

# Population Health Workgroup

## Meeting Minutes

11/4/15 10:00 am- 11:00 am--Phone Only Meeting

Consistent Conference Call: 760-569-7171

Consistent Conference Code: 924903

Care Transformation DocVault Page: <http://www.mydocvault.us/regional-work-groups.html>

### Goal Statement:

The NCACH Population Health Team will leverage multi-sector, collaborative resources in developing sustainable, scalable processes for community health improvement. Under the direction of the NCACH Governing Board, the team commits to completing a pilot project on a diabetes population health issue, and specifically meeting the following SMART criteria for project goals and objectives:

- Sustainable: develop sustainable processes that can be readily replicated or expanded beyond the team's project
- Measurable: set measurable project goals and objectives
- Attainable: develop attainable and realistic project goals and objectives
- Relevant: set project goals that are relevant to the intended target and expectations of NCACH
- Time-sensitive: achieve timeline milestones and completing the project within timeline parameters

<b>Meeting Facilitators:</b> Cathy Meuret		<b>Participants:</b> Suda Soodsaard, Cathy Meuret, Elise Reich, Linda Belton, Christina Harville (for Lisa McDonald)		
<b>Meeting Notes:</b> Cathy Meuret				
<b>Meeting Timekeeper:</b> n/a				
Topic	Discussion	Follow-Up Work		
		Who	What	By When
Walk the Walk Program Update	<p>3 of 6 sessions are complete with 4<sup>th</sup> session scheduled today. First 3 sessions have been based on MyPlate curriculum. Today's class focuses on diabetes. Guest speaker is Michael Shull, a volunteer lay diabetes educator working with Community Choice DSME programs.</p> <p>No snack donations for today's classes.</p> <p>Thursday November 12 course changed to Tuesday November 10 as there is no afterschool program on Wednesday or Thursday next week . Course will focus on Medical and Dental Visits.</p>	<p>Linda Cathy</p> <p>Elise will send resources on dental care and will seek a dental assistant as a guest presenter.</p> <p>Cathy will contact Linda Michael,</p>	<p>Snacks</p> <p>Class Lesson plan for session 5.</p>	<p>Cathy and Suda will pick up on way to school.</p> <p>Instructors and Assistants: Watch for class lesson</p>

		ARNP, at CVCH for input on routine pediatric medical visit.		plan on Monday.
Overall Project Status	Classes are small but they attendance is not mandatory. Students are receptive and participate in learning. Evidence of retention from class to class of previously presented content.	All		
Next Meeting	Meet via phone conference on November 18 from 8:00 pm- 9:00 am.	All		

Next Meeting: November 18, 2015 from 8:00 am-9:00 am. Phone call only.