

North Central Accountable Community of Health

ACH 101 - a Medicaid Transformation Primer

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North Central Accountable
Community of Health

A handy guide to the ‘TLAs’ and ‘FLAs’ (Three/Four Letter Acronyms)

ACH: Accountable Community of Health

NCACH: North Central Accountable Community of Health

HCA: Health Care Authority

CMS: Center for Medicaid Services

DOH: Department of Health

FIMC: Fully Integrated Managed Care

CHI: Coalition for Health Improvement

TCDI: Transitional Care and Diversion Interventions

WPCC: Whole Person Care Collaborative

HIT/HIE: Health Information Technology / Health Information Exchange

VBP: Value-Based Payments

SDOH: Social Determinants of Health

EMS: Emergency Medical Services

SUD: Substance Use Disorder

SMI: Serious Mental Illness

MCOs: Managed Care Organization

ASO: Administrative Service Organization

ACO: Accountable Care Organization

MTP: Medicaid Transformation Project(s)

Healthier Washington - HCA

Healthier WA is a statewide initiative that is focused on achieving system wide change.

To achieve these goals, Healthier WA focuses on three goals:

1. Building healthier communities through a collaborative regional approach
2. Integrating how we meet physical and behavioral health needs so that **health care focuses on the whole person**
3. Improving how we pay for services by rewarding quality over quantity

In 2017, nine **Accountable Communities of Health** were formed to achieve these goals.

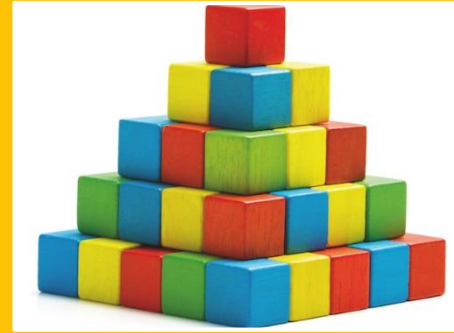


Five years from now....



Current system

- Fragmented care delivery
- Disjointed care transitions
- Disengaged clients
- Capacity limits
- Impoverishment
- Inconsistent measurement
- Volume-based payment



Transformed System

- Integrated, whole-person care
- Coordinated care
- Activated clients
- Access to appropriate services
- Timely supports
- Standardized measurement
- Value-based payment



What are ACHs?

ACHs are regional organizations that:

- **Address** health issues through local collaboration and shared goals
- **Better** align resources and activities that improve whole person health and wellness
- **Support** local and statewide initiatives such as the Medicaid Transformation, practice transformation, and value-based purchasing



ACH role in the Medicaid Transformation

- ▶ Within the [Medicaid Transformation](#), ACHs play a critical role:
 - [Coordinate](#) and [oversee](#) regional projects aimed at improving care for Medicaid beneficiaries
 - [Apply](#) for transformation projects, and incentive payments, on behalf of partnering providers within the region.
 - [Solicit](#) community feedback in development of Project Plan applications
 - [Decide](#) on distribution of incentive funds to providers for achievement of defined milestones

ACHs continued



<https://youtu.be/JmNKk3Vue58>

Source: Healthier Washington

Medicaid Transformation Project

Through a five-year demonstration, Healthier WA will use up to \$1.5 Billion to address three initiatives aimed at transforming Medicaid to improve quality and control costs

Of the \$1.5 Billion available through the Demonstration, **\$1.125 Billion will be available to address Initiative 1.**

Initiative 1

Transformation through Accountable Communities of Health

Delivery System Reform

- Each region, through its Accountable Community of Health, will be able to pursue projects that will transform the Medicaid delivery system to serve the whole person and use resources more wisely.

Transformation Projects

Initiative 2

Enable Older Adults to Stay at Home; Delay or Avoid the Need for More Intensive Care

Benefit: Medicaid Alternative Care (MAC)

- Community based option for Medicaid clients and their families
- Services to support unpaid family caregivers

Benefit: Tailored Supports for Older Adults (TSOA)

- For individuals “at risk” of future Medicaid LTSS not currently meeting Medicaid financial eligibility criteria
- Primarily services to support unpaid family caregivers

Medicaid Benefits/Services

Initiative 3

Targeted Foundational Community Supports

Benefit: Supportive Housing

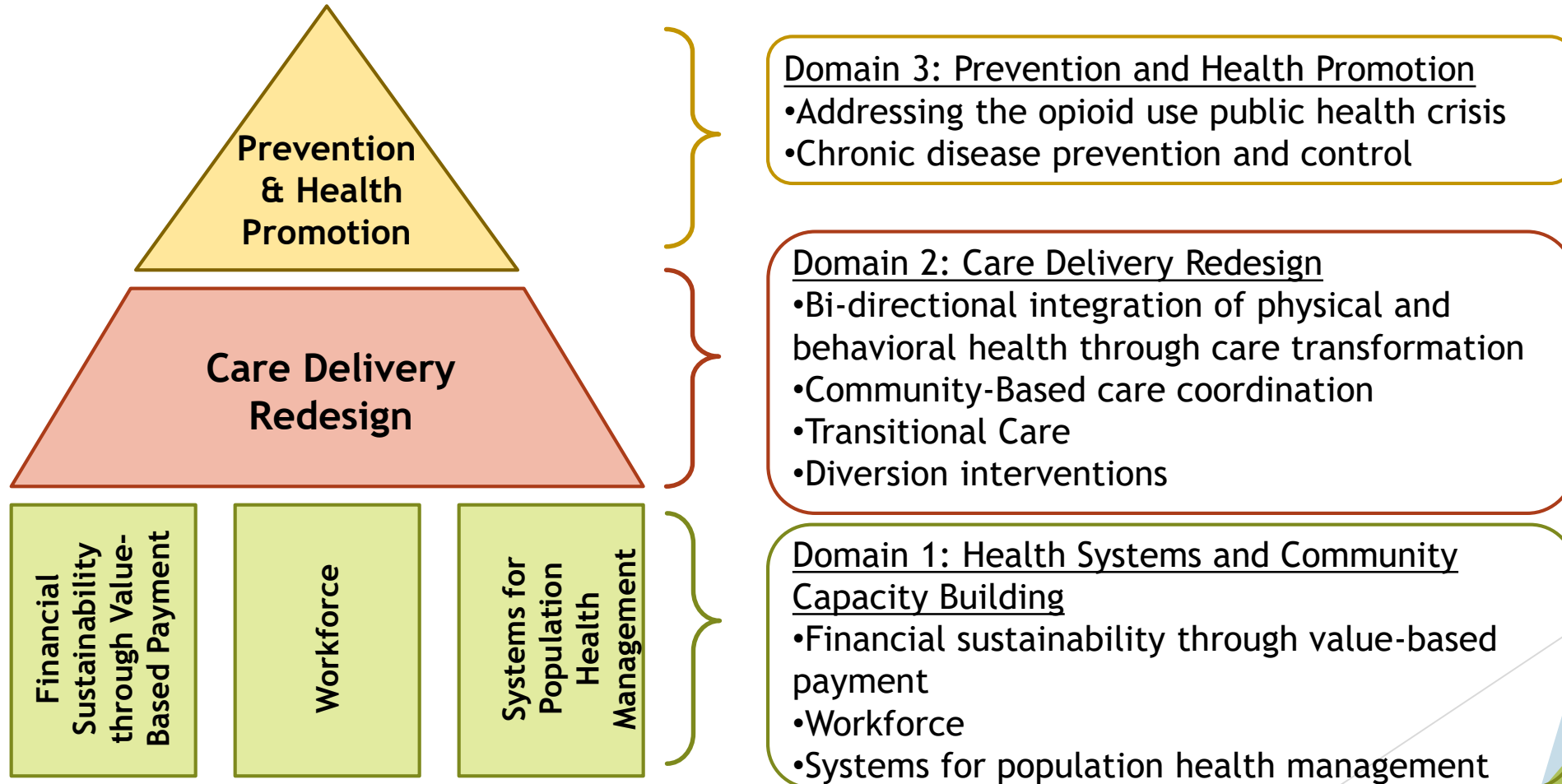
- Individualized, critical services and supports that will assist Medicaid clients to obtain and maintain housing. The housing-related services do **not** include Medicaid payment for room and board.

Benefit: Supported Employment

- Services such as individualized job coaching and training, employer relations, and assistance with job placement.

Initiative 1: Care Transformation

Medicaid Transformation Projects (MTP)



Funding the Transformation Projects

- ▶ Each project involves metrics
- ▶ Funding will depend, in part, on our performance
 - ▶ This is not a grant program. There will be up-front money for start-up, but much of the project funding must be earned by reaching performance targets.
 - ▶ In the early years of the projects, we will be judged mainly on the progress we make in implementing project plans.
 - ▶ In the later years of the projects, we will be judged mainly in terms of health care improvements such as reductions in unnecessary ER visits and hospitalization, and on clinical quality metrics such as the percent of Medicaid diabetes patients receiving HbA1c testing, percent receiving depression screening, and many others.
 - ▶ It will be a heavy lift to measurably improve Medicaid clinical quality by the end of 2021

MTP ‘Commandments’

- ▶ Domains and Projects *should not* be implemented in isolation from one another.
 - ▶ Projects will be highly interrelated and interdependent
- ▶ Transformation projects must:
 - ▶ Be based on community-specific needs
 - ▶ Avoid redundancy and duplication
 - ▶ Be sustainable after the Medicaid Transformation Project ends
- ▶ Regional projects will be assessed based on achievement of defined milestones and metrics.

NCACH Selected Medicaid Transformation Projects

- ▶ Bi-Directional Integration of Physical and Behavioral Health Care
- ▶ Chronic Disease Prevention and Control
- ▶ Community-Based Care Coordination
- ▶ Diversion Interventions
- ▶ Transitional Care
- ▶ Addressing the Opioid Use Public Health Crisis

NCACH Structure and Governance

within the Medicaid Transformation

WA State
Health Care
Authority



North Central Accountable
Community of Health

NCACH
Governing Board

Coalitions for
Health
Improvement

NCACH
Workgroups

NCACH
Staff

Community
(Chelan, Douglas, Grant,
Okanogan)

WA State Health Care Authority: Guides MTP efforts at statewide level; provides MTP funding

NCACH Governing Board: Advisory leadership body that designates policy decisions, funding allocation, and direction of MTP projects within North Central region

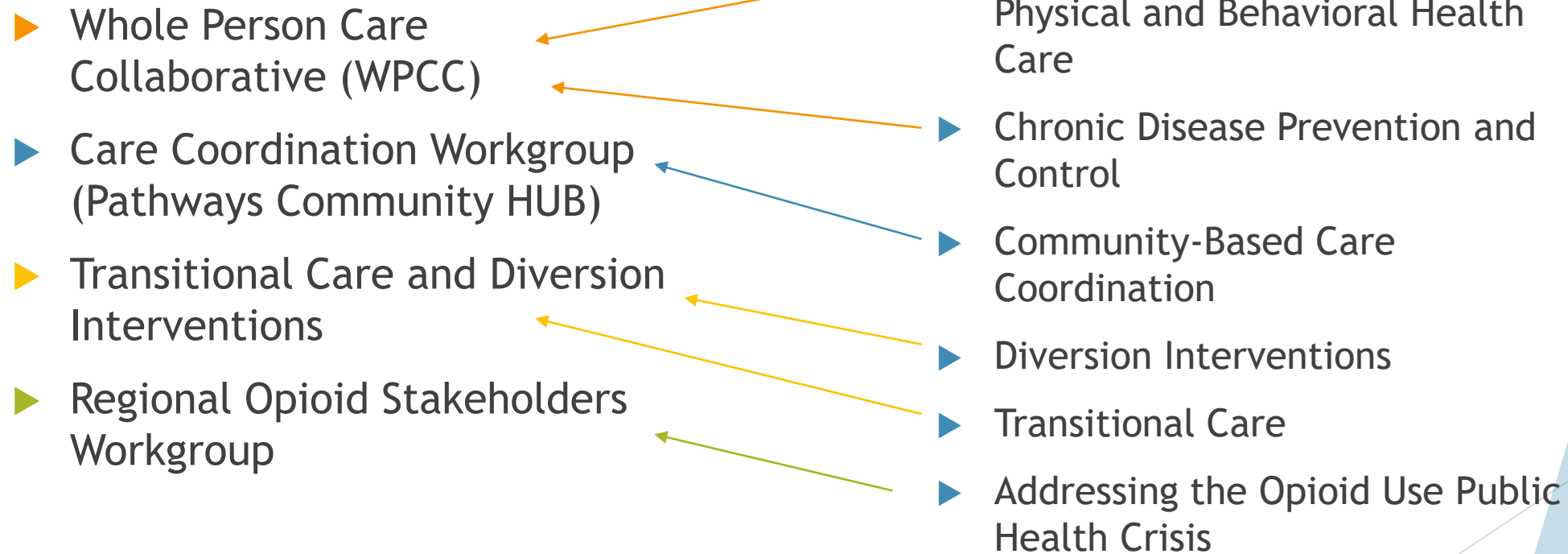
NCACH Workgroups: Advisory bodies that inform and select Medicaid Project toolkit approaches and design implementation plans across North Central Region

NCACH Staff: Support and project management leads for the Medicaid Transformation efforts

Coalitions for Health Improvement: Community voice within Transformation. Informs project development and provides feedback on project implementation. Agents for continuous monitoring and improvement.

NCACH Selected Medicaid Transformation Projects & Workgroups

NCACH Workgroups



How it all works....

Our goal is foster **whole person care** as guiding tenet in our work with regional partners to create healthcare systems that achieve the **Triple Aim**:

- Improve the patient experience of care
- Improve population health, and
- Reduce the per capita cost of health care



Washington Medicaid Transformation

Transformation through Accountable Communities of Health*, 2017-2021

For more information visit the [Healthier Washington website](#)

Key Medicaid Transformation Activities

How to Get Involved



2017
Year 1

Washington contracts with the Centers for Medicare & Medicaid Services (CMS) to find new ways to make communities healthier by partnering with Accountable Communities of Health (ACHs) on Medicaid Transformation projects.

The nine ACHs pass two levels of certification and each receive \$6 million for planning regional health projects.

ACHs submit Project Plans for the projects they will support in Years 2 through 5.

Provide input to ACHs at meetings, workgroups, councils, and through surveys.

Stay in touch by [signing up for news](#), or emailing medicaidtransformation@hca.wa.gov to join the Feedback Network (include your name and email address).

2018
Year 2

ACHs earn money for reporting information related to their projects (called Pay-for-Reporting, or P4R).

FEBRUARY

ACH Project Plan scores finalized and approval status determined.

HCA releases the Measurement Guide for public review. It shows how the state will measure improvements in making communities healthier, and how ACHs and partners can earn funds for performance.

JULY

ACHs submit first semi-annual report, in which they describe project progress to date. This includes defining the communities they will focus on, and specific steps they will take to make them healthier.

OCTOBER

ACHs submit Implementation Plans describing how they will carry out their projects.

If you are a health or social service provider, ask your ACH about becoming a partnering provider.

Sign up for your ACH's email list to stay in touch with their progress and ways to be involved.

Help your ACH with their Project and Implementation Plans.



2019
Year 3

In addition to reporting on project milestones, ACHs begin earning money based on how well their projects are helping communities (P4P).

JULY

ACHs will participate in a mid-point assessment to identify areas of improvement to ensure successful implementation of projects.

Work with your ACH to support, improve, and strengthen projects.



2020
Year 4

JANUARY

Washington moves to Integrated Managed Care, a model that coordinates physical health, mental health, and drug and alcohol treatment to provide whole-person care under one health plan.

Help your ACH by working on projects, attending meetings, and contributing to reports.



2021
Year 5

DECEMBER

Although Washington's contract with CMS ends, Medicaid Transformation continues. ACHs have the programs and partnerships in place, and communities are reporting measurable progress. Washington's Medicaid program is proving the value of rewarding high-quality, whole-person care.

Continue to help make your communities healthier by working with your ACH to improve health care for all Washingtonians.

ACHs will submit reports twice per year (in January and July) about how they are doing on their projects.

* Transformation through Accountable Communities of Health is one of the three initiatives of the Medicaid Transformation Demonstration. The Demonstration is an agreement with the federal government, allowing Washington to test innovative ways of improving health care.

Where we are now...

- ▶ January 1, 2018: **Fully Integrated Managed Care (FIMC)** adopted in Chelan, Douglas, and Grant Counties
 - ▶ Okanogan County to adopt FIMC in 2019
- ▶ **Whole Person Care Collaborative Learning Community** established
 - ▶ Consists of 17 organizations committed to practice transformation efforts that address ALL six of NCACH's selected MTPs through change plans and financial incentives
- ▶ **Pathways Community HUB** to be launched
 - ▶ Request for Proposals (RFPs) currently being accepted for a care coordination organization to host and manage the HUB
- ▶ **Regional Opioid Stakeholders Workgroup** to open partner implementation applications in April 2018, with funding available as early as June 2018
 - ▶ Open to community organizations, CHIs, and others
- ▶ **Transitional Care and Diversion Interventions** approaches being established, with implementation slated to begin as early as October 2018

Coalitions for Health Improvement

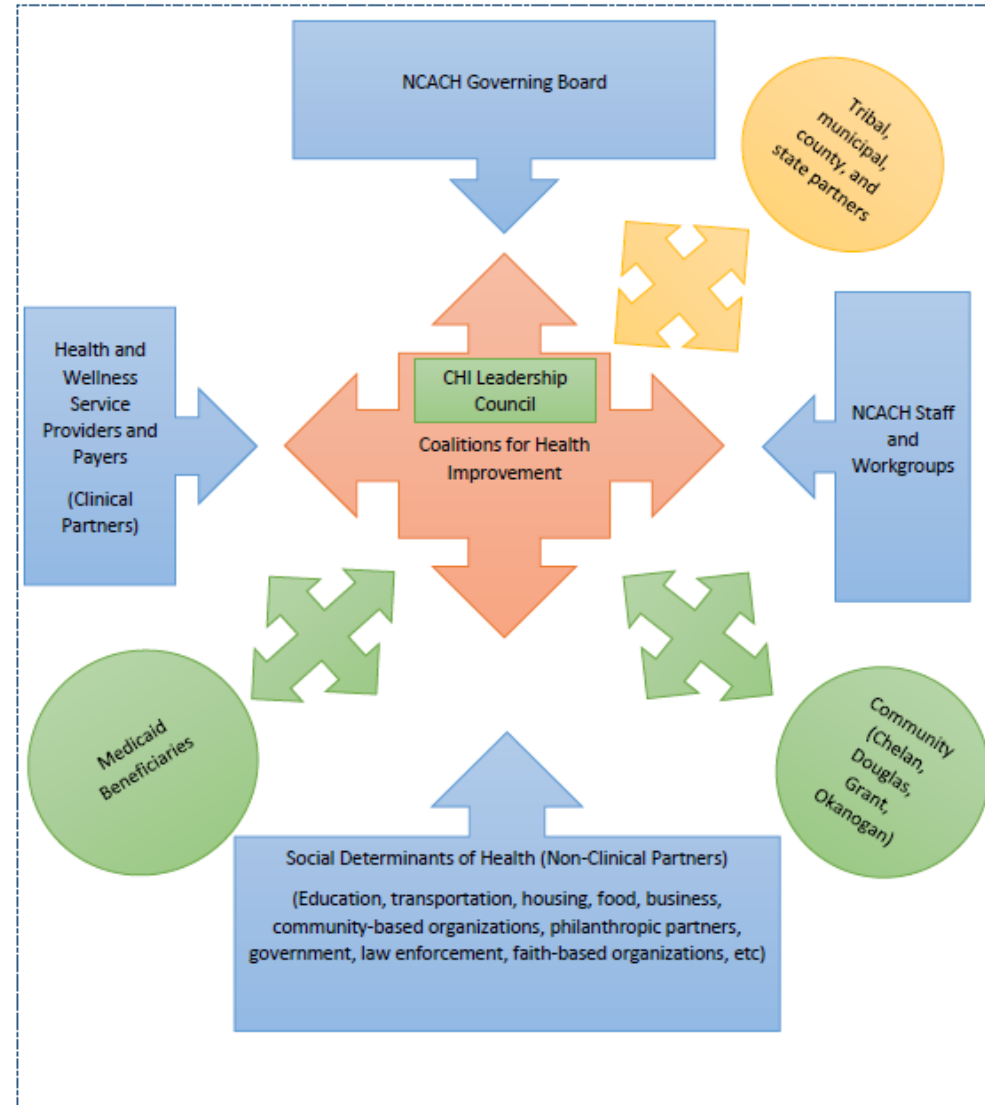
This is where you come in....

- ▶ Established in 2014 to inform and prepare the region for the formation of the Accountable Community of Health. Used to provide critical feedback on community priorities, perceptions of health and health issues, and to select the six Medicaid Transformation projects
- ▶ Primary means of community-level input and representation in NCACH's work
 - ▶ Serves as local conveners by fostering strong linkages between local clinical and social service partners
 - ▶ Key voice in continuous monitoring and improvement efforts - *is it working?*
- ▶ Ensure that county-level priorities and needs are not lost in regionalization process, and are uniquely positioned to address **social determinants of health** based on their expertise and knowledge of local resources

Coalitions for Health Improvement

Continued

- ▶ Each Coalition has a voting seat on NCACH's Governing Board
- ▶ Each Coalition is led by a Leadership Council, which consists of chartered members who support the strategic direction, needs, and goals of each Coalition



CHI Mission

The mission of the Coalitions for Health Improvement (“Coalition”) is to foster authentic community engagement and create an ongoing pathway for gathering input from diverse groups of community members for the work of the North Central Accountable Community of Health (NCACH). Coalition members will advise the Governing Board on issues directly related to NCACH’s mission and activities, including needs assessments and local health data; community health improvement plans and priorities; health improvement initiatives; project planning and selection; and delivery system transformation. Input from each Coalition, from the voting member on the NCACH Governing Board and through other means, will be utilized in the decision making process of the Governing Board, and any decision and direction approved by the Governing Board will be shared with the Coalition from the Coalition Governing Board Member.

Social Determinants of Health



SDOH and Whole Person Care

SOCIAL DETERMINANTS OF HEALTH



<https://youtu.be/8PH4JYfF4Ns>

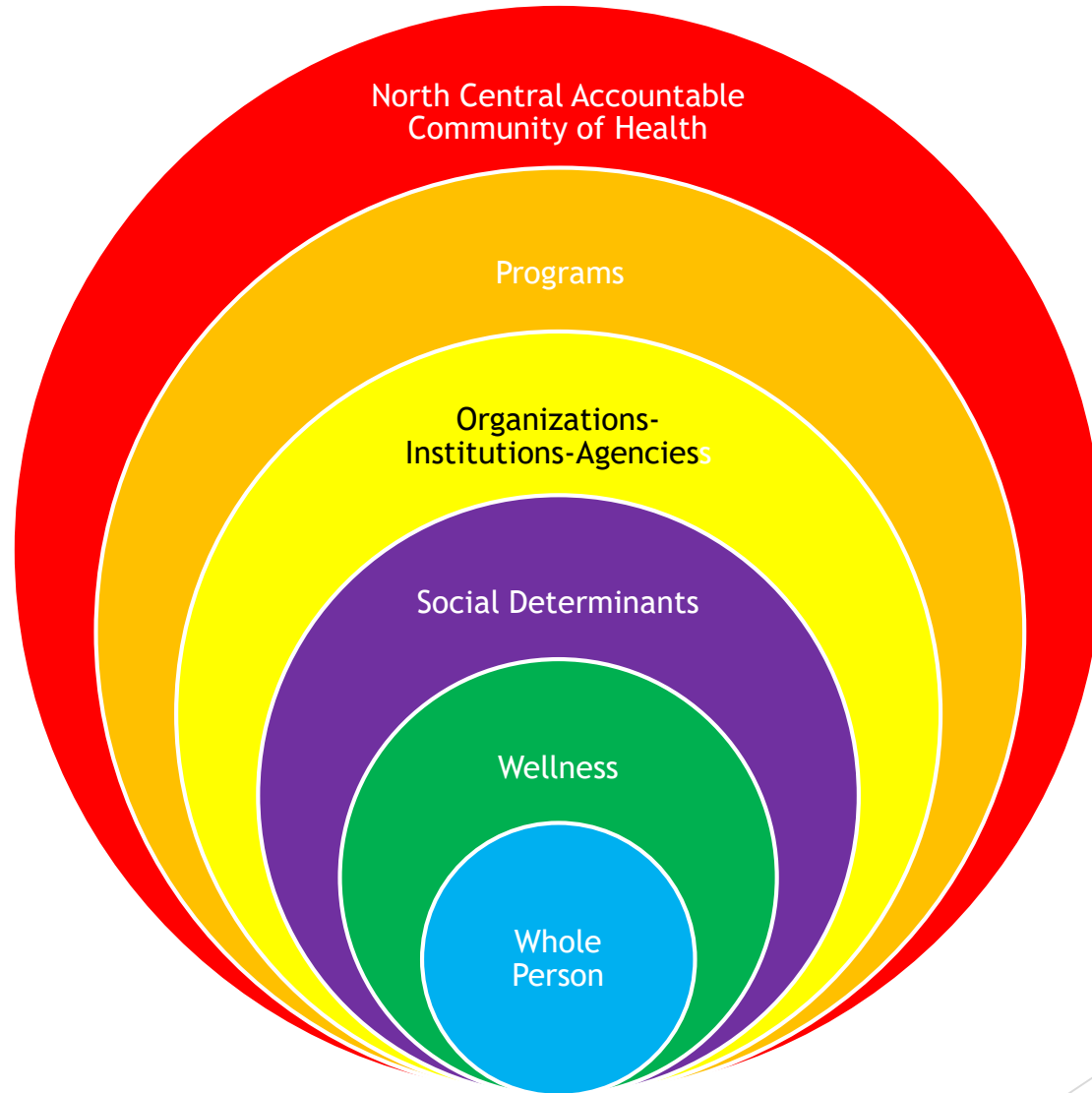
Source: Let's Learn Public Health

Rainbow of Health - where do you fit?

**North Central
Accountable
Community of
Health** -
Everybody as a
partner in
community health

Programs - How
each organization
serves the
individual whole
person's balanced
wellness

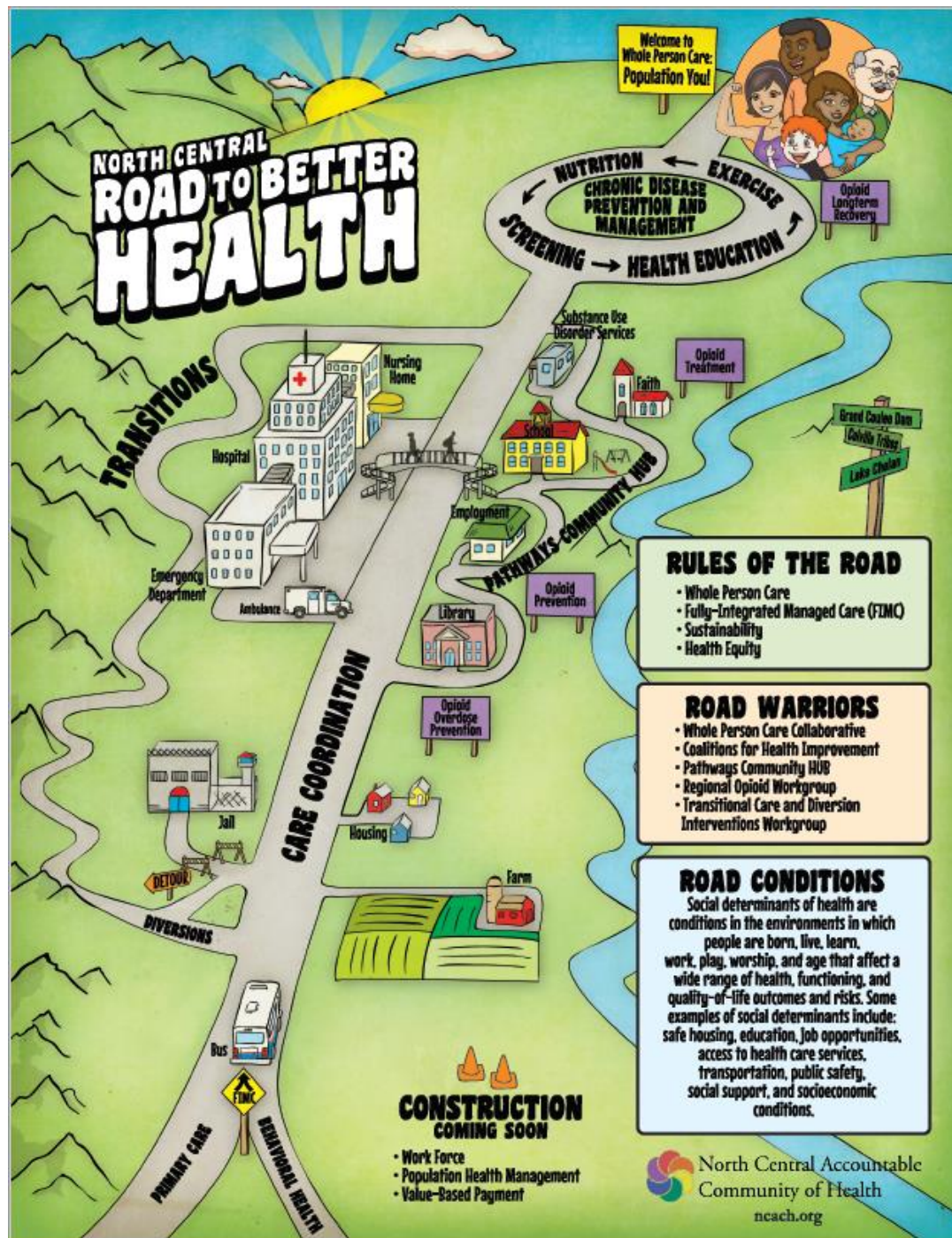
**Organizations-
Institutions-
Agencies** - Provide
the boots on the
ground who deliver
the services



**Social
Determinants** -
Socio-Economic,
Health Behaviors,
Clinical Care, Built
Environment

Balanced Wellness
- Physical,
Emotional, Social,
Environmental,
Financial, Spiritual

Whole Person -
“Complete state of
physical mental
and social well
being.”



Ways to get involved

- ▶ Continue participating in your local Coalition, and encourage cross-sectoral participation
 - ▶ NCACH 2018 Annual Summit - April 20, 2018
 - ▶ NCACH Opioid Project Rapid Cycle Funding applications - due May 11, 2018
 - ▶ Pathways Community HUB will provide some partnership opportunities - RFPs due April 27, 2018
- ▶ Seek opportunities for partnership, funding, and innovative solutions for local health and SDOH issues that can leveraged within your local Coalition
- ▶ Provide feedback to NCACH through surveys, forums, and public comment
- ▶ Promote education and awareness around services available for Medicaid beneficiaries, and the work of NCACH in your community
- ▶ Share and collaborate on multi-county initiatives (e.g. data, funding, etc)

NCACH Annual Summit



North Central Accountable
Community of Health

2018 Annual Summit

**Working to build
healthier communities
through regional health
system transformation
projects and
partnerships that benefit
Apple Health (Medicaid)
clients.**

Red Lion - Wenatchee
8:00 am - 6:30 pm
Food provided

April 20, 2018
Wenatchee, WA

Everyone Welcome!

Register: bit.ly/NCACH2018Summit

NCACH.org

The poster features a map of the North Central region of Washington, including Grant, Shoshone, and Kootenai counties. It also includes two circular photographs: one showing a group of people holding a certificate, and another showing a group of people holding a banner that reads 'North Central Accountable Community of Health'.

Confused?

Takeaways

- ▶ Health system transformation is complex and will require collaboration and partnership across all sectors of our community
- ▶ We ALL make up the Accountable Community of Health - together
- ▶ Our region has an opportunity to shape how healthcare is delivered so that it fits the unique needs of North Central Region
- ▶ Health happens outside of the clinic, and we all have a role to play in Whole Person Care
- ▶ Coalitions for Health Improvement are a critical part of Whole Person Care and to delivering feedback on the MTP process - your feedback shapes our efforts
- ▶ You have a direct impact on the drivers of your Coalition

Questions?

North Central Accountable Community of Health

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[NCACH.org](https://ncach.org)

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