2019 Community Health Needs Assessment Focus Group

County: Chelan-Douglas County Meeting: Chelan-Douglas County CHI Date: June 12, 2019

Strengths What contributes positively to the health of this county?	Weakness What does this county struggle with when it comes to health?

• Communication with service agencies
• *Resources available
• *Four Season recreational activities
• **Strong collaboration/willingness to collaborate
• *Willing to improve
• Strong outreach
• Sliding scale for health services
• Strong non-profit, needs based organizations
• **Multiple ways to get around/Public transits
• *Abundance of local foods
• Opportunities for wellness classes
• Access to evidence-based medicine
• Early learning collaborative
• Participation by diverse partners
• Urban area transportation
• Community involvement and advocacy for recovery
• Nami recovery coalition
• Farmers Market
• Access to fruits/vegetables
• Political advocates
• Growing culturally competent community
• Walkable communities
• Wenatchee Valley College – 4yr opportunity
• Young population compared to rest of state
• Safe city
• Retirement destination
• Power house ministries
• Access to recreation
• Investment in multilingual education
• Our Valley, Our Future
• Successful chamber of commerce
• Combining port districts
• ACH has created community conversation
• Library system
• *Integrated healthcare
• Social determinants of health are being used
• Strong access to primary care
	• Lack of cold weather activities
	• Lack of compassion with medical treatment
	  ○ Homeless feel judges going to ED
	  ○ No medical treatment
	• Lack of places to shower for homeless
	• Lack of police compassion
	• Lack of mental health education
	  ○ First-responders
	• Technology
	  ○ No free WIFI
	  ○ Lack of access to internet
	• *Poor school infrastructure
	• Few high paying jobs
	• Support groups that meet at varying times and speak varying languages
	  ○ Suicide
	  ○ Cancer
	  ○ Family members of those struggling with addiction
	  ○ Foster families
	  ○ Mental/behavioral health
	  ○ Sexual abuse
	• Cultural competency
	• ***Mental health access
	• *Dental care access
	• *Public transportation hours
	  ○ People getting off work late
	• *Transportation routes
	• Not in my backyard NIMBYism
	• Community communication
	  ○ Outreach
	  ○ Network
	• Population growing faster than infrastructure
	• No syringe exchange
	• No focus on regional needs
	• No interstate access
	• Large education disparity with Hispanic community
	• Low educational attainment
	• Silo government
	• Duplication of services
	• Access to Optometry care
	• *Community outreach to minorities
	  ○ Migrant workers
	• Low health literacy of population

	• Lack of services for Mid-class
	• Access to programs for autism, disabilities, etc.
	• *Substance abuse awareness
	• Negative stigma for those suffering with mental health, sexuality, immigration status, etc.
	• No Seasonal employment benefits
	• **Exposure to smoke and other chemicals
	• *Affordable housing
	• No diverse representation in health
	  ○ Policy makers
	  ○ Providers
	  ○ Women's issues
	• Elitist recreational activity
	• Rural transportation
	• Limited competition
	• Rise in homelessness population
	• Lack of services for homeless
	• Youth education
	• Insurance issues
	  ○ Lack of literacy
	  ○ Few plans to choose from
	• Access to free care
	• Lack of Maternity/Paternity services
	• Poor working conditions
	• Language barriers
	• Supply of new health workers

Opportunities
What could be done to improve the health of this county?
 	
• More education for social structures
  ○ Government
  ○ Social Resources
• "One Community" – Our Valley Our Future
• Central resource sharing and investment
• Being creative with/Increase awareness of NorthStar opportunity zone
• ACH Sustainability
• Expanded access to mental health
• Expanded access to Dental health
• *Engaging Youth
• Substance abuse treatment (Youth)
• Career connected learning
  ○ Education → Career pathways
• Use of data on social determinants of health
• Policies that support whole health on local level
• More opportunities to use benefits on fresh foods
• More community/clinical collaboration
• Leverage Pybus
• Learn from/Partner with state and federal partners
	Threats
	What is happening in this county that may cause future health problems?
	
	• **Wildfire smoke
	• *Aging Population
	• Practitioner shortage
	• *Lack of affordable housing
	• *Climate change
	  ○ Poor air/water quality
	• No interstate
	  ○ Limits in and out access
	• Maxed capacity in sewage and water
	• *** Vaping
	• Lack of maternal health education
	• No climate control in schools
	  ○ No AC/Central heating
	• Poor nutrition at schools
	• *Lack of mental health resources
	• Limited volunteers
	• Decreasing state and federal funding for non-profits
	• Increase in gang activity
	• Lack of activities for youth
	• Not enough state advocacy for central Washington

• Local university offerings
• Leverage free outdoor activities
• Outreach to minority populations
• Increase in state resources
  ○ Amazon, Microsoft, etc.
• Re-use opportunities
• Aging population advocacy
• Expand public transit
• Creating of affordable housing
• Mental health awareness
• Social determinants of health awareness
• Alternative transportation options
  ○ Bike paths, walkways
• Low barrier homeless shelters
• Bilingual and Bi-cultural therapists
• Larger treatment and Detox center
• Alternative healthcare options
  ○ Naturopathic Medicine
  ○ Acupuncture
• Telemedicine
• Recovery Housing
• Better minority representation in leadership
• Free/No cost care – more open eligibility
• Compassion training for Police
• Home healthcare
• Better access for rural communities
• Safer agricultural practices
  ○ Pesticides
• **Health prevention education
• Education for service providers during fire season
	• Poverty
	  ○ Access to quality foods
	  ○ Transportation
	  ○ Stress from poverty
	• Lack of Infrastructure to deal with poor population
	• Limited early education
	• *Drug use
	• *Opioid epidemic
	• Timely access to quality healthcare
	• Silos
	• *Immigration policies affecting access to life necessities
	• Automation affecting agriculture workforce
	• Limited STEAM workforce to fill job listings
	• Increased cost of living
	• Segregation
	• Social Isolation
	• *Gentrification pushing out people
	• Obesity
	• Marijuana use in public places
	• Alcohol use/intoxication in public places
	• Overcrowded Jails
	• Limited recreational activities for rural communities
	• King County sending homeless to Wenatchee
	• Longer commutes due to rising rent
	• Lack of diversity in decision making entities
	• No recycling
	• Centralization of retail and health services
	• Food dessert
	• Lack of community gardens
	• Diabetes
	• Lack of Sex Ed
	• Lack of Suicide prevention in schools
	• No social workers in schools
	• The livelihood of Planned Parenthood