

February 2016

Dear Medicaid Client:

This letter is to inform you of changes to how publicly funded behavioral health (mental health and substance use disorder) benefits are delivered in Washington State. Currently, everyone who receives Medicaid coverage for mental health services is enrolled in a Regional Support Network (RSN). An RSN is a local organization that oversees mental health benefits for all Medicaid enrollees in their region.

### What is changing?

- On April 1, 2016, the RSNs will become Behavioral Health Organizations (BHOs).
- BHOs will oversee and fund treatment for mental health and substance use disorders.

### How will I get services starting April 1?

- You will have a choice of treatment providers within your BHO region. Please refer to your Behavioral Health Benefits Book for more information (<https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/documents/mhbbenglish082013.pdf>).
- You can find the BHO for your county on the chart inside.
- If you have questions about this change, contact your BHO.
- **If you are an American Indian or Alaska Native, this change will have no impact on receiving behavioral health services through a Tribal program.**

### Do you live in Clark or Skamania County?



If you live in Clark or Skamania County, your behavioral health benefits will not change. However, a managed care plan will coordinate and pay for these services. You will have one point of contact for all your behavioral health services. If you are not enrolled in an Apple Health Plan or do not know who your Apple Health Plan is, call the Washington State Health Care Authority at 1-800-562-3022. (The TTY/TDD line is 711 or 1-800-848-5429.)

### How do I get services now?

**If you are currently receiving services:**

- You will continue to see your current provider until you complete treatment.

**If you are not currently receiving services, but feel you or someone you know may need services:**

- Contact the Washington Recovery Help Line for a free referral to treatment providers in your area: 1-866-789-1511 (TTY 1-206-461-3219).

*Please open and read this flyer.*

**Important  
information  
doesn't always  
come in an  
envelope.**

If this is not in a language you can read, please call 1-800-562-3022 for help. (TTY/TDD only 1-800-848-5429).  
ENGLISH

သင်ဖတ်နိုင်သည့်ဘာသာစကားဖြင့်မရှိလျှင် အကူအညီအတွက် ၁-၈၀၀-၅၆၂-၃၀၂၂ သို့ ကျေးဇူးပြုပြီး ခေါ်ဆိုပါ။ (TTY/TDD အတွက်သာလျှင် ၁-၈၀၀-၈၄၈-၅၄၂၉)  
BURMESE

اگر این زبانی نیست که بتوانید بخوانید، لطفاً برای کمک با شماره 1-800-562-3022 تماس بگیرید. فقط برای TTY/TDD، با شماره 1-800-848-5429 تماس بگیرید.  
FARSI

Yog koj nyeem tsis tau yam lus no, thov hu xovtooj rau 1-800-562-3022 uas yuav muaj kev pab. (TTY/TDD hu rau 1-800-848-5429).  
HMONG

No daytoy saan a pagsasao nga inka mabasa, pangaasim ta awagam ti numero 1-800-562-3022 tapno matulungan ka. (TTY/TDD laeng 1-800-848-5429).  
ILOCANO

Yoo afaan waraqaan kun ittiin barreffame dubbisu hindandeesu ta'e, lakkoofsa bilbila 1-800-562-3022 bilbli gargaarsa gaafadhu. (TTY/TDD qofaaf 1-800-848-5429).  
OROMO

Dacă nu este limba pe care o puteți citi, vă rugăm să telefonați la 1-800-562-3022 pentru asistență. (Numai pentru persoanele cu deficiențe de auz 1-800-848-5429).  
ROMANIAN

Afai e le o tusia ile gagana e mafai ona e faitauina, fa'amolemole telefoni ile 1-800-562-3022 mo se fesoasoani. (TTY/TDD 1-800-848-5429 mo na ole vaega lea).  
SAMOAN

Ako ovo nije pisano na jeziku koji Vi čitate, molimo da nazovete 1-800-562-3022 za pomoć. (TTY/TTD jedino na broj 1-800-848-5429).  
SERBO-CROATIAN

Kung hindi ito nasa isang wika na inyong mababasa, mangyaring tumawag sa 1-800-562-3022 para matulungan. (TTY/TDD lamang 1-800-848-5429).  
TAGALOG

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TIGRIGNA

Use this chart to find the BHO serving the county where you live.

Behavioral Health Organization Contacts Starting April 1, 2016	
<b>Great Rivers BHO</b>	Counties Served: Cowlitz, Grays Harbor, Lewis, Pacific, Wahkiakum
	Telephone: 1-800-392-6298
	Website: <a href="https://www.grbho.org">https://www.grbho.org</a>
<b>Greater Columbia BHO</b>	Counties Served: Asotin, Benton, Columbia, Franklin, Garfield, Kittitas, Klickitat, Walla Walla, Whitman, Yakima
	Telephone: 1-509-735-8681 or 1-800-795-9296
	Website: <a href="http://www.gcbh.org/">http://www.gcbh.org/</a>
<b>King County BHO</b>	Counties Served: King
	Telephone: 1-800-790-8049
	Website: <a href="http://www.kingcounty.gov/healthservices/MentalHealth/Services/Outpatient.aspx">http://www.kingcounty.gov/healthservices/MentalHealth/Services/Outpatient.aspx</a>
<b>North Central BHO</b>	Counties Served: Chelan, Douglas, Grant
	Telephone: 1-509-886-6318 or 1-877-563-3678
	Website: <a href="http://www.cdrsn.org/">http://www.cdrsn.org/</a>
<b>North Sound BHO</b>	Counties Served: Island, San Juan, Skagit, Snohomish, Whatcom
	Telephone: 1-360-416-7013 or 1-800-684-3555
	Website: <a href="http://www.nsmha.org/">http://www.nsmha.org/</a>
<b>OptumHealth-Pierce County BHO</b>	Counties Served: Pierce
	Telephone: 1-253-292-4200 or 1-866-673-6256
	Website: <a href="https://www.optumhealthpiercersn.com/portal/server.pt">https://www.optumhealthpiercersn.com/portal/server.pt</a>
<b>Salish BHO</b>	Counties Served: Clallam, Jefferson, Kitsap
	Telephone: 1-360-337-7050 or 1-800-525-5637
	Website: <a href="http://www.kitsapgov.com/hs/prsn/prsnmain.htm">http://www.kitsapgov.com/hs/prsn/prsnmain.htm</a>
<b>Spokane County Regional BHO</b>	Counties Served: Adams, Ferry, Lincoln, Okanogan, Pend Oreille, Spokane, Stevens
	Telephone: 1-509-477-5722 or 1-800-273-5864
	Website: <a href="http://www.spokanecounty.org/mentalhealth/">http://www.spokanecounty.org/mentalhealth/</a>
<b>Thurston-Mason BHO</b>	Counties Served: Mason, Thurston
	Telephone: 1-360-867-2602 or 1-800-658-4105
	Website: <a href="http://www.co.thurston.wa.us/health/ssrsn/index.html">http://www.co.thurston.wa.us/health/ssrsn/index.html</a>



### Other Resources

- For more information on behavioral health services: [www.dshs.wa.gov](http://www.dshs.wa.gov)
- For tips on preventing underage use of alcohol and marijuana: [www.StartTalkingNow.org](http://www.StartTalkingNow.org)
- Help for teens (a teen-answered help line): [866teenlink.org](http://866teenlink.org) or 1-866-833-6546

