

Minutes

Group: Opioid Addiction and Treatment Stakeholder Meeting

Date: September 21, 2017

Place: Douglas County Public Services Building

1. Update on working draft of NCW Region Resources: Cathy Meuret, CDHD, and Chris Tippet, CFADT.

Cathy Meuret and Chris Tippet - Region agencies and providers need to register at win211.org - the Washington Information Network. CDHD has a facilitator/coordinator that can assist registration. It is important that services be broadly, but accurately, identified so that the site's search feature will include the agency/provider. Stakeholders will be notified of the issue and information provided. the Public Outreach work group will follow up on increasing registration.

2. Update on jail inmate MAT and re-entry program: Dr. Butler, CVCH, Tim Hoekstra, CVCH, Loretta Stover, CFADT, Curt Lutz, CCRJ, Steve Clem, DCPA.

Dr. Butler - Start-up has been slow, but that has allowed CVCH, CCRJC and CFADT to successfully work through some issues and clarify process and procedures. One patient released from CCRJC is currently being treated at CVCH in suboxone program. Two inmates are waiting for release dates. The Jail Inmate MAT program protocol and procedures will be revised to include these clarifications.

Joe Kriete, GCSO and Jail, expressed interest in introducing an inmate MAT program in Grant County.

3. Update on Narcan (Naloxone Hydrochloride) overdose rescue kits for law enforcement: Brian Burnett, Sheriff, CCSO, Loretta Stover, CFADT, Courtney Ward, NCWBH.

Joe Kriete, GCSO and Jail - Grant County has joined Chelan and Douglas in equipping patrol deputies with Narcan. This past week Narcan was successfully used by a GCSO deputy in response to an OD call and person revived.

4. Update on public education campaign and outreach regarding heroin/opioid addiction and treatment: Cathy Meuret, CDHD.

Cathy Meuret – discussed work of the Public Outreach work group and posting of resources on www.mydocvault.us. The website and documents were displayed.

5. Update on opioid addiction and overdose discharge planning by case managers: Dr. Freed, CH.

No report. See Dr. Rickard report below.

6. Discussions regarding sustainability of effective treatment: focus on housing.

Jennifer Latimer, CCRJC Transitional Housing, reported on her program. There is a WS DoC grant providing approximately \$50,000 per year in funding. There are 8 beds, limited to male residents. The average length of residence is 6-7 months, with a limit of 2 years. The housing is not limited to CCRJC discharged inmates. There has been no recidivism by residents successfully transitioning to non-supported housing. If funding can be increased, beds can be increased.

Cheri Banning and Victor, an Oxford House resident, presented information on Oxford Houses. There are three male houses and one female house. Rents range from \$300 to \$375 per month. They work closely with DOC on inmate releases who will be Oxford House placements. DOC provides vouchers for 3 months housing post-release. They are turning away applicants because the houses are full. More houses are needed. Each house is self-governing, with oversight by Oxford House staff.

7. Report by Accountable Communities of Health: Linda Parlette, Director, and Christal Eshelman.

Demonstration project templates due November 16.

Regional opioid work group is seeking members: 3 from Grant County, 3 from Okanogan County, 3 from Chelan-Douglas. Areas of interest are corrections, law enforcement, EMS, behavioral health, physical health, and public health. Four people volunteered at this meeting. Interested stakeholders will be asked to contact Christal Eshelman.

8. Dr. Julie Rickard, CH, reported on the work being done at Confluence Health.

Suboxone treatment roll-out taking place with 15 providers in 4 counties. CH is incentivizing opioid addiction treatment by providers. A CH group has been formed to review and direct limits on opioid dosages prescribed by providers, as well as reducing prescription quantities. The “take back boxes” are working successfully!

The need for a Chelan-Douglas needle exchange program was discussed. Okanogan County already has a program. Grant County is working towards implementing a program. CDHD, with support of its Board, can implement.

9. Next Steps:

- Work on win211 registration by agencies/providers

- Continue public outreach plan
- Update protocol and procedures on CCRJC MAT program for possible exporting to other counties
- Recruitment of ACH work group members
- Discuss ACH project templates at next meeting

10. Next Meeting:

- November 30, 2017
- 9:00 am
- Douglas County Public Services Building