

Okanogan County Coalition for Health Improvement
Meeting Notes
November 21, 2019, 12:00 PM to 2:00 PM

Attendance- SEE SIGN IN SHEET

Networking Lunch-All

During the Networking Lunch-members were able to eat lunch that was provided by Molina Healthcare, introduce themselves and describe events or services happening in Okanogan County.

- On December 2, 2019 there will be a showing of the Documentary 'Written Off' at the PAC. There will be resource tables and speakers.
- Mid-Valley Hospital is offering the OB services for Okanogan County.
- North Valley Hospital is continuing to work on rural health.
- Aging and Adult Care has a Kinship Navigator.
- Family Health Centers offers some OB services. Currently, there are trainings to enhance EMS services. The Opioid Treatment Network is working to increase access and prevention of opioid related deaths. With distribution of Narcan, providing 120 narcan kits in the hands of those that need them the most.
- There will be an ACEs training. Please get a hold of Kelsey Gust or Orlando Gonzalez who will pass the information along.
- There is an upcoming Mind, Body and Spirit workshop.
- Behavioral Ombud was present to learn more information.
- Molina Healthcare provides benefits for those with Medicaid.
- Youth suicides in the county are devastating and heartbreaking.

Okanogan CHI NCACH Board Seat Update-Leadership Council

- Okanogan County NCACH Board Seat term will be ending December 31, 2019. Mike Beaver has been the Okanogan County CHI board seat representative, but would like to step down at the end of the term.
- Some of the duties of the Okanogan CHI board seat representative are to improve the social determinants of health, increase the community and board connection and help with continuous monitoring and improvement of Medicaid.
- Each Coalition for Health Improvement has an NCACH Governing Board representative.
- The Okanogan County representative is also apart of the Okanogan County Coalition for Health Improvement Leadership Council.
- The NCACH Governing Board for the Coalition for Health Improvement is a 3 year term. The representative gives input from the coalition level to the NCACH Governing Board.
- The estimated time for those on the board is 6-12 hours per month.
- The Okanogan CHI will nominate those who they feel would be a good fit for the NCACH Board Seat. Once the CHI chartered members votes on a representative, then it will be proposed to move forward to the NCACH Board.

Thank you Mike Beaver for your time, dedication and efforts as the board representative for Okanogan County.

North Central Washington Community Health Needs Assessment (CHNA)-Paige Bartholomew

2019 North Central Washington Community Health Needs Assessment (NCW CHNA)

- It is an assessment of the health needs in a community.
- The assessment happens every 3 years. The first assessment was done in 2013, second 2016 and now 2019.
- The assessment is used for the community benefit held by the hospitals.

Overview:

- Process:
 - Collected over 100 Health indicators
 - Community Voice Survey-5,010 NCW residents responded. This survey is used to capture the community's voice.
 - Focus groups-6 around NCW using a SWOT(strengths, weaknesses, opportunities and threats) analysis. Showing what is affecting the health of the community.
 - Reviewed 14 community assessments done by others.
- 10 potential health needs. A Regional Report Out and Consensus Workshop was held with 28 stakeholders that prioritized the 10 potential health needs down to 5 health needs.
- Those 5 health needs:
 - Access to Care: Primary, Dental and Behavioral HealthCare
 - Affordable Housing
 - Chronic Disease (Overweight, obesity and cardioactive disease)
 - Education-Primary and Secondary. Also includes prevention and health education.
 - Substance Use (Drugs, opioids and alcohol)
- Okanogan County Coalition for Health Improvement was used a focus groups in June 2019.
 - A SWOT Analysis was done at that meeting.
- Every 3 years, the hospitals need to create an implementation plan and use community benefit dollars. The CHNA report will be published on the hospitals websites.

Paige Bartholomew will be presenting at the upcoming Hospital Board meeting.

Discussion:

- There are only certain actionable items that hospitals can do. As we look forward, I think it is a call to action for this group.
- Can you speak how NCACH?
 - They used the 2016 CHNA in the past.
Coordination will need to be made for a CHNA presentation to be given to the NCACH. NCACH is not currently working with this data, since it was just released.
- The CHI has been wanting projects and the hospitals need with addressing the CHNA health priorities.
- Employers need help to thrive and find qualified employees. It would be beneficial to engage DSHS and Economic Alliance. Employment ties into all realms of health.

Next Steps for the Okanogan County CHI-Karen Schrimpf and Peter Morgan

- The wording of the draft mission statement and values came from the existing Charter and live poll that took place during the Okanogan CHI meeting in September 2019.

Draft Mission for the Okanogan County CHI:

The mission of the Okanogan County CHI is to improve the health of the people of Okanogan County by:

1. Fostering authentic community engagement by presenting opportunities for networking and supporting collaboration among diverse community groups in Okanogan County.
2. Identifying and implementing community health improvement projects that support the goals of the NCACH and the specific needs and priorities of the Okanogan CHI.
3. Advising and guiding the work of the NCACH through membership on its board and promoting communication and coordination of efforts between the NCACH and Okanogan CHI.

Values of Okanogan CHI:

- Community
- Commitment
- Diversity
- Collaboration
- Communication

Values taken from the live poll wordle.

Discussion-All

The Okanogan CHI is a forum for collaboration with the value of shared information.

- The question is what happens after 2021?
 - There is a lot of uncertainty.
- What is the authentic part of the CHI?
 - Instead of what people think we need, we need to make decisions from data. If something is authentic, then it can be sustainable.
- The CHIs has local leadership and ownership in the county. Develop more leadership and ownership, to connect to the NCACH. We collectively need to decide on which SDOH to invest in. What are the priority from the NCACH standpoint and the SDOH that stakeholders are willing to address?
- Better coordinating, working together and identify gaps will work, while using existing resources.
 - Together as a coalition we can start doing actionable items.

Discussion Continued:

- Everyone stays siloed. We know where the problems are. How do we bring people together and get people here?

- We may never get away from the silos, but more collaboration will be through funding. We are all doing our part. As a group we need to know what we are all doing around different topics. Having conversations collectively would be beneficial.
- A resource board would be a tangible project and would let organizations and community members know what is happening.
- What if the CHI did a collective resource fair?
 - If we optimize the CHI then we can get these answers.

Questions for the NCACH Board-Karen Schrimpf and Peter Morgan

Karen Schrimpf and Peter Morgan will be speaking to the NCACH Board on behalf of the Okanogan CHI. The questions that will be asked to the Board are listed below.

- 1) The original Charter is part of the NCACH bylaws the CHI was organized under the guidance and funding of the NCACH. What authority do we have to develop our own mission and work and what conversation should we have with the NCACH board about this?
- 2) What will be the role of the NCACH after the Medicaid Transformation Project (MTP) is completed in 2021 and what guidance can the NCACH board give us about the role or potential role of the CHIs in the post MTP period?
- 3) Have we fulfilled the role of the CHI as outlined in the original charter and should we review that with the NCACH board?
- 4) If we can agree on the mission statement, what are the other pieces we should pull together to guide the future governance and management of the CHI?
 - a) Vision
 - b) Purpose
 - c) Governance and management structure
 - d) Legal structure
 - e) Key activities and responsibilities
- 5) Once we finish the mission statement do we have to rewrite the whole charter?

Discussion-All

- Coalitions evolve and grow and this CHI wants to move beyond the original charter.
- Do not assume that the CHI will be funded past 2021.
- We need a clear mission, vision and what we need to do as a CHI. What do we become and how do we accomplish it?
- Through organizational structure, leadership and coordination.
 - Create a structure and forum that people want to come to and be a part of.

Motion:

- Peter and Karen Co-Chairs of the CHI Leadership Council. **Motion passed**

Meeting Adjourned