li> </ul>				
Next steps	<ul style="list-style-type: none"> <li>• Grant County is starting to look at drug court.</li> <li>• Next steps, take recommendation to Governing Board in Sept.</li> <li>• We can adjust the budget as we go if we find that something is not working or if a new great idea is presented.</li> <li>• Once we have dates and more information on conferences and trainings, we can give to WPCC to distribute to their agencies.</li> <li>• Ask WPCC if access to training is a barrier.</li> </ul>				