

## 2019 Community Health Needs Assessment Focus Group

County: Grant County

Meeting: Mattawa Community Meeting

Date: June 25, 2019

<p style="text-align: center;"><b>Strengths</b></p> <p>What contributes positively to the health of this county?</p> <ul style="list-style-type: none"> <li>• Effective use of local resources</li> <li>• **Strong community engagement</li> <li>• Willingness to help one another</li> <li>• Adults care for local youth</li> <li>• Multiple clinics collaborate to meet community needs</li> <li>• County is beginning to use preventative measures like needle exchanges</li> <li>• Close-knot community</li> <li>• Rural</li> <li>• Close relationships with providers</li> <li>• Favorable climate</li> <li>• Safe city</li> <li>• School acts as hub for public health resources and has a good relationship with local families</li> <li>• Possible to find transportation</li> <li>• Agencies working w/ community</li> </ul>	<p style="text-align: center;"><b>Weakness</b></p> <p>What does this county struggle with when it comes to health?</p> <ul style="list-style-type: none"> <li>• Financial assistance</li> <li>• *Cultural education</li> <li>• Absent parents due to working too much</li> <li>• *Poor nutrition</li> <li>• Lack of support groups</li> <li>• *Transportation</li> <li>• Don't know resources available</li> <li>• Not enough recreational activities (ex. Pools)</li> <li>• Culture of intolerance</li> <li>• *Low income</li> <li>• Undocumented population</li> <li>• Lack of wireless coverage (Mattawa)</li> <li>• Expensive housing</li> <li>• Too much subsidized housing that does not bring in revenue</li> <li>• No local competition which leads to price gouging</li> </ul>
<p style="text-align: center;"><b>Opportunities</b></p> <p>What could be done to improve the health of this county?</p> <ul style="list-style-type: none"> <li>• Community-based events</li> <li>• *Resource Fairs</li> <li>• Multi-lingual services</li> <li>• Sensitivity awareness (ex. LGBTQ)</li> <li>• More proactive education to inform community of available resources</li> <li>• Bridge gap between healthy food and finances</li> <li>• Collaboration between city and county</li> <li>• More rental space for offices</li> <li>• Grant opportunities and grant writers</li> <li>• Improve public transportation to rural areas</li> <li>• Closer services</li> <li>• Better partnerships</li> <li>• Support those who are motivated to ignite change</li> </ul>	<p style="text-align: center;"><b>Threats</b></p> <p>What is happening in this county that may cause future health problems?</p> <ul style="list-style-type: none"> <li>• Lack of things for kids to do</li> <li>• Extreme amount of alcohol advertising</li> <li>• Poverty</li> <li>• Mental health issues</li> <li>• Language and education barriers between children and parents</li> <li>• Parents will not refer children due to the stigma of mental health</li> <li>• Home remedies over the use of traditional healthcare</li> <li>• Climate change causing fires</li> <li>• Poor nutrition</li> <li>• Hard to retain employees locally</li> <li>• No medical or financial assistance for undocumented immigrants</li> <li>• Lack of access to treatment for drugs and alcohol</li> <li>• Lack of parental involvement</li> <li>• Lack of support for youth</li> </ul>