

Chelan-Douglas Coalition for Health Improvement  
Meeting Minutes  
3:00 PM to 4:30 PM, February 13, 2019

Introductions-All

Attendance: See Sign In Sheet

North Central Accountable Communities of Health (NCACH) Board Updates-Brooklyn Holton and Sahara Suval

- To incorporate the Coalition for Health Improvements (CHI) into the North Central Accountable Communities of Health (NCACH) Board meetings, the CHI meeting minutes are put into the Board packets. Now the Board Members can see the meeting minutes and know more about the CHIs.
- Brooklyn has requested from the NCACH Board for stories and talking points to relay to the CHI.
- Whole Person Care Collaborative has hired two new coaches. Hopefully the coaches will be able to share their roles with the CHI.
- Community Initiatives advisory group is next week. The workshop is to develop the application process with OSHU. Then the Board will approve all funding.
- NCW Opioid Response Conference: Distributed conference model. 2 keynote speakers and broadcasted. Go online and access the registration information. Most will be at school to engage high schoolers.
- The NCACH Annual Summit will be in April. The Summit will be held in Moses Lake and available for anyone. The clinical and nonclinical world coming together to bridge the gaps. The NCACH is bringing a consultant team.
- Evidence-Based Dental Pain Care: This workshop can be used for 4 continued ed credits. If you are part of an organization with dental providers, please provide the information.

The Focus of 2019-All

- The last few meetings we have been working on creating focus areas for the CHI. Last meeting the CHI ranked a series of focus areas. If you are new to the Coalition, we want you to be apart of the conversation and use your expertise. Now that we have 4 focus items developed and voted on by the CHI, the goal of this meeting is to answer some questions. The Leadership Council will draft strategic plan for this group.
  - The attendees were broken into 4 groups of about 6 people. The groups worked collectively to answer the questions that were provided.

Debrief:

- Anything that you found surprising or learned?
  - What are the next steps for the City's growth?
- We have a City Representative on the Board, so she would be the person to ask.
- The whole person health idea is a new concept to me. Also, transportation is a health issue.
- What was the goal?

- A lot of organizations are not represented for these focus areas and are missing at the table.
- It is crucial to build trust with the community and those you are trying to reach. We must have a time frame on actions.
- We need to Identified goals and what we can work on. There needs to be a list of strategic goals, so the Coalition can go forth and conquer.

#### Round Table-All

- For one of the parenting programs, a success would be if the parents were involved. Something to think about is what kind of support are parents looking for?
- People for People will be having conferences March 26<sup>th</sup> in Davenport and 22<sup>nd</sup> in Ritzville.
- Wenatchee Valley College has good low-income support for students such as food benefits. The College is trying to help students overcome barriers.
- If you come across a family that had to miss work in agriculture contact OIC of Washington.
- Workfirst pilot program is being expanded. In the pilot project, clients have a case manager and they work on the transportation needs. No barrier for transportation. Example: Children get taken to appointments.
- 2019 Community Health Needs Assessment (CHNA) helps identify the needs for the region. There is a Community Voice Survey. Please share it and fill it out. A Social Media tool-kit can also be provided.
  - English: <http://bit.ly/2019cvs>
  - Spanish: <http://bit.ly/2019cvss>
- Chronic Disease Workshop is going to begin at the Wellness Place. There will be a Diabetes Workshop in Spanish at the Community Center. The workshops are 6 weeks. Also, the Blood Pressure Monitor kits are expanding into the Cashmere and Leavenworth Libraries.
- 2<sup>nd</sup> Annual Community Fair, is going to be April 11th, 1:00 PM to 4:00 PM at the Wenatchee Community Center. Action Health Partners is looking for volunteers and please let us know if your organization would like to table at this event.
- Chelan-Douglas Health Department are hiring Spanish BSN Nurses.
- We are networking, providing services and assessing the elderly in Chelan Valley.
- Beacon Health Options has a new Crisis Line and a kit of materials.
- There are open nominations for community champions. The individuals that can be nominated are those who are giving back to the community. There will be a dinner celebration.
- WorkSource has plenty of free classes on different topics available for anyone particularly those looking for employment.
- PowerHouse Ministries has a warming shelter and needs funding. Only low-barrier place for people to go. No questions asked, shower, socialization, clean clothes and help people find a place to stay.
- Compassionate Friends are helping over 400 families and they are still growing. There is a Monthly Newsletters and check out the website for more information. Compassionate Friends will be expanding into Chelan and may start in Leavenworth and Plain Area.
- At United Way, Austen is the new Communications Director and working on strengthening networks.

- For those children with Developmental delays there is the Our Brave Warrior and an Autism Conference April 19<sup>th</sup> and 20<sup>th</sup>.
- Chelan Valley Hope is gearing up for the 10<sup>th</sup> anniversary. This is a great opportunity to hear of the resources in this area.
- The Chelan-Douglas CHI currently has 2 Subcommittees. There will be a series of Chelan-Douglas Rides to Work Town Hall meetings all over the region to try to incorporate those Cities that do not have as much engagement. The town halls will be solution based not around barrier.

Meeting Adjourned