

Chelan-Douglas Coalition for Health Improvement
February 12, 2020

Focus Area: Health Education

Describe the problem we are trying to solve.

- Health efficacy
- Improve awareness of what's available
- Health literacy
- More effective communication
- Discharge nurse educate/liaison to community
- What are the barriers to accessing health education?

What information do we have on this issue or currently know?

- Personal networks/information sharing
- Differences of provider education/community health education
- Importance of family components
- Health education generally siloed, not enough cross referrals or communication between organizations
- Difficulty communicating with providers-no follow up

What work is already underway or planned in this area, and how could we learn from and/or support it through the CHI?

- Health education being provided at multiple organizations
- Interest in health education is available

CHEN (F2F, Love and Logic, SAIL, Freedom for Smoking, CDSMP, org. communicate)

What would successful outcomes of addressing the problem or need be?

- Connection/cross referral process
- CUS of Health Education:
 - Where do we go for information?
 - What health education are interested?

- What are the barriers?
- More holistic understanding of health incorporating Social Determinants of Health
- Provider/nurse education event
- Lifestyle Medicine

What do you think the next step would be if we were to take action on this problem or need?

- Provider education event
- Create a community survey-Confluence, Interagency, CCO

If a Chelan-Douglas CHI work group/sub-committee started working on this focus area. What would that group work on?

- Creating an Health Education provider event
- Survey Community
- Looking at all available Health Education opportunities (information gathering)