

Chelan-Douglas Coalition for Health Improvement
Meeting Minutes
3:00 PM to 4:30 PM, January 9, 2019

Introductions-All

Attendance: See Sign In Sheet

North Central Accountable Communities of Health (NCACH) Board Updates-Brooklyn Holton

- The Fiscal Year of 2018 is coming to a close.
- The SIM Funds for the administration fund has closed.
- Looking ahead at 2019 budget.
- At the Governing Board meeting, the question was asked to the Board members, “What do you want to see?”
 - Sustainable concepts and making sure that administration of the ACH receives support.
 - The Board also wants the perspective from the viewpoint outside of the Board.
 - Specifically, is the Board providing what they should? An overall, temperature check.
- Enhance more attention on the 6 projects of the North Central ACH.
- A Board Retreat is coming and Brooklyn will bring more information to the next CHI meeting.
- Pathways Community HUB Updates: The expansion idea for the HUB has evolved and Action Health Partners are seeking the most efficient way.
 - There has been some trouble with getting clients into the HUB.
 - Action Health Partners has tested the efficiency of using texts to get a hold of clients. Six out of 10 clients responded back through text.
- The Whole Person Care Collaboration is hiring and going to be using Qualis.
 - Qualis will be helping with coaching and data.
- Transitional Care and Diversion Intervention workgroup is still working with Emergency Care.
- Opioid Workgroup sent out an RFP for social marketing and will be reviewing the applications.

2019 CHI Funding Update- Sahara Suval

- NCACH Board approved 450,000 in the region.
 - There is going to be a funding distribution model.
- Sahara has been working with a consultant about the design of the process.
 - An advisory group will be formed and will be region wide.
 - Those on the advisory group will need to sign the Charter that was created for the advisory group.
- The funding name has changed to Coalition for Health Improvement Initiatives.
- A survey will be sent out to help us know the priorities of the community. There are eight questions in the survey and will take about five minutes.
- There are three CHI Coalitions in the region. Each Coalition has a Leadership Council and are seeking more members to be involved.
- The Leadership Council will be making sure that there is bi-directional communication between the advisory group and the NCACH Governing Board.

- The final decisions will go through the NCACH Governing Board.

Leadership Council-Kelsey Gust

- The Chelan-Douglas CHI is looking for members to be on the Leadership Council.
- The Leadership Council meets every month and has a regional conference call every other month.
- Attendees of the meeting received an index card to write down a person's name that he or she would like to nominate. This person could be someone else or themselves.
- Please send an email to [Kelsey Gust](#) if you would like to nominate a person to be on the Chelan-Douglas Leadership Council.
- In February, Kelsey Gust will send out the nominees names and members will vote for those who he or she thinks should be on the Leadership Council.

The Focus in 2019-All

- The attendees of the Coalition participated in an activity. The purpose of the activity was to see what the Chelan-Douglas CHI should focus on in 2019.
- At the CHI meeting in December 2018, attendees were asked to say a topic during the Round Table that he or she would like to see the CHI focus on in 2019.
- The Leadership Council decided to use an activity to help showcase those ideas.
 - On large paper, there are two categories with examples underneath. Each attendee was given three Monopoly one dollar bills. The attendees were able to put the dollar bills into any corresponding basket that he or she would like the CHI to focus on for 2019.

Hand In Hand Services: 2 votes

Examples:

- Can Link Plus establish a volunteer program that helps those needing more than transportation service?
- Can Link Plus be a referral source for the HUB?

Sustainable Change: 15 votes

Examples:

- What programs are great in the community but always see a struggle to be fully funded?
- Can we brainstorm alternative funding opportunities for different efforts?
- Can we have a network of "support letter requests" for agencies applying for Grants?

Capacity Building and Community Empowerment: 12 votes

Examples:

- Are agencies duplicating efforts while competing for the same funding?
- Where can the community get involved with organizations and efforts (e.g., Parque Padrinos as CHWs)?

Parenting Programs: 14 votes

Examples:

- How can we expand Love and Logic?
- Can we support NAMI in their trainings around mental health in the community and homes?

Education: 11 votes

Examples:

- How can we disseminate health information more effectively?
- How can we help health education programs that are already in place?

Community Involvement: 11 votes

Examples:

- Increase participation at the CHIs from community leaders and residents.
- What is the community involved in that we can assist with?

Relief Housing Crisis: 14 votes

Examples:

- Does the low-barrier shelter efforts need more volunteers or partners?
- How can we support the WRC of NCW with their recent housing grant from the Commerce?

Does anyone have any examples of projects or motivation for voting?

- Voted for Relief Housing Crisis to focus on at risk youth. There is a problem in our community because there is no shelter for youth.
- Voted for Parenting Programs because of Family Youth System Partner Round Table (FYSPRT) and community Children's Long-Term Inpatient Program (CLIP). Early intervention is key in development and the community needs more programs like Love and Logic. Schools and providers need to be connected.
- Voted for Parent Programs because there is a big need for parenting programs in the area. Only 60 percent of children are not kindergarten ready. Not being ready for Kindergarten can impact the rest of their school years. It is an important thing for the parents to be part of the process for getting children ready for Kindergarten.
- Voted for Sustainable Change because we do not have a fully functioning support system. There are so many services that are disorganized and not every organization knows what others are doing.
- Voted for Relief Housing Crisis because it has such a big impact for youth. There are no resources like youth centers. No shelters where full families can stay together and no affordable housing is available.
- Voted for Sustainable Change because we as a Coalition have a lot of power for systemic changes and making a difference that is sustainable.
- Voted for Hand in Hand Services because daily there are situations where elderly or disabled people are isolated and need extra support. If the elderly or disabled person had help then he or she could be more involved within the community.

- Voted for Parenting Programs because early intervention is key in a child's life. Some parents just say "I don't know what to do" and need education.
- Voted for Community Involvement because there needs to be more spaces and meetings where community members and students from the Community College and High School attend. The intent would be to create some sort of way to bring youth into these meetings.

Mobility Council Transportation Data-Nicole Campbell, Megan Parish and Kelsey Gust

- The Mobility Council Transportation Survey received 800 responses.
 - The majority of the responses were from the Wenatchee Valley.
- 37% of the respondents use public transportation.
 - 78% of the respondents selected bus/public transit for means of transportation.
 - It was asked why they take public transit and 121 responders said by choice.
 - The top 5 places people go on public transit are medical care, basic needs, employment, recreation and shopping.
 - 45% of respondents said they never have difficulty using public transit.
- 61% use active transportation and 82% use walking as the top mode of active transportation.
 - 163 respondents use active transportation by choice.
 - The top 5 places people go using active transportation are basic needs, shopping, medical care, social events and employment.
 - 61% of respondents said they never have difficulty using active transportation.
- The average age of participants was 49 years old. The respondents ages ranged from 11 years old to 96 year old.
- 66% of the participants were female and 34% male.
- Participants were asked if they receive health benefits from Medicaid, Medicare or both. 23% of participants are Medicare beneficiaries, 14% are Medicaid beneficiaries and 8% use both Medicaid and Medicare benefits.
- The average household income of participants was \$27,608.
- We asked where the participants heard about the survey and the top 3 responses were Medical Services (Doctor's Office, PCP Visit, Clinic, Confluence Health, Hospital, Nurse, Wenatchee Valley Clinic), Social Service Providers (Women's Resource Center, OCCAC, WorkSource, The Center for Drug and Alcohol Treatment, SAIL Classes, Room One, Aero Methow, Grant Integrated Services, Care Coordinators, Community Choice, Counselors/Advisors), and Electronically (Facebook, Email, Online, Twitter).
- The link to see the full results of the survey is <https://www.ncwmobilitycouncil.org/2018survey>
- Please contact [Nicole Campbell](#), [Megan Parish](#) or [Kelsey Gust](#) if you have questions or would like more information about the survey.

Round Table- All

- Regional Bicycle Advisory Committee (RBAC) is currently seeking new members. There are spots open for those that work at local Hospitals. Contact [Nicole Campbell](#) for more information.
- There are upcoming Living Well with Diabetes and Living Well with Chronic Pain Workshops. Contact [Kaitlin Quirk](#) for more information.

- [Beacon Health Option](#) has a Crisis Line that is available 24 hours a day and 7 days a week. Anyone can call on behalf of someone else. Bachelor to Master level help for those in crisis.
- NAMI Basics Education Program is a peer-led course designed for parents and other caregivers of children and adolescents with mental health conditions, diagnosed or undiagnosed. It teaches the fundamentals of how to support all members of the family, including the caregiver. This free program is sponsored by the National Alliance on Mental Illness. Mondays, January 28th- March 4th, from 6:00 - 8:30 PM at the Wenatchee Senior Center.
- Girls on the Run is starting in the Spring. The program is designed for 3rd-5th grade girls. It helps shows them that they can complete goals and to build confidence. The program is looking for a filming crew.
- The [Chelan-Douglas Health District](#) is hiring.
 - The Chelan-Douglas Health District has a new program called Nurse-Family Partnership for teens and first time mothers. The Health District is hiring 2 nurses. Preferably a Bachelor's Degree and Spanish speaking.
- [Paige Bartholomew](#) has started working for Action Health Partners. Her project is the Community Health Needs Assessment (CHNA) for regional hospitals. The Needs Assessments in our area need coordination between organizations. Please tell [Paige](#) if you are doing a Needs Assessment.
- Molina Healthcare is providing Amazon Prime to Molina Medicaid members for a 90 days membership. 18 and older pre-register by downloading Molina HealthinHand app on a smartphone.
- The 3rd annual Professional Development Summit is coming up. The summit will help someone develop more skills. The summit is useful for anyone. There is 50 dollar registration fee. The registration information is on the [Chamber](#) of Commerce website.
- Enrollment period for 2019-2020 in the Preschool Program at Epic has begun. Send applications to [Epic](#).
- There is a Community Health Needs Assessment (CHNA) planning meeting on Monday, January 14th at 11:00 AM at Pybus Market. Anyone is welcome to attend.

Meeting Adjourned