Chelan-Douglas Coalition for Health Improvement Meeting Minutes February 12, 2020, 3:00 PM to 4:30 PM

<u>Introductions and Icebreaker</u>-**All** Attendance: See Sign In Sheet

January CHI Recap-Kaitlin Quirk

At the January 2020 CHI meeting, attendees heard an 'In Our Own Voice Presentation'. Later
this meeting, Behavioral Health will be a focus area topic. If any attendees would like to further
the work on Behavioral Health, then attend that small group. For more information,
http://namicd.org/ or email chelandouglasnami@gmail.com

North Central Accountable Communities of Health (NCACH) Board Updates-Brooklyn Holton

- The NCACH Governing Board had a retreat in January 2020, so there was no board meeting. There was a NCACH Governing Board meeting in February 2020.
- Discussion around the Pathways Community HUB and the functionality of the program.
 Currently, the HUB is for high risk utilizers of the Emergency Room in Grant County. The state (Healthcare Authority) has taken a step back from funding all Pathways Community HUBs in Washington State. This region has the option to continue or completely create a different community care coordination option. NCACH Board is having conversations for our region (Chelan, Douglas, Grant and Okanogan Counties).
- The NCACH Governing Board has been in discussion around the functionality of the NCACH. The Board has set aside 3 years of funding beyond the Medicaid Transformation Project (MTP). The Board is figuring out what Social Determinants of Health (SDOH) this region should focus on. The three SDOH that the NCACH Governing Board has decided to currently focus on are access to care, housing and nutrition. The Board is also having discussion around if the CHIs will continue and what the role would be after the MTP.
- The Board accepted Ramona Hicks and Traci Miller as new NCACH Governing Board Members. Traci Miller will be filling the position of the representative for the Okanogan County CHI.
- All of the funding for the CHI Community Initiative funding has been allocated. The medium to very large projects were approved at the February Governing Board Meeting.
- CPTS update is the Recovery Coach Network was approved funding from the Governing Board.

Charge of the CHI-Dusti Mahoney

• The Leadership Council believes it is important to read the Charge of the CHI during the CHI meetings. This will help remind those who attend the reason why we are at this meeting. As we continue on, please keep in mind why we are here and what we are aiming to do.

<u>Charge</u>: The mission of the Chelan-Douglas Coalition for Health Improvement ("Coalition") is to foster authentic community engagement, create an ongoing pathway for gathering input from diverse groups

of community members, and identify local projects that could support the overall goals of the Medicaid Transformation Project.

2020 CHI Activity-All

- In 2019, the Chelan-Douglas CHI was actively working on action planning. One focus area that the CHI has been working on in subcommittees is transportation, since 2018. Through a LivePoll in November 2019, more focus areas were identified.
 - Behavioral Health Access
 - Nutritional Food Access and Supporting Local Food Systems
 - Health Education
 - Transportation
- The Leadership Council would like the CHI members to come together around these 4 focus areas. In November 2019, 60% of the members wanted action oriented meetings. Today, members will test the model of subcommittees/small groups during the CHI meeting. The goal is to identify the unique needs and innovative solutions.

Questions to answer in the focus area small groups:

- Describe the problem we are trying to solve.
- What information do we have on this issue or currently know?
- What work is already underway or planned in this area, and how could we learn from and/or support it through the CHI?
- What would successful outcomes of addressing this problem or need be?
- What do you think the next step would be if we were to take action on this problem or need?
- If a Chelan-Douglas CHI work group/sub-committee started working on this focus area. What would that group work on?

<u>Next steps</u>: The Leadership Council will take the information and use it for the foundation of an action plan.

Debrief:

- Did you learn anything new?
 - The YWCA needs kitchen appliances.
- What will you do? Was there a spark of action?
 - There was an increase in conversations around different programs.
- Do you feel like there is enough work and interest?
 - Yes, especially for transportation and access to nutritional food. For instance, the mobile food unit will need volunteers.
- Action items and next steps, how can the CHI support the work?
 - Keep in mind, there are a lot of CHI Members that have community volunteer time that they are able to use.
- Next steps: Kelsey Gust will type up the information provided from the small groups. The
 Leadership Council will discuss the information. Some of the small groups developed action
 items. If those groups want to meet, please keep the momentum going.

Round Table-All

- If your organization needs volunteers, please send the information to Kelsey Gust and she will distribute the information. There are organizations and students who need volunteer time.
- Thes Crisis Line number is 800-852-2923. The crisis connection clinically assesses the individual and has Substance Use Disorder (SUD) resources.

Thank you for attending the Chelan-Douglas Coalition for Health Improvement meeting.

Meeting Adjourned