



North Central Accountable Community of Health

October, 2017



AN UPDATE FROM THE EXECUTIVE DIRECTOR,

LINDA EVANS PARLETTE

As summer comes to an end and the weather starts turning cooler, I reflect on how far we have come on this journey. My dedicated team received the news that we have passed the Phase 2 Certification, which means we will receive \$5 million for the operation of NCACH for the 5 year duration of the project. Now we are onto the project planning phase that is due November 16th. The team will be reaching out to many providers, partners and community members for input. We have Coalition of Health Improvement meetings scheduled in all of the counties and those groups will be a major avenue for community/beneficiary input. Some of the staff are attending various health fairs in the region to gather data as well.

I so appreciate Barry, NCACH Board Chair, John, Christal, Caroline, Peter and Teresa for carrying an extra load this past week allowing me to have more time to care for my husband. It's been wonderful to have our children and relatives coming and going and the beautiful autumn weather that still allows eating outside. I am grateful. Thank you!

Charge On!

COMMUNITY ENGAGEMENT

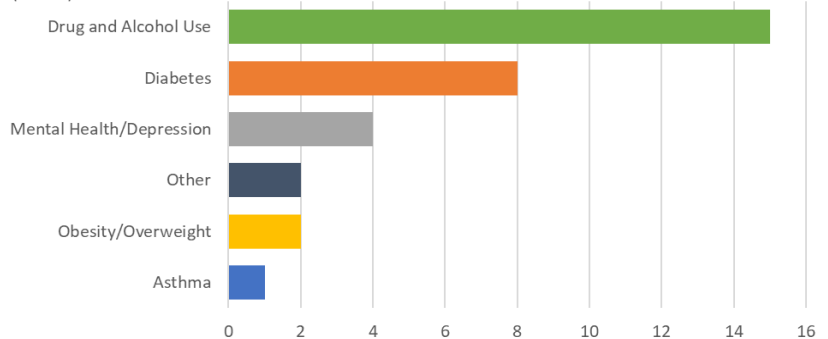
Linda Evans Parlette, Teresa Davis, Caroline Tillier and John Schapman, attended the Coulee Medical Center Annual Gathering of Wellness Powwow. They again asked the question “What is the biggest health problem in your community?” This was a great event and we all enjoyed learning more about the tribal community.



NACH Board member Molly Morris was honored at the Powwow by Molina Healthcare as a community champion. Molly was nominated by Deb Miller from Community Choice. Molly is pictured above with Caroline Tillier and Teresa Davis from NCACH

Coulee Medical Center Powwow 9/15/2017

What is the Biggest Health Problem in Your Community?
(n=19*)



* 11 survey responses had multiple answers



Coalition for Health Improvement Groups

There was great attendance and participation at the Chelan Douglas CHI's meeting on September 21st. Members are clearly passionate about the health of their community at all ends of the prevention-intervention spectrum and are hoping to set regular meetings on a monthly basis. Big shout out to Governing Board member, Brooklyn Holton, and community partner, Deb Miller, for taking the lead on planning and facilitating. One of the goals of this meeting was to help the CHI members understand the overarching target populations for the 6 projects we selected as a region. We shared data specific to our North Central ACH region and linked to our 6 projects. Coalition members then broke out into discussion groups to identify priority populations of interest. The CHI has another meeting on October 12th and we hope to circle back regarding additional data they requested and continue the conversation. Their input will be shared with project workgroups as project planning continues.

If you would like more information, including the membership agreement, please contact [John Schapman](#).

We will have updates from the Okanogan and Grant County Coalition for Health Improvement groups in next month's newsletter.



BOARD SPOTLIGHT

NCACH Welcomes New Board Member



Mike Beaver has lived in Okanogan County all of his life with the exception of the four years that he served in the Marine Corps traveling all over the United States and a six month tour to Okinawa, Japan. Once out of the Marine Corps in September 1997, he took a few months to travel and set his roots back in Okanogan County to begin his college career at Wenatchee Valley College in Omak. To assist with his expenses he decided to take on a part-time job as a Juvenile Corrections Officer with Okanogan County in November 1997. He has always had a passion with helping others and this job opened his eyes to the potential careers within the Juvenile Justice System. He soon became a full-time Juvenile Corrections Officer in February 1999. While working full-time he decided to go back to college and finish his Bachelor's Degree. After several start and stop attempts going through three different online universities including Washington State

University, Colorado Technical University, and finally Walden University, he finished his Bachelor's Degree in the winter of 2011 with a Degree in Psychology. Later that year he was promoted to Detention Manager where he worked to improve the detention programing, access to resources, and limiting status offender youth in detention. After a few years in this role he decided to return to Walden University to get his Master's Degree in Forensic Psychology, he finished this Degree Program at the end of August 2016. He then transitioned to become the Probation Manager in November 2016, a lateral move to round out his education with the juvenile courts and again to assist in program development to reduce recidivism with the youth they work with in the Juvenile Justice System. In November, he will have worked with Okanogan County Juvenile Department for 20 years; he is still motivated to help others in the beautiful County to reach their full potential in a prosocial manner.

NCACH Governing Board Members

Barry Kling – Chair	
Kevin Abel – Vice Chair	
Sheila Chilson – Treasurer	
Winnie Adams – Secretary	
Bruce Buckles	Molly Morris
Kayla Down	Nancy Nash-Mendez
Ray Eickmeyer	Tyler Paris
Jesus Hernandez	Theresa Sullivan
Tim Hoekstra	Senator Judith Warnick
Brooklyn Holton	Doug Wilson
Rick Hourigan	Mike Beaver

NCACH Staff Update

John Schapman

With 8 weeks to go until NCACH has to submit the project plan application, I have been leading the team on evaluating the steps our NCACH needs to complete to submit a successful project plan application on November 16th, and have developed a timeline for all staff to follow. This includes the formation of workgroups, charters, and the gathering of community input. Specific to community input, I have been working with the Coalitions for Health Improvement to ensure we are gathering feedback from each of the local communities on the priority populations that we need to identify in the demonstration. As we move into October, I am preparing to hold an initial meeting for our Transitional Care & Diversion Intervention workgroup. This workgroup will help inform our NCACH on what preliminary priority populations and evidence based approaches to select as a region.

Christal Eshelman

With a little less than two months until Project Plan Applications are due to HCA, we are ramping up on project planning. I am taking the lead for the Community-Based Care Coordination project (aka The HUB) and the required Opioid project. To begin planning the Pathways Community HUB, I will be staffing a Subcommittee of the Board to develop an RFP for an organization to serve as the Pathways Community HUB Lead Agency and developing a regional care coordination inventory. To address project planning for the Opioid project, we are forming a Regional Opioid Workgroup with representation from each of the Local Stakeholder Groups. We hope to draw on the momentum already established by the Local Opioid Stakeholder Groups to supplement and support the amazing work already happening in each of the counties.

I am also coordinating the Fully-Integrated Medicaid Contracting (FIMC) Advisory Committee. This month the Advisory Committee approved the recommended indicators developed by the Early Warning System Workgroup. These indicators will be presented to the Governing Board for approval on October 2nd. Developing these indicators has been a great collaborative effort over the past five months by Behavioral Health Providers, MCOs, the ASO, the NCW BHO, the Criminal Justice System, HCA, and NCACH. September also marked the initiation of Xpio's IT Technical Assistance contract with the kick off meeting taking place on September 20th. We are lucky to have such a valuable resource available to Behavioral Health Providers as they transition to FIMC on Jan. 1, 2018.

Peter Morgan

I continue to refine and redefine the “rules of engagement” for the Whole Person Care Collaborative, to respond to questions, seek advice, and incorporate changes into our various documents. A number of people have been forthcoming with improvement ideas on our documents. Thanks to Sara Barker from the AIMS Center who provided some great edits and suggestions on ways to make our Funding Document more behavioral health provider friendly. While it seems like it’s taking a long time to get this right, I believe in the notion that you sometimes have to go slow in order to go fast (*measure twice, cut once*). Hopefully by being thoughtful now we’ll anticipate and head off problems we might otherwise have later. I’ve also been working with my ACH colleagues and outside contractors (CORE, Manatt) to make sure WPCC and other emerging workgroups are properly aligned with the proposal requirements for our 6 demonstration projects. I’m also working with the leaders of prospective learning collaborative contractors CCMI & CSI to clarify goals, roles, processes and mutual expectations for their involvement with us as well as the role of other coaches & consultants who will continue to work with us.

I also had a great fortune to be invited to observe one of the Cascade Medical Center’s semi-monthly practice transformation meetings on 9/19. I was so impressed with the work they are doing and grateful to Tony Butruille, Amy Webb, & Kathleen O’Conner for inviting me. I learned a lot and would welcome the opportunity to meet with other clinical teams doing the same work. Just to be clear, I’m an observer not a participant, and I’d be there to understand the goals, priorities and challenges of each organization as they work on quality improvement.

Caroline Tillier

This month, I had the pleasure of attending the Gathering of Wellness Powwow in Grand Coulee with our team, where we gathered feedback from the community about health needs. We were glad to be on-hand to cheer board member Molly Morris who was honored for her care coordination work in the community. September also marked the start of our work with contractors at Center for Outcomes Research & Education (CORE) who are providing technical assistance and consultation around data-related needs. Our current contract goes through the end of January 2018, and CORE has already added a lot of value by creating a summary of NCACH’s current performance on demonstration measures. While not the baseline used for future pay for performance payments, it’s helpful to see our ACH’s areas of strengths and opportunities for project planning. In addition to doing weekly team check-in calls with CORE, I have been reaching out to our key contact, Stacy DeLong, to explore additional data needs and help with interpretation of data measure (this was really helpful as we developed a presentation for the Chelan Douglas CHI’s meeting on September 21st.) It’ll be great to have Stacy’s expertise and assistance as we work on the application due in November!

NCACH Upcoming Meetings

October	Meeting	Time	Location	City/State
2nd	Whole Person Care Collaborative Meeting	11:00 AM - 12:30 PM	Confluence Technology Center	Wenatchee, WA
2nd	NC ACH Governing Board Meeting	12:30 PM - 3:00 PM	Confluence Technology Center	Wenatchee, WA
12th	Chelan/Douglas Coalition of Health Improvement	3:00 PM - 4:30 PM	Confluence Technology Center	Wenatchee, WA
18th	Fully-Integrated Medicaid Contracting Advisory Committee	10:00 AM - 11:30 AM	Confluence Technology Center	Wenatchee, WA
18th	IT/EHR Workgroup	1:00 PM - 2:30 PM	Chelan Douglas Health District	East Wenatchee, WA
24th	Grant County Coalition of Health Improvement	12:30 PM - 4:30 PM	TBD	
November	Meeting	Time	Location	City/State
1st	Fully-Integrated Medicaid Contracting Advisory Committee	10:00 AM - 11:30 AM	Confluence Technology Center	Wenatchee, WA
6th	Whole Person Care Collaborative Meeting	11:00 AM - 12:30 PM	Confluence Technology Center	Wenatchee, WA
6th	NC ACH Governing Board Meeting	12:30 PM - 3:00 PM	Confluence Technology Center	Wenatchee, WA



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