

## Chelan-Douglas Coalition for Health Improvement Meeting

### MEETING NOTES

3:00PM to 4:30PM, May 9th, 2018

#### 1) Introductions- **ALL**

**Attendance:** SEE SIGN IN SHEET

#### 2) North Central Accountable Community of Health (NCACH) Updates:

##### Governing Board-Brooklyn Holton

- Monthly Meeting Roundup will be sent out to Stakeholder List
- Governing Board had a Retreat and the Focus was on the Financial aspect
- The Governing Board finalized and approved some dollar amounts and the direction for next couple years
- One RFP for the Pathways HUB was submitted from Community Choice. The application will be assessed and scored
- Applications close on Friday, May 11th for Opioid Funding
- There have been Board representation shifts and the consumer spot is open on the Governing Board

#### 2) Success Stories within the Community-Brooklyn Holton

- The Success Stories show the direct impact of the individuals
- Highlights non-traditional partnerships
- The Success Stories can help the CHI figure out how to have a regional view at the grassroots level
- Literacy Council/Community Action
  - ◆ Provides English Language education to other speaking language individuals
  - ◆ When someone is unable to speak English the outcome can inhibit the individual from getting a job. The individual is unable to have higher education. This in return can cause them to not be able to work or achieve a high paying job. Sometimes the family has a child speak in English to others. The child may not understand everything like an adult would.
  - ◆ The Literacy Council served 239 individuals in the whole year/annually
  - ◆ Learning English helps an individual's overall health
- Plaza Super Jet
  - ◆ Provides employees with increasing pay and added four dollars to minimum wage
  - ◆ The Plaza Super Jet has less turn over than a place of employment that offers only minimum wage
  - ◆ The owners support the employees with benefits and leave time
  - ◆ The employer is removing barriers for the employees
  - ◆ Employment is a huge determinant of health and can have an effect of overall health

#### 3) Goals and Use of CHI- Kelsey Gust and Brooklyn Holton

- At the March Chelan-Douglas CHI Meeting, the attendees discussed the goals and the use of the Coalition of Health Improvements

- The goals and use were put into lists
- There are different organizations within the CHI that could collaborate
- The intent is for the attendees to have opportunities to achieve the goals and fulfill the use of the CHI
- Question: Are all 3 CHIs making lists of their goals and the use of the CHI?

The other two CHIs (Grant and Okanogan) do not have the lists and have not talked about the goals. But the plan is to talk to the Leadership Councils about doing so in those counties.

#### 4)Health Care Authority (HCA) Performance Metrics- Sahara Suval

- HCA holds the ACH accountable by metrics
- The metrics are complementary to the work groups
- There are 4 work groups and 6 projects
- Behind every metric there is a problem. Within the problem there is a root cause.
- Prevention Strategies for Health Issues or Conditions:
  - 1) Primordial (e.g., banning cigarettes or seatbelt laws)
  - 2) Primary (e.g., receiving vaccinations, eating nutritious meals, exercise, reproductive health education and services)
  - 3) Secondary (e.g., screening tests for common risks, like colonoscopies, blood pressure, behavioral health services for those who may be at risk of suicide)
  - 4) Tertiary (e.g., insulin for diabetes management; SUD services and support)
  - 5) Quaternary (e.g., protecting homeless or elderly from over-diagnosis or being excessively medication, palliative care; support services for those with lifelong disabilities)

#### 5)Metric Small Groups-ALL

- The attendees of the meeting separated into 3 small groups
- Groups chose a problem on the metric grid
- They filled out a worksheet to determine what could be done for the selected problem

#### 6)Round Table-ALL

-Discussion of what each group found interesting

- Group 1) Reduce Medicaid Arrests:
  - When people are arrested their medical insurance stops. When a person is in jail that could be an opportunity to help. We need to see their insurance continue. The counties need to fund behavioral health provider and SUD.
- Group 2) Outpatient Emergency Department Visits Per 1000 Member Months:
  - All of the goals for the CHI align with the prevention strategies
- Group 3) Discharge from Emergency Department for Mental Health:
  - 4 or 5 goals align with the CHI goals
  - A strategy would be to educate the population and providers
  - Have more support networks

#### 7)Meeting Adjourned

Proposed Action for Next Meeting: Start working on solutions for the metric problems

Next Meeting: June 13th, 3:00PM-4:30PM

