

# Washington State Prevention Framework

**VISION:** The people of Washington embrace and sustain a culture of health

**GOAL:** The people of Washington will be healthier at every stage of life

**PRINCIPLES:** Alignment | Balance | Collective Action | Health | Health Equity | Participation | Quality

## OBJECTIVES:

- By 2019, Washington State will increase the proportion of the population who receive evidence-based clinical and community preventive services that lead to a reduction in preventable health conditions.
- By 2019, Washington State will increase the proportion of the population with better physical and behavioral health outcomes by engaging individuals, families, and communities in a responsive system that supports social and health needs.
- By 2019, Washington State will increase the number of communities with improved social and physical environments that encourage healthy behaviors, promote health and health equity.
- By 2019, Washington State will increase the number of integrated efforts between public health, the health care delivery system and systems that influence social determinants of health to lower costs, improve health, improve the experience of care and contribute to the evidence base.

## PRIORITY:

**Prevention & management of chronic disease and behavioral health issues**

### *Initial Areas:*

- Cardiovascular disease & diabetes
- Healthy eating, active living, tobacco-free and obesity prevention
- Mental illness, substance abuse/use
- Trauma-informed practices

Engage and influence health and other systems to improve health, reduce cost and improve experiences for those who use and provide services that support health.

## STRATEGY:

Align funding and resources to incentivize prevention and health improvement

Engage and activate people, communities and systems to create and foster health promoting environments

**ACTIONS**