

Location	Attendees
Family Health Center, Omak WA	Christal Eshelman, Malcolm Butler, Dawn Anderson, Lori Jones, Jesus Hernandez, Tracy Miller, John McReynolds, Amy Nauv, Rachel Levi, Teresa Davis – Minutes Phone: Caroline Tillier, Courtni Fairbanks, Paul Hadley, Mike Warren, Jim Mitchell, Laura Brumfield, Dina Goodman
Agenda Item	Minutes
Minutes	Christal Eshelman reviewed the minutes, minutes accepted.
2019 Round 1 Rapid Cycle Opioid Application	<p>Reviewed and endorsed proposed funding package for 2019 Round 1 Rapid Cycle Opioid Applications – received 9 applications for a total amount of \$78,000.</p> <p>After the scoring process, the following five organizations received the highest scores with a total funding request of \$48,160 (\$50,000 was allocated by the NCACH Governing Board for this round of applications). Will be recommended for funding to the NCACH Governing Board for approval.</p> <ul style="list-style-type: none"> • Lake Chelan Community Hospital \$8,160 - Increase availability and knowledge of Naloxone to BLS EMS responders and decrease number of opioid overdose deaths • Grant County Health District \$10,000 - Use harm reduction framework that meets the clients where they are in their desire for treatment, wound care, and access to other healthcare needs • Three Rivers Hospital \$10,000 - Reduce opioid abuse and overdose deaths by providing education, increased access to naloxone, and a place to safely dispose of medications • Washington 2-1-1 \$10,000 - Those with mobile phones will have instant access to local, state, and national resource information regarding opioid abuse, proper storage and disposal of opioids, and locations for treatment and support services. • Coulee Medical Center \$10,000 - Increase access to MAT and reduce opioid abuse <p>Lauri Jones noted that Naloxone can be obtained for free from UW. She also asked if there was any way to request more funding from the NCACH to fund more of the projects. Malcolm replied that the NCACH has allocated this amount and we need to stay within those parameters. Lori also noted that DOH also provides supplies for syringe exchange and there are other resources out there to get supplies.</p>
March Distributed Conference	<ul style="list-style-type: none"> • Planning committee – First meeting December 6th will be conference call. • Proposed date – March 15th – Opioid Response Conference. There will be a facilitator at each location. • Keynote speaker ideas – Lori Jones, Caleb Banta-Green, Dr. Kevin McCauley, email other ideas to Christal
Public Education	<p>\$30K budget for Opioid Awareness – asking committee to review the proposal and submit comments to Christal by Wed. RFP will be distributed through list serves. Suggestion to also send to marketing companies.</p> <ul style="list-style-type: none"> • Reviewed Draft Public Education Procedures • Projected targeted audience would be hard for an applicant to understand. Be more specific about demographic. Narrow the scope. <p>Christal will look at some data to see if there is an obvious demographic that stands out. Lori will be doing an opioid assessment for Ok County. Jesus noted that parenting is a good place to start as parents determine a lot of the behaviors that children develop.</p>

	<ul style="list-style-type: none"> • RPF reviewers – John McReynolds email Christal if you are interested.
Other 2019 Initiatives	<ul style="list-style-type: none"> • 2019 NCW Opioid Response Summit – focus on recovery? Keynote/Speakers? Send Christal ideas • Dental Opioid Prescribing Workshop – First committee meeting November 27th – Training on Opioid prescribing guidelines, will be trying to get CE credits. • School-based Prevention – project period 2019-2020 school year • Narcan Training and Distribution – procedures to be reviewed at December Opioid Workgroup Meeting. Partner with other organizations for training and distribution. Lori will send her tracking info that she uses with UW. <p>Recovery Initiatives/Events – TBD</p>
Opioid Workgroup in 2019	<ul style="list-style-type: none"> • Christal shared the proposed 2019 meeting schedule (See meeting packet for schedule) • Structure of NCW Opioid Stakeholders group going forward - North Central Washington Opioid Addiction and Treatment Stakeholders Group has merged with the NCACH Regional Opioid Stakeholders Workgroup <p>Membership and Revised Charter of NCACH Opioid Workgroup presented, key changes to the charter are...</p> <ul style="list-style-type: none"> • Workgroup membership is open to any stakeholder who signs the Membership Agreement and agrees to Member Responsibilities • Meetings open to everyone • Meet at least quarterly • North Central Washington Opioid Addiction and Treatment Stakeholders Group has merged with the NCACH Regional Opioid Stakeholders Workgroup • 75% attendance required <p>Group accepted proposed changes and meeting schedule. The Charter will be proposed to the NCACH Governing Board on Dec. 3rd.</p>
2018 Rapid Cycle Opioid Awardee Presentations	<p>The following round one rapid cycle recipients gave presentations to the workgroup on the progress of their projects.</p> <ul style="list-style-type: none"> • Substance Abuse Prevention Program Pilot - Methow Valley School District – Focusing on doing an assessment first, goal is to pilot a school based substance abuse program at Liberty Bell High School. Has had some key interviews and is putting together some focus groups. Malcolm suggested getting information on addiction to faculty. • Mid-Valley Community Opioid Treatment Plan - Mid-Valley Clinic – Trying to get all of the MAT providers in the area on the same page so that patients are not bouncing from provider to provider. Providing PHQ9, Naloxone kit distribution. Narcan vs Naloxone – Naloxone was a lot less expensive. Malcolm would like more info on the success of Naloxone. • Rapid Response to Resources – Washington 211 - Lauri Jones gave an overview of the text opioid 898211 to receive info on opioids, recovery resources, daily affirmation – distributed over 2500 flyers, before the movie ad will be shown 242 times a month. • Creating Resilience Against Opioids - Family Health Centers – Love and logic classes targeting parents of young children, Partnering with K-12, coalitions and other med providers. • Drug Disposal Kiosk - North Valley Hospital – Funding purchased a kiosk that is inside the NV lobby and 12 disposals. Partnered with many providers to disperse info on the take back box. Malcolm suggested an insert with the opioid prescription.
Assignments	<ul style="list-style-type: none"> • Review the following and send feedback to christal.eshelman@cdhd.wa.gov by Nov. 21st <ul style="list-style-type: none"> ○ Proposed date of March 15th for Opioid Response Conference ○ Public Education RFP ○ 2019 Proposed Meeting Schedule and updated Workgroup Charter