Foundational Community Supports

Jon Brumbach, Health Care Authority
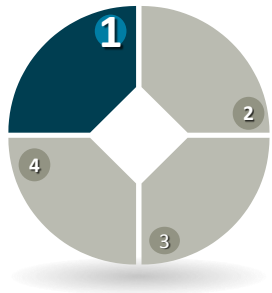
Torri Canda, Amerigroup

North Central ACH Presentation

October 1, 2018

Healthier WASHINGTON

What will this presentation cover?

1 Context
ACHs and FCS

2 Evidence
Health outcomes

3 Overview
FCS details

4 Next steps
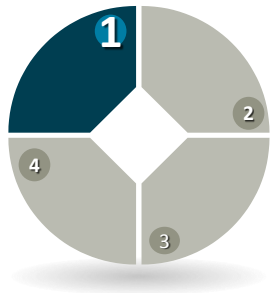Where we're going

Healthier WASHINGTON
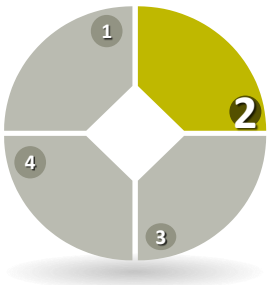
1 Foundational Community Supports (FCS)

Context

FCS complements transformation projects
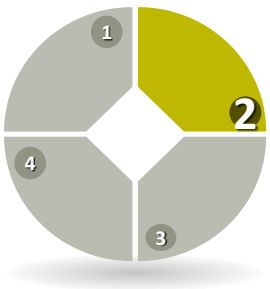
FCS is a tool that can enhance ACH transformation projects

✓ Project 2B: Community-based Care Coordination

✓ Project 2C: Transitional Care

✓ Project 2D: Diversion Interventions

✓ Project 3A: Addressing the Opioid Use Public Health Crisis
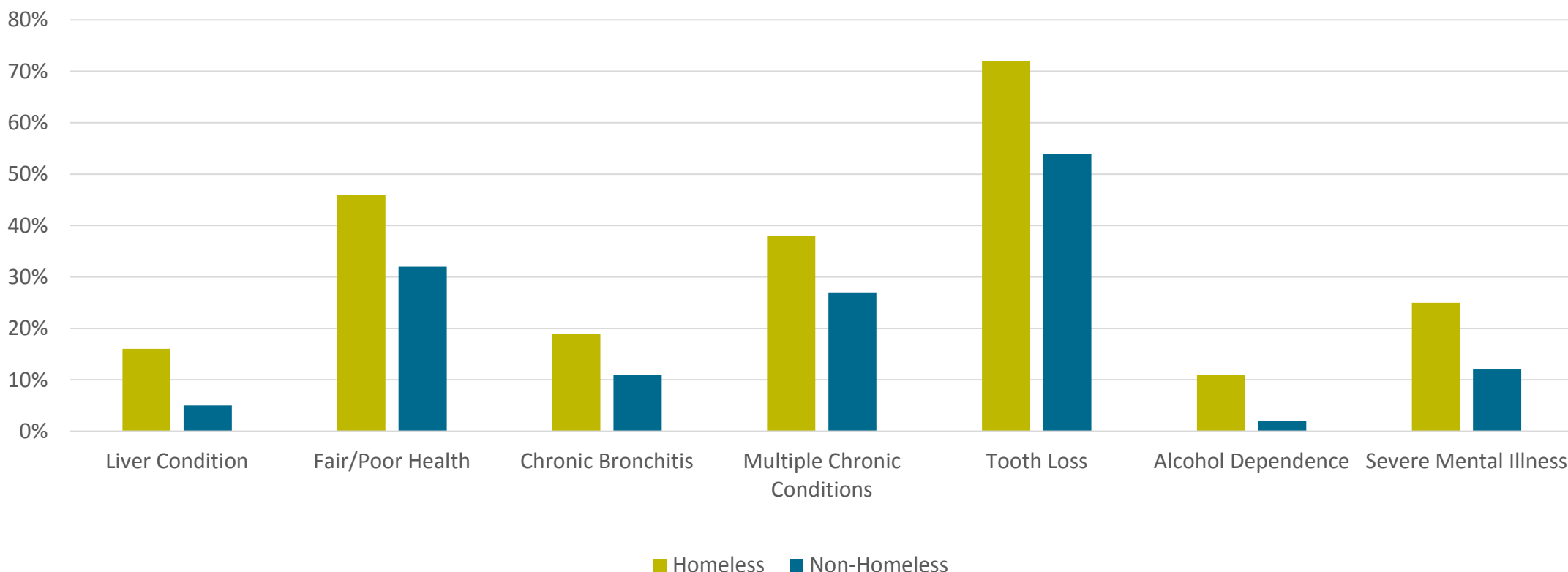
Healthier WASHINGTON

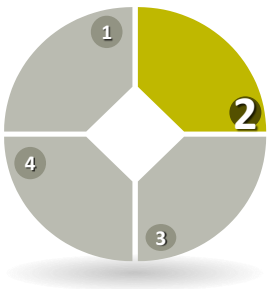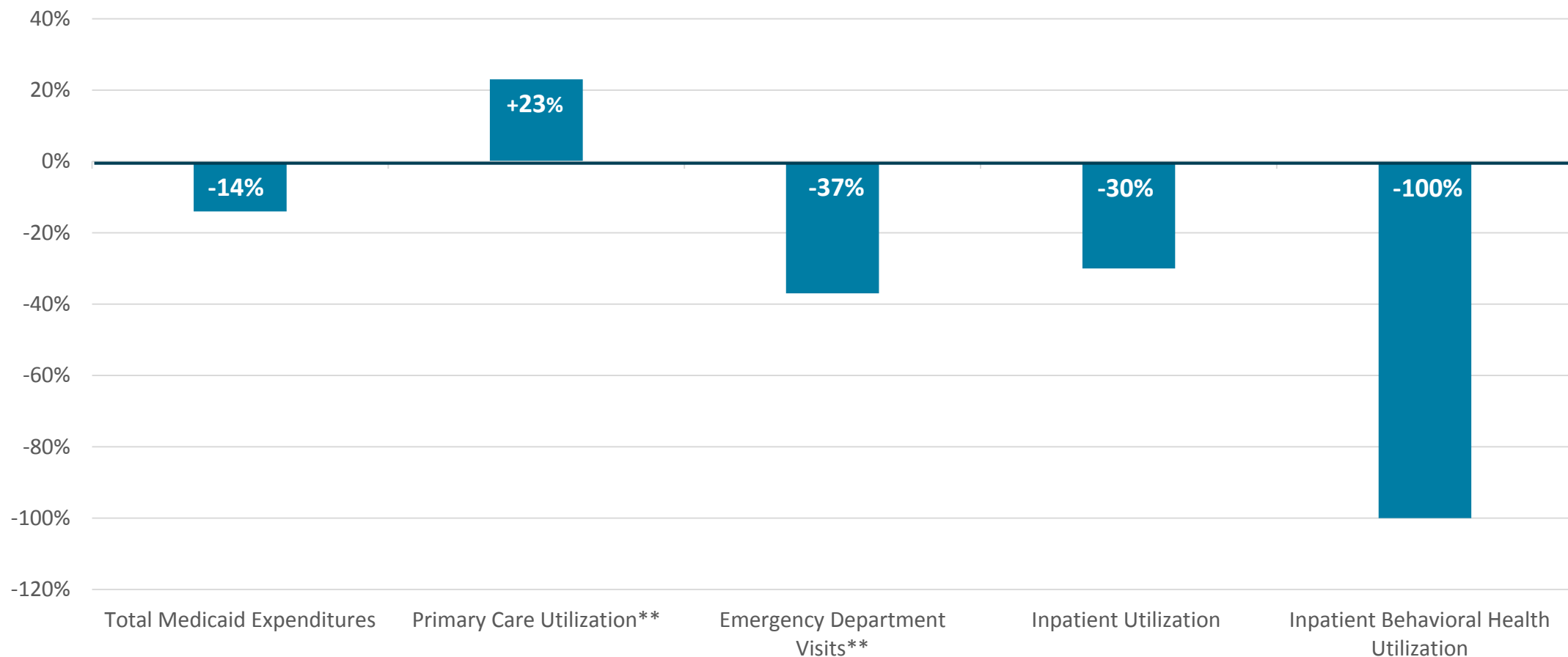**2** Foundational Community Supports (FCS)

Evidence

Health center patients who are homeless have high health needs*

Source: Lebrun-Harris, L., et al. (June 2013). Health Status and Health Care Experiences Among Homeless Patients in Federally Supported Health Centers: Findings from the 2009 Patient Survey. Health Services Research 48(3): 992-1017.

Healthier WASHINGTON

Supportive housing demonstrated to improve health care utilization*

Chart showing percentage changes:
- Total Medicaid Expenditures: -14%
- Primary Care Utilization**: +23%
- Emergency Department Visits**: -37%
- Inpatient Utilization: -30%
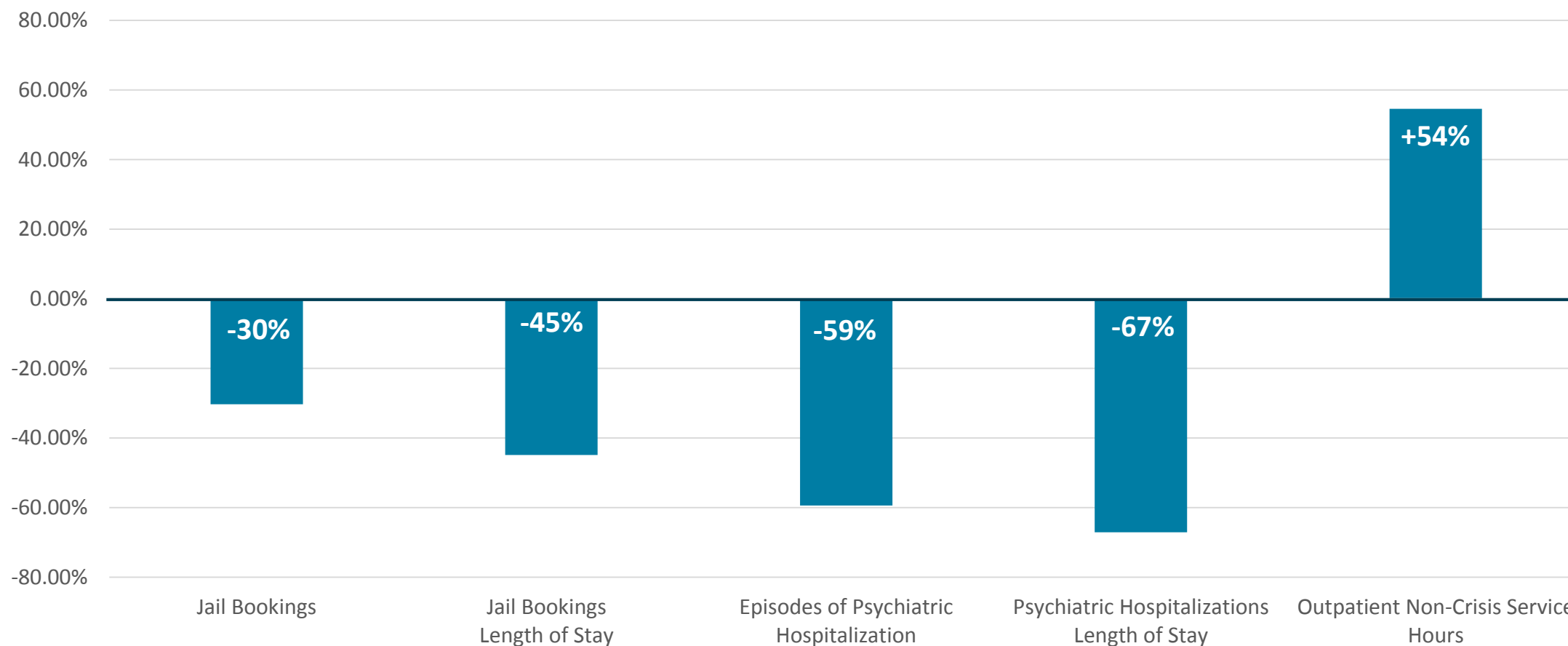- Inpatient Behavioral Health Utilization: -100%

*Source: Wright, B., et al (February 2016). Health In Housing: Exploring the Intersection Between Housing and Health Care. The Center for Outcomes Research and Education (CORE).
**Statistically significant change, p<.05

Healthier WASHINGTON

Supported employment demonstrated to reduce institutional stays*

Category	Value
Jail Bookings	-30%
Jail Bookings Length of Stay	-45%
Episodes of Psychiatric Hospitalization	-59%
Psychiatric Hospitalizations Length of Stay	-67%
Outpatient Non-Crisis Service Hours	+54%

Healthier WASHINGTON

What is Foundational Community Supports (FCS)?

It is...

- Medicaid benefits for help finding **housing** and **jobs**:
  - Supportive Housing to find a home or stay in your home
  - Supported Employment to find the right job, right now

It isn't...

- Subsidy for wages or room & board
- For all Medicaid-eligible people

Healthier WASHINGTON

What is Foundational Community Supports (FCS)?

Funding

Program oversight

Benefits administrator

FCS Providers

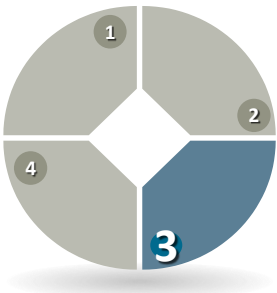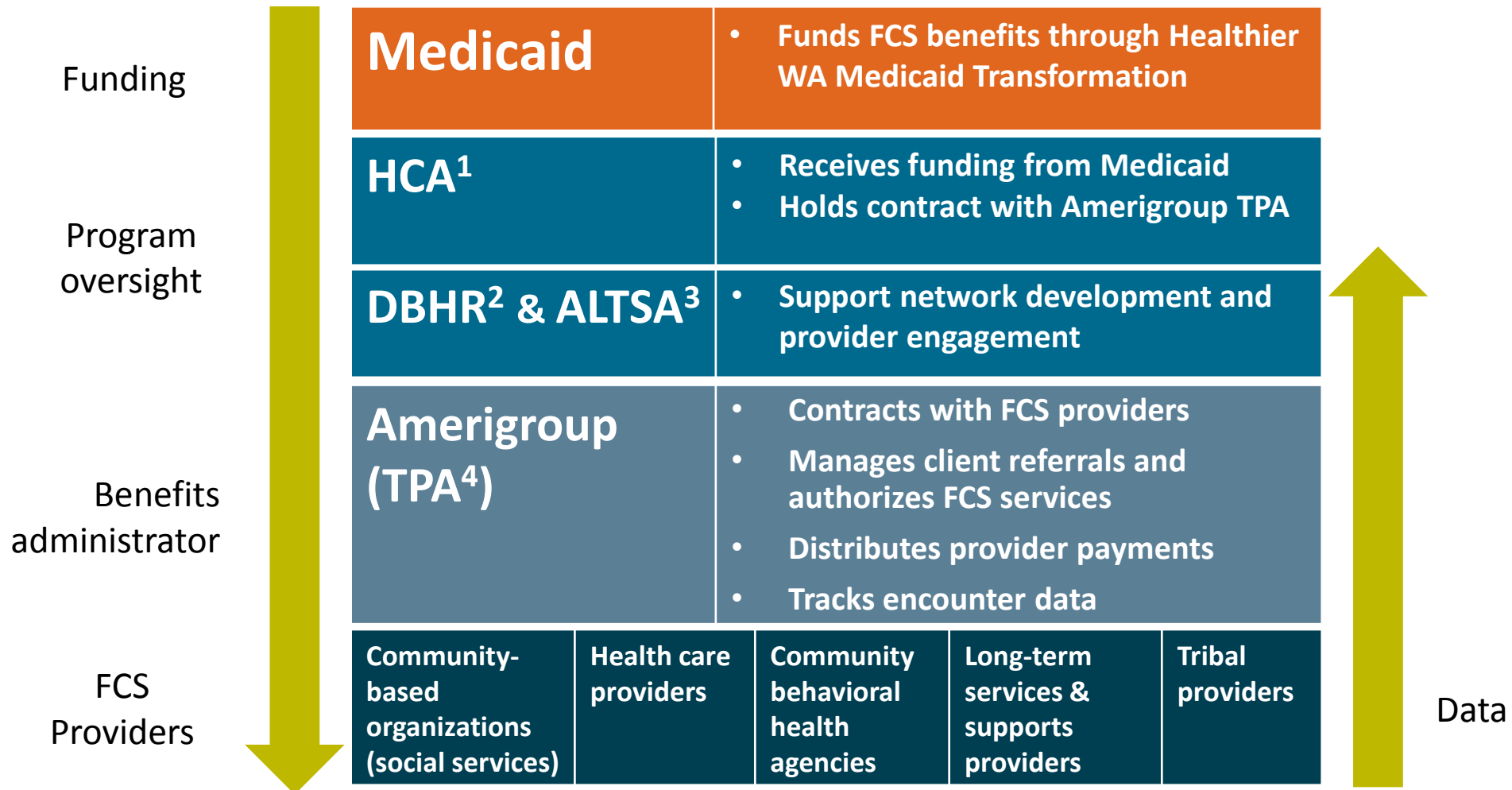| Medicaid	• Funds FCS benefits through Healthier WA Medicaid Transformation
HCA[1]	• Receives funding from Medicaid • Holds contract with Amerigroup TPA
DBHR[2] & ALTSA[3]	• Support network development and provider engagement
Amerigroup (TPA[4])	• Contracts with FCS providers • Manages client referrals and authorizes FCS services • Distributes provider payments • Tracks encounter data

Community-based organizations (social services)	Health care providers	Community behavioral health agencies	Long-term services & supports providers	Tribal providers

Data

1. Health Care Authority
2. Division of Behavioral Health & Recovery
3. Aging and Long-term Support Administration
4. Third Party Administrator

Healthier WASHINGTON

What benefits are available through FCS?
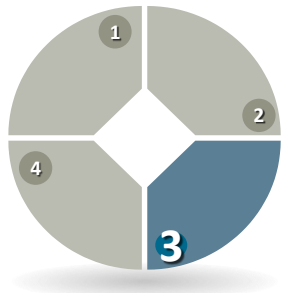
Supportive housing helps you find a home or stay in your home

✓ Housing assessments and planning to find the home that's right for you

✓ Outreach to landlords to identify available housing in your community

✓ Connection with community resources to get you all of the help you need, when you need it

✓ Assistance with housing applications so you are accepted the first time

✓ Education, training and coaching to resolve disputes, advocate for your needs and keep you in your home

Healthier WASHINGTON

What benefits are available through FCS?

Supported employment **helps you find the right work, right now**

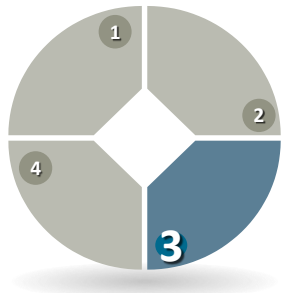✓ Employment assessments and planning to find the right job for you, whenever you're ready

✓ Outreach to employers to help build your network

✓ Connection with community resources to get you all of the help you need, when you need it

✓ Assistance with job applications so you can present your best self to employers

✓ Education, training and coaching to keep you in your job

Healthier WASHINGTON

Who is eligible to receive FCS benefits?

FCS benefits are reserved for people with the greatest need. To qualify, you must:

1 Be enrolled in Medicaid

2 Be at least 18 years old (Supportive Housing) or 16 years old (Supported Employment)

3 Meet the requirements for complex needs

- You have a medical necessity related to mental health, substance use disorder (SUD), activities of daily living, or complex physical health need(s) that prevents you from functioning successfully or living independently.
- You meet specific risk factors that prevent you from finding or keeping a job or a safe home.

Healthier WASHINGTON

Who is eligible to receive FCS benefits?

Supportive Housing risk factors *One or more*	Supported Employment risk factors *One or more*
✓ Chronic homelessness	✓ Housing & Essential Needs (HEN) and Aged Blind or Disabled (ABD) enrollees
✓ Frequent or lengthy stays in an institutional setting (e.g. skilled nursing, inpatient hospital, psychiatric institution, prison or jail)	✓ Difficulty obtaining or maintaining employment due to age, physical or mental impairment, or traumatic brain injury
✓ Frequent stays in residential care settings	
✓ Frequent turnover of in-home caregivers	✓ SUD with a history of multiple treatments
✓ Predictive Risk Intelligence System (PRISM)[1] score of 1.5 or above	✓ Serious Mental Illness (SMI) or co-occurring mental and substance use disorders

1. PRISM measures how much you use medical, social service, behavioral health and long-term care services.

Healthier WASHINGTON

Amerigroup as the FCS TPA

We're contracted with the HCA as the Third Party Administrator (TPA) of FCS and provide administrative oversight of:

➢ Provider Network

➢ Service Authorization

➢ Claims payment and encounter tracking/reporting

➢ Measuring outcomes and quality improvement

➢ Sustainability Plan

Provider Network

A FCS Provider Network has been built across Washington state

Provider Sites by Region

Region	SE	SE/SH	SH	Grand Total
Great Rivers	9	13	2	24
Greater Columbia	11	10	2	23
King	14	52	6	72
North Central	4	3		7
North Sound	17	12	3	32
Optum Pierce	8	11	3	22
Salish	6	4		10
Southwest	5	3	5	13
Spokane	7	20	5	32
Thurston–Mason	2	7	2	11
Grand Total	83	135	28	246

Enrollee Count

We have nearly 1,700 FCS enrollees to date

Enrollee Count	SE	SH	SE + SH	Total
Enrollees	1,214	633	40	1,887
Expired Authorizations	158	44	2	204

Total 1,683

Service Reimbursement

There are only three HCPCS billing codes for the FCS program.

- Supported Employment
  Pre-employment services HCPCS code: H2023
  Employment sustaining services HCPCS code: H2025
  - Limit of 120 units (30 hours; 1 unit = 15 minutes) of service per 6 month authorization period
  - Reimbursement rate of $25/unit of service

- Supportive Housing
  Pre-housing and sustaining services: H0043
  - Limit of 30 days of service per 6 month (180 day) authorization period
  - Reimbursement rate of $105/day

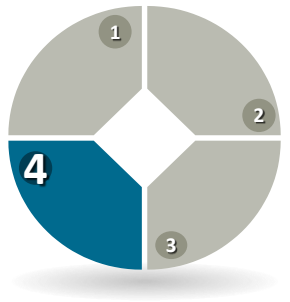Services may be reauthorized if a FCS enrollee continues to need services

Referrals

Anyone can refer a potential enrollee to the FCS program

- Potential Enrollee
- Family member
- Provider
- Aging and Long-term Support Administration (ALTSA)
- Division of Behavioral Health & Recover (DBHR)

Quick Reference Guide is a tool to quickly evaluate if a potential enrollee may be eligible for Supportive Housing and/or Supported Employment services. The Quick Reference Guide can be downloaded at our Provider web site at: https://providers.amerigroup.com/pages/wa-foundational-community-supports.aspx
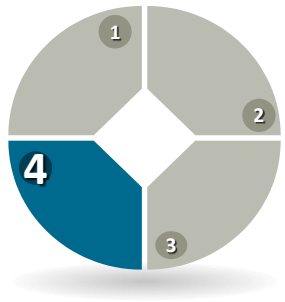
4 Foundational Community Supports (FCS)

Next steps
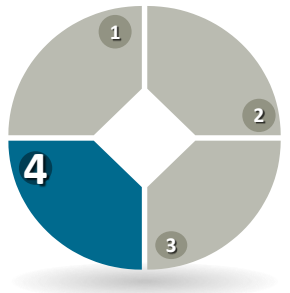
Healthier WASHINGTON

Where are we going?

Access

2018: Establish a comprehensive provider network to serve clients statewide

Quality

2019: Institute continuous quality improvement standards

Sustainability

2021: Evaluate effectiveness, with the goal of continuing FCS as a permanent Medicaid benefit

ACH stakeholder resources

Subscribe to the FCS Newsletter:

https://public.govdelivery.com/accounts/WAHCA/subscriber/new?topic_id=WAHCA_410

Referral form:

https://providers.amerigroup.com/Documents/WAWA_CAID_TPA_ReferralForm.pdf

Event calendar:

https://teamup.com/ksv22d5h8itsdiwqwx

We'd love to hear from you

Jon Brumbach

Senior Health Policy Analyst
Health Care Authority

Jon.Brumbach@hca.wa.gov

Amerigroup TPA

FCSTPA@Amerigroup.com

1-844-451-2828

More information is available online:

Healthier Washington: *www.hca.wa.gov/hw*

Amerigroup FCS Provider site:
https://providers.amerigroup.com/pages/wa-foundational-community-supports.aspx

Amerigroup FCS Client Site:
https://www.myamerigroup.com/washington-fcs/home.html

Healthier WASHINGTON