Foundational Community Supports
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Torri Canda, Amerigroup
North Central ACH Presentation
October 1, 2018
What will this presentation cover?

1. **Context**
   - ACHs and FCS

2. **Evidence**
   - Health outcomes

3. **Overview**
   - FCS details

4. **Next steps**
   - Where we’re going
Foundational Community Supports (FCS)
FCS complements transformation projects

FCS is a tool that can enhance ACH transformation projects

- Project 2B: Community-based Care Coordination
- Project 2C: Transitional Care
- Project 2D: Diversion Interventions
- Project 3A: Addressing the Opioid Use Public Health Crisis
Foundational Community Supports (FCS)

Evidence
Health center patients who are homeless have high health needs*

Supportive housing demonstrated to improve health care utilization*

<table>
<thead>
<tr>
<th>Category</th>
<th>Change (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Medicaid Expenditures</td>
<td>-14%</td>
</tr>
<tr>
<td>Primary Care Utilization**</td>
<td>+23%</td>
</tr>
<tr>
<td>Emergency Department Visits**</td>
<td>-37%</td>
</tr>
<tr>
<td>Inpatient Utilization</td>
<td>-30%</td>
</tr>
<tr>
<td>Inpatient Behavioral Health Utilization</td>
<td>-100%</td>
</tr>
</tbody>
</table>


**Statistically significant change, p<.05
Supported employment demonstrated to reduce institutional stays*

- **Jail Bookings**: -30%
- **Jail Bookings Length of Stay**: -45%
- **Episodes of Psychiatric Hospitalization**: -59%
- **Psychiatric Hospitalizations Length of Stay**: -67%
- **Outpatient Non-Crisis Service Hours**: +54%

*Source: King County Department of Community and Human Services (January 2016). Fact Sheet Supported Employment: Treatment Effect of Supported Employment on Reducing Hospitalizations and Incarcerations
Foundational Community Supports (FCS)

Overview
What is Foundational Community Supports (FCS)?

It is...

- Medicaid benefits for help finding **housing** and **jobs**:
  - Supportive Housing to find a home or stay in your home
  - Supported Employment to find the right job, right now

It isn’t...

- Subsidy for wages or room & board
- For all Medicaid-eligible people
### What is Foundational Community Supports (FCS)?

#### Funding

- **Medicaid**
  - Funds FCS benefits through Healthier WA Medicaid Transformation

#### Program oversight

- **HCA**
  - Receives funding from Medicaid
  - Holds contract with Amerigroup TPA

- **DBHR & ALTSA**
  - Support network development and provider engagement

#### Benefits administrator

- **Amerigroup (TPA)**
  - Contracts with FCS providers
  - Manages client referrals and authorizes FCS services
  - Distributes provider payments
  - Tracks encounter data

#### FCS Providers

<table>
<thead>
<tr>
<th>Community-based organizations (social services)</th>
<th>Health care providers</th>
<th>Community behavioral health agencies</th>
<th>Long-term services &amp; supports providers</th>
<th>Tribal providers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community behavioral health providers</td>
<td>Community behavioral health agencies</td>
<td>Long-term services &amp; supports providers</td>
<td>Tribal providers</td>
<td>Health care authority</td>
</tr>
</tbody>
</table>
What benefits are available through FCS?

Supportive housing helps you find a home or stay in your home

- Housing assessments and planning to find the home that’s right for you
- Outreach to landlords to identify available housing in your community
- Connection with community resources to get you all of the help you need, when you need it
- Assistance with housing applications so you are accepted the first time
- Education, training and coaching to resolve disputes, advocate for your needs and keep you in your home
What benefits are available through FCS?

**Supported employment** helps you find the right work, right now

- Employment assessments and planning to find the right job for you, whenever you’re ready
- Outreach to employers to help build your network
- Connection with community resources to get you all of the help you need, when you need it
- Assistance with job applications so you can present your best self to employers
- Education, training and coaching to keep you in your job
Who is eligible to receive FCS benefits?

FCS benefits are reserved for people with the greatest need. To qualify, you must:

1. Be enrolled in Medicaid

2. Be at least 18 years old (Supportive Housing) or 16 years old (Supported Employment)

3. Meet the requirements for complex needs
   - You have a **medical necessity** related to mental health, substance use disorder (SUD), activities of daily living, or complex physical health need(s) that prevents you from functioning successfully or living independently.
   - You meet specific **risk factors** that prevent you from finding or keeping a job or a safe home.
Who is eligible to receive FCS benefits?

<table>
<thead>
<tr>
<th>Supportive Housing risk factors</th>
<th>Supported Employment risk factors</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>One or more</strong></td>
<td><strong>One or more</strong></td>
</tr>
<tr>
<td>✓ Chronic homelessness</td>
<td>✓ Housing &amp; Essential Needs (HEN) and Aged Blind or Disabled (ABD) enrollees</td>
</tr>
<tr>
<td>✓ Frequent or lengthy stays in an institutional setting (e.g. skilled nursing, inpatient hospital, psychiatric institution, prison or jail)</td>
<td>✓ Difficulty obtaining or maintaining employment due to age, physical or mental impairment, or traumatic brain injury</td>
</tr>
<tr>
<td>✓ Frequent stays in residential care settings</td>
<td>✓ SUD with a history of multiple treatments</td>
</tr>
<tr>
<td>✓ Frequent turnover of in-home caregivers</td>
<td>✓ Serious Mental Illness (SMI) or co-occurring mental and substance use disorders</td>
</tr>
<tr>
<td>✓ Predictive Risk Intelligence System (PRISM)¹ score of 1.5 or above</td>
<td></td>
</tr>
</tbody>
</table>

1. PRISM measures how much you use medical, social service, behavioral health and long-term care services.
Amerigroup as the FCS TPA

We’re contracted with the HCA as the Third Party Administrator (TPA) of FCS and provide administrative oversight of:

- Provider Network
- Service Authorization
- Claims payment and encounter tracking/reporting
- Measuring outcomes and quality improvement
- Sustainability Plan
A FCS Provider Network has been built across Washington state.

<table>
<thead>
<tr>
<th>Region</th>
<th>SE</th>
<th>SE/SH</th>
<th>SH</th>
<th>Grand Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Great Rivers</td>
<td>9</td>
<td>13</td>
<td>2</td>
<td>24</td>
</tr>
<tr>
<td>Greater Columbia</td>
<td>11</td>
<td>10</td>
<td>2</td>
<td>23</td>
</tr>
<tr>
<td>King</td>
<td>14</td>
<td>52</td>
<td>6</td>
<td>72</td>
</tr>
<tr>
<td>North Central</td>
<td>4</td>
<td>3</td>
<td></td>
<td>7</td>
</tr>
<tr>
<td>North Sound</td>
<td>17</td>
<td>12</td>
<td>3</td>
<td>32</td>
</tr>
<tr>
<td>Optum Pierce</td>
<td>8</td>
<td>11</td>
<td>3</td>
<td>22</td>
</tr>
<tr>
<td>Salish</td>
<td>6</td>
<td>4</td>
<td></td>
<td>10</td>
</tr>
<tr>
<td>Southwest</td>
<td>5</td>
<td>3</td>
<td>5</td>
<td>13</td>
</tr>
<tr>
<td>Spokane</td>
<td>7</td>
<td>20</td>
<td>5</td>
<td>32</td>
</tr>
<tr>
<td>Thurston-Mason</td>
<td>2</td>
<td>7</td>
<td>2</td>
<td>11</td>
</tr>
<tr>
<td><strong>Grand Total</strong></td>
<td>83</td>
<td>135</td>
<td>28</td>
<td>246</td>
</tr>
</tbody>
</table>
We have nearly 1,700 FCS enrollees to date

<table>
<thead>
<tr>
<th>Enrollee Count</th>
<th>SE</th>
<th>SH</th>
<th>SE + SH</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Enrollees</td>
<td>1,214</td>
<td>633</td>
<td>40</td>
<td>1,887</td>
</tr>
<tr>
<td>Expired Authorizations</td>
<td>158</td>
<td>44</td>
<td>2</td>
<td>204</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td></td>
<td></td>
<td>1,683</td>
</tr>
</tbody>
</table>
There are only three HCPCS billing codes for the FCS program.

- **Supported Employment**
  - Pre-employment services HCPCS code: H2023
  - Employment sustaining services HCPCS code: H2025
    - Limit of 120 units (30 hours; 1 unit = 15 minutes) of service per 6 month authorization period
    - Reimbursement rate of $25/unit of service

- **Supportive Housing**
  - Pre-housing and sustaining services: H0043
    - Limit of 30 days of service per 6 month (180 day) authorization period
    - Reimbursement rate of $105/day

Services may be reauthorized if a FCS enrollee continues to need services
Referrals

Anyone can refer a potential enrollee to the FCS program

- Potential Enrollee
- Family member
- Provider
- Aging and Long-term Support Administration (ALTSA)
- Division of Behavioral Health & Recover (DBHR)

Quick Reference Guide is a tool to quickly evaluate if a potential enrollee may be eligible for Supportive Housing and/or Supported Employment services. The Quick Reference Guide can be downloaded at our Provider web site at: https://providers.amerigroup.com/pages/wa-foundational-community-supports.aspx
Foundational Community Supports (FCS)

Next steps
Where are we going?

Access
2018: Establish a comprehensive provider network to serve clients statewide

Quality
2019: Institute continuous quality improvement standards

Sustainability
2021: Evaluate effectiveness, with the goal of continuing FCS as a permanent Medicaid benefit
ACH stakeholder resources

Subscribe to the FCS Newsletter:

Referral form:

Event calendar:
https://teamup.com/ksv22d5h8itsdiwqwx
We’d love to hear from you

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More information is available online:

Healthier Washington: www.hca.wa.gov/hw

Amerigroup FCS Provider site:

Amerigroup FCS Client Site:
https://www.myamerigroup.com/washington-fcs/home.html