

# HEALTH RESOURCES/ASSETS INVENTORY

# Purpose of Asset Inventory for NCACH



- Design Grant Deliverable
- To identify organizational and individual community assets that support the health of our residents. Inclusive of all types of programs, services and resources.
- Will be used in the development of the regional health improvement plan.

# **Example from NSACH**

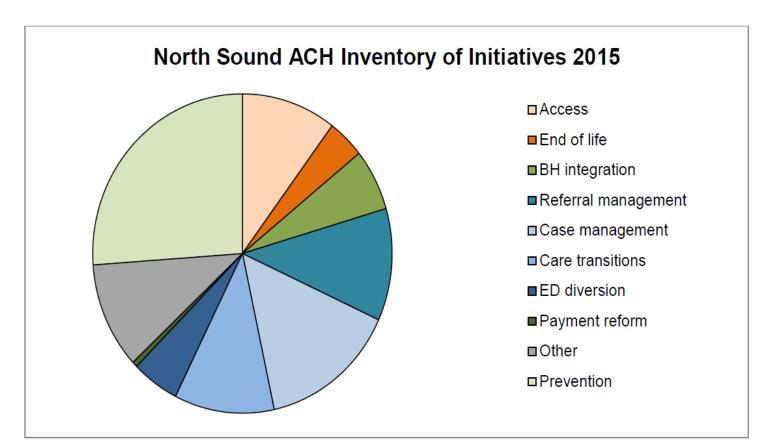
North Sound Accountable Community of Health North Sound Inventory of Regional Health Activities June 15, 2015

	Inventory of No	orth Sound Health Initiatives			Indicate below t	he ca	teaor	ies th	at be	est cor	respo	ond(s)	to the	prog	am
Organization	Program Name	Program Description (50-75 words max)	Program Goal	Patient Population	Counties	Access	Ĺ	Behavioral Health Integration	Su	Case Management	ED Diversion	<u> </u>	arly	Referral Management	Other
Organization	1 Togram Hame		•	ratient ropulation	Counties			_					-		_
Citizens Against Domestic & Sexual Abuse	CADA	Free confidential assistance includes crisis intervention, counseling, legal & medical advocacy, emergency shelter, support groups, and prevention	Advocate for victims, educate the public, develop programs to prevent abuse and provide leadership	women, men and children	Island									X	X
Friends of Friends	Friends of Friends	Raises and disburses funds for uncovered medically related expenses to people on South Whidbey who are unable to pay these costs themselves.	A charitable organization helping residents of South Whidbey with uncovered medical expenses.	Zip Codes 98236, 98260, 98249, and 98253	Island										X
Good Cheer	Food Bank	Fund and manage an accessible food bank. Operate and promote successful thrift stores. Involve the community, educate and encourage good nutrition	Creating a hunger-free community on South Whidbey	all	Island								X		X
Hearts & Hammers	Hearts & Hammers	Local non-profit organization that brings together hundreds of volunteers annually to help repair and rehabilitate homes of those who are unable to do so.	Repair and rehabilitate homes for people that are physically or financial unable to do so	Whidbey Island	Island										Χ
Island County	New Baby, New Family		Provide development, lactation and social support to families in the home setting to improve development outcomes and reduce						x	X			Χ	X	
Island County	Safe Routes to School	Nurse home visitation program to families with new babies County Health Dept that promotes walking and biking to school, bike safety and walking safety and overall physical activity	unnecessary consumption of primary care Increase childhood exercise safely where they live, go to school and play	All Island County families  All Island County children	Island								Χ		
Island County Community Health Advisory Board	Healthy Island Youth Initiative	Physical activity scholarships for children and youth to encourage them to be physically active	Provide support to low income children and youth, who, without financial assistance, would not be able to participate in a physical activity that meets their interests	All Island County children enrolled in an Island County K-12 school (includes homeschooling and private schools)	Island								X		
Island County Human Services	Counseling Connections Program	Provides short term, limited mental health counseling by linking eligible Island County residents who do not have access to mental health services	Provide necessary mental health counseling to those who could not otherwise access based on lack of financial resources	without resources available to secure counseling services	Island	Х									
Island County Human Services	School Based Mental Health Services	Mental Health Counselors address a wide range of concerns including depression, anxiety, bullying, suicide through a variety	Provide dynamic, creative and innovative mental health services in the school setting	Students in all four districts of Island County	Island								Χ		_
Island Senior Services	Island Senior Services	Adult day services, meals on wheels, senior housing, volunteer chore services	Improve well being promote and help sustain independence facilitate participation in the life and affairs of the community	Seniors	Island		X			X				X	X
Oak Harbor Rotary	Food4Kids	Provide weekend meals every week to kids who may not have enough to eat on days when there is no school lunch	feeding children	children	Island								X		X
Oak Harbor Rotary	Spin Café	Provide meal services, laundry services, education, vocational training, support groups and community capacity building services	feed people, provide opportunity for training, internet access, clean clothes	all	Island								Χ		Χ
Whidbey General Hospital Life Center	Whidbey Wellness	6 week program designed to teach participants realistic strategies to improve health, change the way participants think about nutrition, exercise and mind/body wellness	Modify lifestyles to increase healthier outcomes	TBD	Island								X		
.1 10 9.1	Merle Cancer Care	3 minute videos presented by clinical staff for patients and	Easily accessible, complimentary, oncology patient education program that maximizes the	Oncology patients, their					V					ı	



"This inventory is a living document that we will continue to update as we learn of health related initiatives. The current iteration of the North Sound inventory provides a general sense of programmatic priorities within the counties and across our region. It has also highlighted the incredible energy around health improvement at the local level in the North Sound."

# Example from NSACH





"This inventory is a living document that we will continue to update as we learn of health related initiatives. The current iteration of the North Sound inventory provides a general sense of programmatic priorities within the counties and across our region. It has also highlighted the incredible energy around health improvement at the local level in the North Sound."

### Process to date



- Online form distributed at county level meetings in late 2014, to local coalition partners.
  - 8 agencies/23 services

• Researched online tracking options used by other ACH's across the state

# Sources for identifying resources/assets



- Multiple agencies produce resource lists and directories in Chelan and Douglas Counties
  - Chelan-Douglas Social Service Directory
  - Veteran's Support Services Inventory (SSVF)
  - others
- WIN211 (provider and consumer focus)
- Community Living Connections (provider and consumer focus)
- Washington Connections (primarily consumer focus)

### **WIN211**

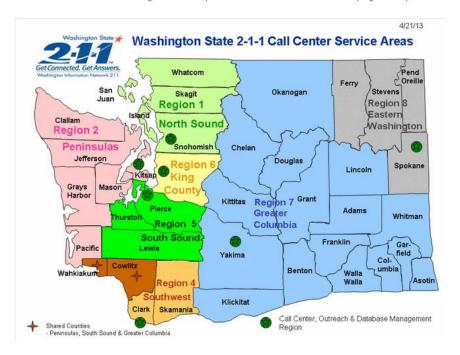
- Ability to generate reports
- 106 agencies/342 service types listed for Chelan-Douglas counties

#### Benefits:

- Statewide web based information/resource list
- Affiliated call center
- Local work with WIN211 is supported by the regional Healthy Communities 1422 Grant

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There are seven unique regions within Washington's 211 Statewide Information and Referral System. Each region supports local human service programs for residents in that area. Select a region on the map below to find information about 2-1-1 programs in your area.





# Next Steps

#### **ACH Staff:**

 Asset team is working on a more robust online survey to collect regional asset data

#### **CHI Partners:**

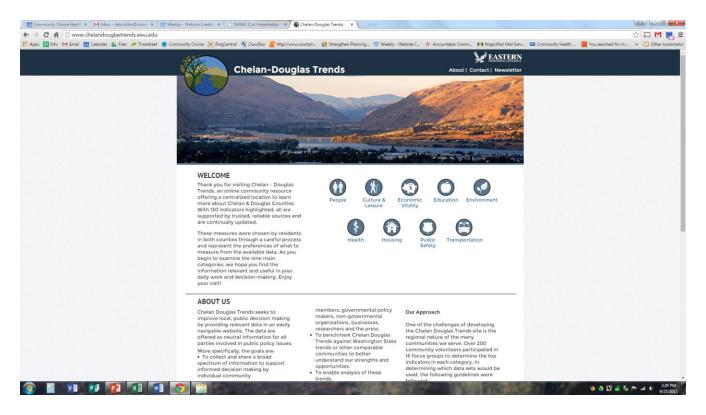
- Review current WIN211 County Specific Asset Inventory list
- Help us build our asset inventory list by submitting your agency and program information via the online survey
- Help WIN211 improve their ability to serve Chelan-Douglas partners and residents by contacting them and providing information about your agency.





# PRIORITY HEALTH INDICATORS

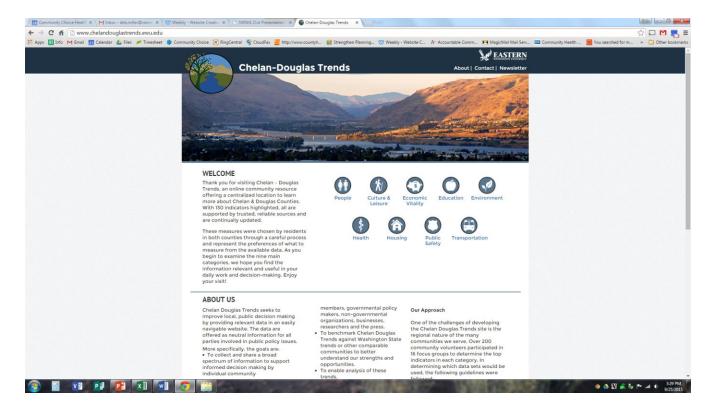
# Chelan Douglas Trends





- To collect and share a broad spectrum of information to support informed decision making by individual community members, governmental policy makers, non-governmental organizations, businesses, researchers and the press.
- To benchmark Chelan Douglas Trends against Washington State trends or other comparable communities to better understand our strengths and opportunities.
- To **enable analysis** of these trends.

# Chelan Douglas Trends

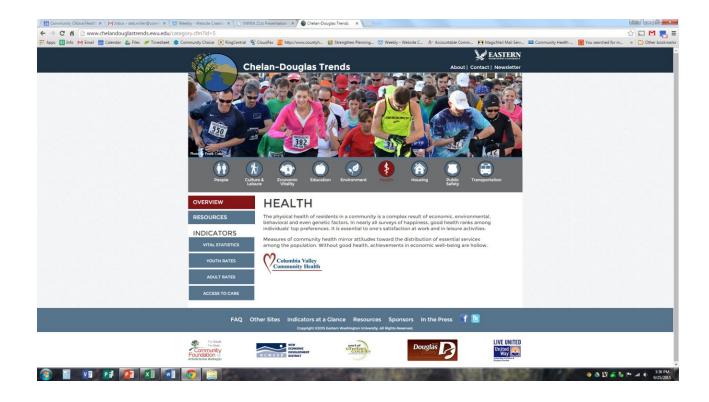




#### **Categories**

- People
- Culture and Leisure
- Economic Vitality
- Education
- Environment
- Health
- Housing
- Public Safety
- Transportation

## **Current Health Indicators**





#### **Categories**

- Vital Statistics
  - 11 indicators
- Youth Rates
  - 3 indicators
- Adult Rates
  - 4 indicators
- Access to Care
  - 4 indicators

# 2013 CWH-Community Health Needs Assessment Indicators



#### CENTRAL WASHINGTON HOSPITAL

Community Health Needs Assessment Report & Implementation Plan

A Collaborative Approach to Impacting Population Health in North Central Washington



Prepared by Community Choice Healthcare Network 12/1/2013

Confluence Health is an affiliation of Central Washington Hospital and Wenatchee Valley Medical Center. Community Choice Healthcare Network is a regional health improvement collaborative that leads the region in assessing population health needs and facilitating a framework of inclusive collaboration to improve health

#### **Top 4 Regional Health Needs**

- Access to health care
- Mental Health
- Chronic disease prevention
- Pre-conceptual and perinatal health

Local health needs assessments

# 2013 CWH-Community Health Needs Assessment Indicators



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#### **Categories:**

- Region Demographics
  - 12 indicators
- Social and Economic Factors
  - 20 indicators
- Physical Environment
  - 4 indicators
- Clinical Care
  - 15 indicators
- Health Behaviors
  - 4 indicators
- Health Outcomes
  - 42 indicators

### **Crosswalked Indicators**



#### **Demographics:**

- Total Population
- Median Age
- Population by Age

#### **Health Behaviors:**

Heavy Alcohol Consumption

#### **Social & Economic Factors:**

- Population Below 200% Poverty
- High School Graduation Rate
- Uninsured Population

#### **Health Outcomes:**

- Top 10 Causes of Death
- Top 10 Hospitalization Diagnosis
- Asthma Prevalence
- Diabetes\*
- Teen Births
- Low Birth Weight
- Adult Obesity
- 8<sup>th</sup>, 10<sup>th</sup>, 12<sup>th</sup> Graders Overweight or Obese

# **Possible Additions**

**HEALTH:** 

# Active Colaborative Content Co

#### **Possible Additions**

Sub-Category:	Title:	Source:	Frequency:		
Vital Statistics	Additional Years of Healthy Life Expected at Age 20	WA DOH	Biennial		
Vital Statistics	Share of Hospitalizations by Five Leading Causes	Needs Local Source	Annual		
Youth Rates	Share of Youth Exercising - Moderate Levels for 60 minutes, 5 days a week	WA DOH HYS	Biennial		
Vital Statistics	Share of Women Giving Birth Who Smoked Any Time During Pregnancy	WA DOH	Biennial		
Adult Rates	Share of Adults Visiting a Dentist, Dental Hygienist, or Dental Clinic In Last Year	WA DOH	Biennial		
Adult Rates	Share of Adults with Moderate Physical Activity (30 Min per Day, 5x per Week)	WA DOH	Biennial		
Adult Rates	Adults with Personal Healthcare Provider	WA DOH	Biennial		
Vital Statistics	Share of Persons Age 18+ Receiving Influenza Vaccinations	WA DOH	Biennial		
Fundin & Resources	Hospital Charity Care & Bad Debt as a Percent of Adjusted Revenue	WA DOH CHS	Annual		
Fundin & Resources	Government Funding for Public Health per Capita	WA Auditor LGFRS	Annual		
Vital Statistics	Top-6 Cancers Diagnosed	WA Cancer Registry	Annual		
Access to Care	Share of the Population Insured by Medicaid	US Census - ACS	Annual		
Youth Rates	10th Graders Reporting Alcohol Consumption	WA DOH HYS	Biennial		
Youth Rates	10th Graders Reporting Marijuana Use	WA DOH HYS	Biennial		
Youth Rates	Share of 10th Graders Reporting Feeling Sad or Hopeless	WA DOH HYS	Biennial		
Youth Rates	Share of Students Suspended or Expelled	OSPI	Annual		
Vital Statistics	Share of Population with Food Insecurity	Map the Meal Gap	Annual		

# Next Steps

#### **ACH Staff:**

- Gathering input from health sector stakeholders
- Submit recommendations for change to the Chelan-Douglas Trends Committee no later than December 1, 2015

#### **CHI Partners:**

- Review current Chelan-Douglas Trends Health Indicators list
  - Do indicators provide snapshot of "health" in Chelan-Douglas Counties
  - Should some be removed, others added, what else is missing?
- Submit priority list of recommended changes to ACH Staff by November 16, 2015

