



PUBLIC HEALTH
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HEALTHIER COMMUNITY



NCACH Workgroup Update

September 2015



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Purpose of Workgroups

Develop two regional teams that will work collaboratively to address health improvement projects.

Workgroup 1: Care Transformation

Workgroup 2: Population Health

Assigned Focus: Diabetes



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Workgroup Deliverables



- **Develop regional workgroups**
- **Review potential projects and make selection**
- **Create replicable project tools & processes**
- **Conduct and evaluate programs per plans**
- **Provide “lessons learned” to future workgroups**



Population Health

Project:

Diabetes Prevention Program for Elementary School Students

Project Goal:

To generate personal awareness, self-efficacy, and environmental/situational support for a pilot group of 50 children ages 6 – 11 around the diabetes-prevention strategies of physical activity, healthy food choices, diabetes disease awareness, and regular medical and dental check-ups.



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Population Health

Project Processes

- Workgroup development
- Review literature and select project
- Reuse and modify project tools
- Deliver program
- Evaluate learner outcomes & school feedback
- Recommendations for future programs





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Population Health



Project Status:

The program has been selected. Mission View Elementary will serve as the project site. A series of 6 classes, focusing on nutrition, exercise, and the basics of Type II diabetes, will begin in October.



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Q and A Opportunity