

MAC/TSOA & the Family Caregiver Support Program



Aging &
Adult Care
OF CENTRAL WASHINGTON

Terminology

A family caregiver is a spouse, relative or friend who has primary responsibility for the care of an adult with a functional disability and who doesn't receive financial compensation for the care provided.

- FCSP = Family Caregiver Support Program
 - Dyad = the caregiver/care receiver relationship
- MAC = Medicaid Alternative Care - dyads only
- TSOA = Tailored Supports for Older Adults - services for dyads and individuals without a family caregiver

Statistics

In Washington 80% of the care provided to adults needing assistance at home is done by family members and other unpaid caregivers.

Statistics

There are approximately
850,000 unpaid
caregivers in Washington,
and they provide the
economic value of \$10.6
billion dollars of care.



Washington's bill for LTSS would double if just one-fifth of unpaid caregivers decided to stop providing care.



FCSP Basis of MAC/TSOA

FCSP is Evidence Based

- Maintains ability for care receiver to live at home - supports choice
- Saves money for families (avoids impoverishment to qualify for help)
- Statistically significant delay in need for Medicaid-funded LTSS for both the care receiver and caregiver

FCSP Basis of MAC/TSOA

Likelihood of the caregiver needing Medicaid LTSS is reduced. Caregivers physical & mental health improved 84%.

Over a 6-month period, caregivers who receive ongoing support showed statistically significant improvements in:

- Stress
- Depression
- Relationship
- Objective burden
- Comfort with caregiving role

Spousal caregivers also show a decreased intention to place their spouse in a care facility.

Medicaid 1115 Waiver

5-Year Demonstration

Initiative 1 - Transformation through
Accountable Communities of Health

*Initiative 2 - Service Options that Enable Older
Adults to Stay at Home and Delay or Avoid the
Need for More Intensive Care*

Initiative 3 - Targeted Foundational Community
Supports - Supported Housing and Supportive
Employment

The 1115 Demonstration Waiver will allow us to sustain and continue LTSS innovation

The LTSS System of the Future Must:

- Provide effective services for individuals before they spend down to Medicaid
- Provide effective supports to unpaid family caregivers
- Promote the right service at the right time and place
- Have the capacity to meet the needs of the population
- Strategically target LTSS Medicaid investments to slow the growth rate of public expenditures

Comparing Programs

FCSP

- Caregiver and care receiver must be over age of 18
- No co-pay on any services except respite -- based on income (includes spouse's income) - Uses a state-provided sliding fee scale
- No functional or financial eligibility requirements
- No Social Security Number required
- No estate recovery, no transfer penalties

MAC/TSOA

- Caregiver must be over 18
- Care Receiver must be 55+
- No co-pay for any of the services
- Care receiver must meet functional and financial eligibility
- Care receiver must be a US citizen or have eligible immigrant Status
- No estate recovery, no transfer penalties

Comparing Programs

MAC	TSOA
Age 55+	Age 55+
<ul style="list-style-type: none"> • Be receiving CN or ABP Apple Health (Medicaid) • Qualifies for Medicaid-funded LTSS but chooses not to access these services 	<ul style="list-style-type: none"> • Monthly income less than \$2250 • Resources (single) less than \$53,100 • Resources (married) less than \$108,647 - doesn't include spouse's income
Meet Nursing Facility Level of Care (NFLOC)	Meet Nursing Facility Level of Care (NFLOC)
Supports dyads	Supports dyads or individuals w/o unpaid caregivers
	Submit TSOA financial application
Presumptive Eligibility allowed	Presumptive Eligibility allowed

Note: Participation and Estate Recovery do not apply to either program

Comparing Programs

CFC/COPEs (Medicaid LTSS)

- Client (person receiving service) must be 18+
- Caregiver/care receiver relationship not required
- Co-pay is possible based on income
- Functional requirements & strict financial requirements
- Must be a US Citizen
- Estate recovery and transfer penalties are possible

MAC/TSOA

- Caregiver must be over 18
- Care Receiver must be 55+
- No co-pay for any of the services
- Care receiver must meet functional and financial eligibility
- Care receiver must be a US citizen or have eligible immigrant Status
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Comparing Programs

CFC/COPEs (Medicaid LTSS)

- Resource limit for individual is \$2,000
- Limit is \$55,547 + \$2,000 if married when first apply
- Must transfer resources to spouse within year of approval
- Estate recovery & transfer penalties are possible
- Co-pay is possible
- Functional requirements
- Must be a US Citizen

MAC/TSOA

- Income limit - \$2,250 for care recipient/individual. Doesn't include spouse's income
- Resource limit for individual \$53,100; \$108,647 if married
- No estate recovery, no transfer penalties
- No co-pay for any services
- Care receiver must meet functional eligibility
- Care receiver must be a US citizen

Services by Step & Program

<u>PROGRAM</u> <u>Tool</u>	<u>STEP 1:</u> Based on demographics and program eligibility; may receive under presumptive eligibility	<u>STEP 2:</u> Based on results of a screening; may receive under presumptive eligibility	<u>STEP 3:</u> Based on results of assessment; may receive under presumptive eligibility
MAC or TSOA Dyad TCARE	\$250 one time limit	\$500 annual limit (minus any expenditures for Step 1)	Average of \$573/month up to \$3,345 for 6 months
TSOA without caregiver GetCare	\$250 one time limit	\$500 annual limit (minus any expenditures for Step 1)	\$573/month - capped with no ability to average expenditures over a 6 month period

Examples of Services

Caregiver Assistance (dyads only): respite in home and overnight facility based, housework & errands

Personal Assistance (TSOA individual only): personal care, home delivered meals, nurse delegation

Specialized Medical Equipment & Supplies: durable medical equipment, Personal Emergency Response System (PERS), incontinence supplies

Training & Education: support groups, consultation (LTC planning, OT, PT, dementia, fall prevention)

Health Maintenance & Therapy: massage, acupuncture, evidence based exercise programs

Challenges in the Next Three Years

- TSOA individual numbers higher right now than family caregiver numbers - 2/3 individuals now
Must raise this to 50% dyads (CG/CR's) by end of 2019
- Reach more caregivers - educate medical providers, social service agencies, communities
- Improve service for consumers - seamless transition between HCS & AAA's
- Perfect understanding of program and use of software/technological systems

Challenges for AAAs in order to continue program beyond 5-year Demonstration

MAC/TSOA and the Family Caregiver Support Program

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