



North Central Accountable Community of Health

December, 2017



[An update from the Executive Director, Linda Evans Parlette](#)

This is a November that we will always remember! The NCACH Team met the November 16th deadline to submit our project application. My late husband's "Celebration of Life" on November 20th exceeded my expectations. Thanksgiving, my favorite holiday, was spent with family and friends.

We are happy to have Sahara Suval join our staff. Please expect more communications in the future from NCACH and feel free to make suggestions as we work on improving our website. We look forward to meeting our newest Board member, Michelle Price at the December Board meeting.

Again, thank you all for your support over the last five months! Have a wonderful holiday season!

Charge On!

Welcome Sahara Suval



Sahara joins the NCACH after several years of working managing youth and environmental restoration programs outside of Seattle. Originally from the West Side of the state, Sahara and her partner recently relocated to the area to an off-grid home on twenty acres outside of Chelan. She holds a Master's Degree in Education from Western Washington University, and a certificate in Nonprofit Leadership and Administration, and has been working with youth and nature since 2010. Most recently working managing programs for underserved youth in Seattle, Sahara has also served as the director of a small nature preserve, and a volunteer ski instructor. Though her background isn't in health, Sahara sees many correlations between the health of an ecosystem and its role in the health of a community. She is thrilled to be a part of the team and to focus on community outreach for the NCACH, and all of the great work it's doing. When not in the office, you can find her exploring outside with her partner and rescue dog, or working to find the perfect banana bread recipe.

NCACH Staff Update

November 16th marked another huge milestone for the NCACH – and ACHs across the state. Project plan applications were due to HCA, requiring descriptions on regional health needs, our use of data, our governance structure, community input, tribal engagement, funds allocation, value-based payment, etc, etc...not to mention 6 separate project plan applications! John, Christal, Peter and Caroline took the lead on specific sections and project plans – and then co-edited day after day, fueled by copious amounts of coffee, gummy bears, and left-over Halloween candy. All hands were on-deck, with Andrea Bennett (our Regional Coordinator) helping throughout the process and Connie (from CCMI) providing key input. Needless to say, it was a true team effort and we had our eyes on the prize: eating good food and spending time with friends and family over the Thanksgiving break.

Here are some “fun facts”!

- ***451 = # of pages for our full application, including attachments***
- ***117 = # of times we used the term “whole person care”***
- ***60 = number of times we used the word “preliminary”***
- ***?? (too many to count) = staff hours spent writing and editing***

So what was this challenge all about? We had to articulate our best guess on selected approaches for all 6 projects, and potential target populations. We based much of the preliminary project plans on currently available data and community feedback we received to date (through workgroups and CHIs). **And what’s at stake?** Our score will determine how much project plan funding our ACH can earn (up to \$4.5M). As we head into 2018, we will dig into these preliminary plans and fine-tune things as needed based on input from our workgroups. For those of you dying to read the details, here’s a [link to the full application](#)!

Update from the Value Base Payment Task Force, John Doyle

1. The HCA continues to emphasize the States Value Based Purchasing roadmap and goal of getting to 90% of Medicaid payments and 50% Commercial payments be tied to value by the year 2021.
2. The group reviewed the results of the VBP survey sent out to Providers and MCOs. The biggest barriers for provider adoption include:
 - a. Disparate incentives
 - b. Lack of interoperable data systems
 - c. Lack of collaboration
 - d. Consumer engagement
 - e. Disparate quality measurements and definitions
3. How can we leverage the ACH model to help overcome the above barriers (should the ACHs promote projects that help facilitate collaboration, consumer education, and quality improvement)?

Once the HCA starts seeing what projects are being submitted and approved, the Action Committee’s function may change. It is hoped it will become more of a learning collaborative group sharing what is working around the state and what isn’t working as well as suggestion where the State should be more prescriptive on certain projects—for example—should there be a Statewide approach?

Whole Person Care Collaborative

Many of you were able to meet Connie Davis from CCMI when she attended the WPCC meeting on November 6th and gave a presentation on their services, on the history and purpose of Learning Collaboratives, and on their goals for the design phase.

On November 7th, Roger Chaufournier and Kathy Reims from CSI joined Connie for 3 days of design meetings with our NCACH team. The goal of the visit was for our teams to work together and to understand each other's approaches, skills, goals, and assumptions to come up with an approach(s) to a Learning Collaborative that would meet our needs. Connie, Roger, and Kathy also had a chance to conduct site visits and meet with the leadership teams of the following organizations to better understand their perspectives:

- Cascade Medical Center
- Catholic Charities (Wenatchee)
- Columbia Valley Community Health (Wenatchee)
- Confluence Health (Wenatchee)
- Family Health Centers (Brewster)
- Grant Integrated Services
- Lake Chelan Community Hospital
- Moses Lake Community Health Centers

While we weren't able to meet with all the provider organizations, they experienced a cross section of size, organization type, behavioral health and primary care, and geographic distribution. With the organizations' permission, the consultants were given the Qualis PCMH-A and MeHAF evaluations for these organizations ahead of time to better prepare them for the visits.

The meetings were organized to optimize information sharing and two-way education. The schedule of the 3 days and topics covered are listed in the attached table. As a result of the visit, Roger, Kathy & Connie were able to better understand the background on the Demonstration Project, the WPCC, and our approach to funding improvement in provider organizations. We also described all 6 of the NCACH projects and their relationship to the WPCC. In return, the NCACH team learned about many different tools and processes that could be used to set up and run a Learning Collaborative. The agenda included a demonstration of CSI's web-based portal to share information among providers, approaches to measurement and reporting, and possibilities for incorporating local resources (*e.g. Qualis, AIMS Center, local experts, etc.*) into the process. Our NCACH team emerged with a much better understanding of the options available and the implications of some of the various design choices.

Overall we were impressed with Roger, Kathy & Connie's knowledge, organization, commitment to our project. They demonstrated a willingness to understand us and tailor an approach that meets our needs. Both they and we emerged with a list of follow up items and work to be completed in the next two weeks before our next check in.

Submitted by: Peter Morgan

BOARD SPOTLIGHT

NCACH WELCOMES MICHELLE PRICE TO THE GOVERNING BOARD



Michelle Price, Ed.D. moved to East Wenatchee from Moses Lake. She is the new superintendent of North Central Educational Service District 171. Michelle is married to Rich Price. Together they have four adult children and three grandchildren. Michelle is a lifelong learner holding three degrees - a Bachelor of Arts degree in education, a Master's degree in School Administration, both from Central Washington University and a Doctorate degree in School Administration from Washington State University. She has a passion for children and public education, serving as a teacher, principal, assistant superintendent for teaching and learning and superintendent over the last 30 years in Tacoma, Soap Lake, and Moses Lake. Michelle is committed to community service. She is a past president of the Moses Lake Chamber of Commerce, served on the Columbia Basin Boys and Girls Club Board of Directors, and is a Rotarian. Her state and national advocacy for rural Washington has led her to be the past president of the Washington Association of School Administrators (WASA) and to serve on the Executive Committee for the American Association of School Superintendents (AASA).

NCACH Governing Board Members

Barry Kling – Chair

Kevin Abel – Vice Chair

Sheila Chilson – Treasurer

Currently Vacant – Secretary

Bruce Buckles

Molly Morris

Kayla Down

Nancy Nash-Mendez

Ray Eickmeyer

Tyler Paris

Jesus Hernandez

Theresa Sullivan

Tim Hoekstra

Senator Judith Warnick

Brooklyn Holton

Doug Wilson

Rick Hourigan

Mike Beaver

Michelle Price

NCACH Upcoming Meetings

December	Meeting	Time	Location	City/State
4th	Whole Person Care Collaborative Meeting	11:00 AM - 12:45 PM	Confluence Technology Center	Wenatchee, WA
4th	NCACH Governing Board Meeting	1:00 PM - 3:30 PM	Confluence Technology Center	Wenatchee, WA
7th	Okanogan Coalition of Health Improvement & Opioid Mtg	11:00 AM - 1:30PM	Okanogan Behavioral Health	Okanogan, WA
January	Meeting	Time	Location	City/State
8th	Whole Person Care Collaborative Meeting	11:00 AM - 12:45 PM	Confluence Technology Center	Wenatchee, WA
8th	NCACH Governing Board Meeting	1:00 PM - 3:30 PM	Confluence Technology Center	Wenatchee, WA



North Central Accountable Community of Health

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