

Location	Attendees
Virtual	Governing Board Members Present: Molly Morris, Nancy Nash Mendez, Becca Davenport, Carlene Anders (Left at 10:40), Cathy Meuret, Deb Murphy, Dell Anderson (left at 11:35), Kaitlyn Quirk, Rosalinda Kibby, Senator Warnick, Ray Eickmeyer, Ken Sterner (joined at 10:00), Theresa Adkinson (joined at 10:55) Governing Board Members Absent: Jesus Hernandez, Lisa Apple, Kelsey Potter, Ramona Hicks, Michael Tuggy NCACH Staff: Linda Parlette, John Schapman, Caroline Tillier, Wendy Brzezny, Joey Hunter, David Goehner, Teresa Davis – Minutes
Agenda Item	Minutes Minute
Review of Agenda & Declaration of Conflicts	 Meeting called to order at 9:00 AM by Molly Morris. Molly started the meeting with a land acknowledgment. Honoring the open meetings act, all conversations need to be public. You can chat with staff member that is monitoring the chat and they can relay your message if you are having trouble speaking. Declarations of conflicts: None
• 2022 Budget	NCACH staff went through the draft 2022 organizational priorities and budget estimates
	 Goal for today is to get feedback to make adjustments and bring back for another review at the November Board meeting. We are moving from a health through healthcare focus and quality to addressing whole person health and health equity We are also emphasizing moving from individual projects and being a "grant funding" agency to one that brings individuals together to drive systemic change Our new mission is helping us envision how we do our work in a different way and how we fund partners in support of our new mission statement. Staff has come up with 5 strategic goals that align with the NCACH Mission Statement and Guiding Principles. Goal #1 - Invest in skill building and capacity building for our organizations and communities in order to develop a culture of equity. Discussion: Equity – How do you plan to financially support bullet #1 financially support diversity, equity and inclusion (DEI) trainings in community as consultants are expensive? \$9,000 does not seem like enough. John will do some more checking into this and may bring a different number back in November based on research and Board feedback.

Goal #2 - NCACH will increase cross-sector collaborations and integrated partnerships at local and county levels in order to promote coordinated whole system responses to whole person health needs.

Discussion:

- Molly noted that the work that she did at the hospital was a drain on the hospital. Likes that there will be a
 consultant to help tell the story.
- Ray thinks that this goal will make the biggest impact and difference. This is where we need to be.

Goal #3 - NCACH will increase the network of behavioral health supports across the community in order to improve health outcomes for people struggling with behavioral health issues

Discussion:

- This is our biggest weakness not just us, but the whole state. If you are COVID positive and need detox, you can't find a bed. We need more funding, we need to look for more funding. Wendy agrees she believes in planning and assessment, then wants to come back to the Board or go for funding opportunities.
- Sen Warnick agrees with Ray this is a very important issue. Especially interested in expanding the recovery coach program in the jail. Wants to make sure that we are partnering with Hope Source. Joey responded that we are partnering with Hope Source, we are just waiting for the paperwork to come through. Joey noted that throughout the state numerous detoxes are shutting down due to workforce shortages.
- Dell noted that we need to turn one of these meeting that are already convening into a meeting that can start making changes instead of just reporting out.
- Kaitlin would like to see a similar model that Joey has created for family support in Behavioral Health.
- Molly Suggestion Behavioral Health 101 training can we roll that out?
- Ken Are the systems recognizing each other jail vs hospital? Ken would like to see a member of law enforcement on our Board.
- Nancy Buckets are very helpful especially as we look for future funding.

Goal #4 - NCACH will build pathways for North Central partners and residents to have a voice in local and state policies in order to ensure that solutions effectively support our region's needs and the health of our residents

Discussion:

- Nancy said this is so important especially post COVID. Is \$4,000 enough?
 - We believe this will be mostly staff time dedicated to this. If we find that we need to hire consultants, we may come back to the Board for that. We also anticipate that something like that may not come until the 2023 budget year.

Goal #5 - NCACH will increase capacity-building supports for partner organizations doing work to address social determinants of health, care coordination and behavioral health in order to help them respond to demand for services.

No Board discussion on this one

Budget:

The budget will be divided into 5 buckets.

- Capacity Building-Range of in-kind investments (e.g. trainings, learning activities, underwriting evaluations or planning)
- **Organizational Redesign**-Funding for organizations to work on internal processes and systems that will set them up for cross-sector collaboration
- **System Redesign**-Funding for cross-sector collaborations and partners working on joint efforts to achieve whole person health
- **Operations**-Staff support for work with partners (convening, facilitating, planning, project management), administrative support for organization, purchase of physical items to support both operations and initiatives
- Consultants-Subject Matter Experts to support partners with their work, support to build out NCACH strategic vision and 3 Pillars

Does this include any COLA increases? John said this number may change after the HR Firm evaluates our job descriptions. It also does not account for any possible future staff.

Cathy – clarifying that John will go back and look at the equity bucket to make sure that we do not need more funding in that bucket.

Questions in order to approve budget?

Ken – would like to know about cash flow – When do we get money?

Molly – Wants to make sure that we loop in Board members that were not here so that we do not have to review in order to pass.

Theresa – Would like to see mapping of regional spread for funding. Would like to also see a historical context of the funding by region/county.

Distributed Leadership	 Chris Kelleher & Caroline Tillier gave a presentation on distributed leadership then the group went into breakout rooms to discuss the following Share and discuss reflections from the reading and the materials shared today How have decision making, priority setting, and accountability worked under the MTP? How should they change in the future state? How do we build trusting relationships across the region and develop a common vision despite conflicting agendas? What from the article resonated with you?
	 Report out after breakouts: Clarity in roles – so that people know why they are attending. Knowing when to lead and when to follow. Better training and orientation for Board members – especially consumer seat. To be interested in leadership or participation there has to be a reason or passion. If not, there is no focus. In the past board members tried to get too far in the weeds and that has hindered progress. We are slowly building trust across the region. Get to know other Board members better (have a cup of coffee together) EMS has been doing this model for 31 years and thinks it will be successful with the ACH Building trust – orientation process – everyone needs a job. Have a public notice for open Board seats. Have back admin support for grassroots orgs that receive funding. As a coalition member in the past, has not felt that she felt the she fit in. Seeing the presentation today, she saw
	 many areas where early learning could fit in. Likes the orchestra analogy – everyone will fit even without a conductor. People need to understand why they are at the table. We need to be aware of the power at the table – really need good facilitator's to include all (even the quiet ones). Suggestion of an annual overnight Board / Staff retreat to really get to know each other. Joey is leading by example and showing our NCACH about going to meetings and grassroots organization where they are.
To be sent after the meeting	 Budget (revisions and something to show past county/regional spread) Link to the recording Link to equity information that John and Nancy presented at the end of the meeting