



NCACH Workgroup Update

September 2015



Purpose of Workgroups

Develop two regional teams that will work collaboratively to address health improvement projects.

Workgroup 1: Care Transformation

Workgroup 2: Population Health

Assigned Focus: Diabetes





Workgroup Deliverables

- Develop regional workgroups
- Review potential projects and make selection
- Create replicable project tools & processes
- Conduct and evaluate programs per plans
- Provide "lessons learned" to future workgroups



Care Transformation

Project:



Diabetes Self-Management Education (DSME) Program Assessment

Project Goal:

Conduct targeted surveys of patients, healthcare providers & health plan providers in relation to existing NCACH-region Diabetes Self-Management Education (DSME) programs to 1) determine knowledge & skills retention & self-management compliance, 2) to identify service gaps and 3) identify barriers to access, participation & referrals.





Project Processes:

- Review literature
- Develop patient and provider survey tools
- Implement survey processes
- Analyze survey data
- Make program recommendations

Project Status:

Content of patient and provider surveys has been finalized. Begin survey rollout plan in October.









Project:

Diabetes Prevention Program for Elementary School Students

Project Goal:

To generate personal awareness, self-efficacy, and environmental/situational support for a pilot group of 50 children ages 6 – 11 around the diabetes-prevention strategies of physical activity, healthy food choices, diabetes disease awareness, and regular medical and dental check-ups.



Population Health

Project Processes

- Workgroup development
- Review literature and select project
- Reuse and modify project tools
- Deliver program
- Evaluate learner outcomes & school feedback
- Recommendations for future programs





Population Health



Project Status:

The program has been selected. Mission View Elementary will serve as the project site. A series of 6 classes, focusing on nutrition, exercise, and the basics of Type II diabetes, will begin in October.





Q and A Opportunity