North Central Accountable Community of Health

Regional Opioid Workgroup Meeting
February 21st, 2020 1:00 PM – 2:30 PM

Location	Attendees
Virtual Meeting	Dr. Butler, Joyous Van Meter, Dr. Pack, Samantha Krumdeak, Chenia Flint, Donnie Guerrero, Jackie Weber, Holly Martin, John McReynolds, Laurel Auberg, Julie Rickard, Maria Swinger-Inski, Steve Crown, Jim Mitchell, Kelsey Gust, Marlene Barker, Amelia Davis, Cathy Meuret, Keith Madson, Lauri Jones **NCACH Staff**: John Schapman, Linda Parlette, Christal Eshelman, Tanya Gleason, Sahara Suval, Teresa Davis – Minutes

Agenda Item	Minutes
Welcome & Review of Steering Committee Meeting	Christal explained that these meetings are quarterly and the steering committee meets monthly when the workgroup does not meet. **At the last steering committee meeting…** • Reviewed 2020 Project Plan • Discussed targeted Narcan distribution to try to come up with better ways of distributing because we did not get as much out there as we would have liked to. • Decision – The state provided an Elevate Recovery Advocacy training for free. We had money allocated to provide this training. The steering committee decided to reallocate that money and put it toward more stories of recovery videos.
Rapid Cycle Awardee Presentations	**John McReynolds, North Valley Hospital** presented on their rapid cycle application • Target Audience were students, teachers, and parents. • Had a speaker, Ron James, who previously struggled with drug and alcohol use. He presented to the schools on October 24th. His message focused on drug and alcohol, making positive choices, the stigma of drug use, and the impact of our decisions. • They also had breakout sessions throughout the day. One of the topics covered on the parent teacher breakouts was diversion and the first exposure to drugs is generally opioids and how it is usually through old prescriptions that are still in the medicine cabinet. • They were able to promote the take back box at North Valley Hospital throughout the day. **Keith Madsen Direct Service AmeriCorps Member Focusing on Opioid Outreach and Education** talked about their progress on their Rapid Cycle project: • He has been doing presentations to various groups throughout the community. • He has made contact with many schools and has presented to 5 high school health classes, the college, 3 middle schools. He has presented to over 350 people and continues to book more presentations.

2020 Project Plan	**Christal went over the 2020 project plan. Budget has been approved by the NCACH Governing Board.**
	• **Rapid Cycle Application** Listed the 7 awardees from the last rapid cycle application
	• **Opioid Response Conference** scheduled May 8, 2020. Theme – Pathways to resilience.
	  o Looking for host sites and will have an info session on that.
	  o Will be a distributed model conference.
	  o If you are interested in being a site let Tanya know.

	o Those sites will be eligible to apply for a micro grant to put the plans from the day into action. o Deb noted that the Coalition of Children and Family is planning their semi-annual meeting and the content of their event is complementary to the Opioid Conference, Deb will send Tanya the flyer hoping that the two groups can coordinate and collaborate. • **Opioid Education and Awareness RFP –** Digital Media Northwest was selected for this project for the entire region. • **School Based prevention –** This project is getting underway. In 2020, $120K was allocated. Working on getting the plans finalized and coming up with ways of implementing them. • **Opioid Prescriber Coaching Network –** Money has been allocated to Julie Rickard to provide coaching to providers in our area. This project will be getting started very soon. • **Targeted Narcan Training and Distribution –** Last year we had a reimbursable application of up to $750. We did not get a lot of interest in it, we assume this is because it was a cumbersome process. Propose that we do something different this year. Idea to distribute the $5k to one organization in each LHJ. For this funding it would be required that you provide training, outreach etc. **Discussion:** • Does Medicaid cover Narcan? Yes. • There is a website where people can print a prescription with a standing order from a physician. Laurel will forward the information to Christal, so that she can get this information out to the public. • **Decision:** Group decided to accept this proposal. First option will be given to the Health Districts, if they do not have the capacity to manage, will find another organization. • **Recovery Coach Academy Trainings** - The coaches that were trained in the fall will be providing trainings in Wenatchee, Moses Lake and Omak. Have also contracted with the original trainer – he will be onsite at the trainings to provide support to the trainers for their first trainings. • **Recovery Series** - Stories of Recovery, contracted with DMNW to do three additional videos and two event videos. Dr. Butler challenged the group to watch the stories of recovery as they are very remarkable. • Christal announced that she is leaving the NCACH and Tanya Gleason will be taking over the Opioid Project.
CDHD Overdose Notifications	**Joyous Van Meter** presented on the CDHD Drug Overdose notifications. • 39 incidents of overdose in 2019 (this seems low, not sure that the numbers are reliable yet.) • There is about a three month lag in the time of the incident and time it is reported • About half received Naloxone • Would like to expand to have police and coroners reporting as well • Trying to get to the bottom as to why EMS is not reporting
Recovery Coach Network	Christal went over the recovery coach network idea that came out of the CPTS group • Will have coaches available at release from jail in the AM when there are no resources available. • These coaches will stay with them for a couple of hours and help plan out their day. • NCACH approved funding of the pilot, Aetna has also committed $70,000 to this for 2020 and will likely fund more in future years. • Is there talk of spreading? Will start in Chelan County, then expand to other counties and the Tribal jail.

	• John Schapman will be the point person for this project.
Roundtable	• Have requested the prescription data from pre and post dental prescribing conference. Tanya will report back to the group when she receives the data. • Steve Crown, Wenatchee Police Chief – Orchard Middle School is interested in having Narcan in their office. Cathy noted that they are already working with the Wenatchee School District to get it in all of the schools. • There was talk of a needle exchange at the Wenatchee City Council meeting. Steve Crown would like some more information (especially statistics) on this. Malcolm noted that they have been presenting to the Chelan Douglas Board Of Health. Julie elaborated that the BOH asked them for feedback on other programs. aShe will invite Steve to the next meeting. Julie also said that they are gathering data from the parks departments and first responders to bring back to the BOH.